



Southeast (HHS Region 4)

MHTTC

Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

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Happy New Year!

Welcome 2022! We hope you had a happy, healthy holiday season. This time of year often brings about a renewed sense or desire to make change. We encourage you to visit our [Provider Wellbeing](#) page for resources to build and maintain personal and professional resilience as you start the new year.

We are kicking off 2022 with a great line-up of virtual trainings and hope you will join us for some or all of them. Upcoming topics include climate crisis and mental health as well as a 6-part series on practical skills for Evidence-Based Practices.

January Awareness Events

January is Human Trafficking Awareness Month:

Every year, millions of men, women, and children are trafficked in countries around the world, including in the United States. Traffickers often use force, fraud, or coercion to lure victims and force them into labor or commercial sexual exploitation. Join us this month in raising awareness to end human trafficking. Visit the [Office on Trafficking in Persons](#) to learn more or locate resources.

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Upcoming Events

Tuesday, January 11 | 12:00 PM (ET)

The Climate Crisis & Mental Health: What will you do? Climate crisis is a major social determinant of health and mental health. Mental health impacts often emerge from and/or are affected by climate crisis; building community resilience is a key component in the effort to address these risks. Mental health professionals can play a role in speaking out about these threats, advocate for rational policies to address climate crisis threats, and facilitate recovery from the immediate and longer term climate crisis related disasters. [Register here today!](#)

Keeping It Practical: Core Skills For Evidence-Based Practices

Thursday, January 27 | 12:00 PM (ET)

- Thursday, April 7 | 12:00 PM (ET)

Evidence-based practices are often the gold standard for supporting recovery for people with severe mental illness. But, we are not all working in environments with the staffing and/or financial capacity to achieve full fidelity to these models. This 6-part series, occurring every other Thursday, will feature leading experts as they review the core aspects of several evidence-based practices and focus on practical skills that participants can do now to make a difference. [Register here or learn more](#) about our practical skills series.

We're planning more events - be sure to check our [Events Page](#) for updates!





Recent Products

Interactive Data Mapping Tool:

- [Suicide and Crisis Services Access](#) - This interactive data mapping tool presents relevant factors such as county-level suicide rates and available crisis resources across our region and the U.S.

On-Demand Recordings:

- [Overview of the SAMHSA Crisis Now Model, 988, and the Georgia Crisis & Access Line](#) - Crisis services are for anyone, anywhere and anytime. In addition to 911 calls and support, law enforcement, and fire & rescue, crisis services include crisis lines, mobile crisis teams, and crisis receiving and stabilization facilities. Leaders from Behavioral Health Link and the GA Crisis and Access Line discuss key components of SAMHSA's Crisis Now Model, implications of 988, and a "crisis now model" in action using Georgia as an example.

Print Media:

- [Acceptance and Commitment Therapy \(ACT\) Overview \(Infographic\)](#) - Acceptance and Commitment Therapy (ACT) is a form of therapy that supports an individual in building motivation and momentum along their recovery journey. This infographic serves as an introduction to ACT and highlights how mental health professionals (MHP) can apply ACT in their practice.

**Resources
are added
each week.
Be sure to
visit our
[website](#) for
the latest
product.**





Region IV Corner

- **South Carolina:** The South Carolina Department of Mental Health (SCDMH), in partnership with the Department of Children’s Advocacy, partners of the Joint Council on Children and Adolescents, was awarded a \$11 million System of Care Expansion grant from the US Substance Abuse and Mental Health Services Administration (SAMHSA) for three Upstate counties. The grant will increase and expand services for children and youth who have a serious emotional disturbance and their families in Cherokee, Spartanburg, and Union counties. Funds will be used to hire additional in-home support staff, increase outreach to marginalized communities, and provide specialized treatment to children who have experienced trauma and families with very young children. [Read more about the ways the grant will serve children and families in South Carolina.](#)
- **Tennessee:** The Tennessee Department of Mental Health and Substance Abuse Services (TDMHSAS) recently released their annual report which detailed the successes of the Tennessee Recovery Navigators program. Tennessee Recovery Navigators use their own personal experience of recovery to talk with patients connect them with treatment resources. Highlights include increased patient interactions and treatment placements. [Read more about their accomplishments here.](#)

**Want to
showcase
your
team's
successes?
Email us:
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org***





MHTTC & SAMHSA Updates



2nd MHTTC Grief Sensitivity Virtual Learning Institute | February 23 & 24

This two-day institute is for those supporting individuals (general mental health and school mental health populations) experiencing grief and loss through COVID-19 and beyond. [Learn more here!](#)

- **SAMHSA** is accepting applications for the [SAMHSA Harm Reduction grant program](#) to help address the Nation's substance use and overdose epidemic. This \$30 million in grant funding will help increase access to a range of community harm reduction services and support harm reduction service providers as they work to prevent overdose deaths and reduce health risks often associated with drug use.
- **SAMHSA** recently announced \$282 million to help States [transition to the 988 dialing code](#). These funds will strengthen and expand the existing Suicide Prevention Lifeline network by creating a universal entry point to needed crisis services and provide the public with easier access to these life-saving services. The 988 dialing code will be available nationally for call, text or chat beginning in July 2022. To view the Notice of Funding Opportunity, which expires on January 31, 2022, [click here](#).

**Save the Dates:
2nd MHTTC
Grief Sensitivity
Virtual
Learning
Institute
Feb 23rd &
Feb 24th.
[Learn more
here!](#)**

