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#### Day Three: Innovative Recovery Approaches

#### Housekeeping Information



Participant microphones will be muted at entry. You will be able to unmute your microphone at designated times during our event.



Closed captioning is available for this event. Click on the closed captioning (CC) icon at the bottom of your Zoom screen to select a transcription option.



This session is being recorded and it will be available on the MHTTC website within 24 hours of the close of this presentation.



Information about CE hours and/or Certificates of Attendance will be sent in a follow-up e-mail.



If you have questions during the event, please use the chat or the "raise hand" feature. Our Technical Support Manager will ensure your question/concern is addressed.



If you have questions after this session, please e-mail: <a href="mailto:newengland@mhttcnetwork.org">newengland@mhttcnetwork.org</a>.

The use of affirming language inspires hope and advances recovery.



The ATTC Network uses affirming language to promote the promises of recovery by advancing evidence-based and culturally informed practices.



2022 Innovations Conference Day Three

Wednesday, February 16, 2022 11:00 a.m. - 1:00 p.m. EST 11:00 a.m. Welcome

Michele Stewart-Copes, MS, MSW, CEO System for Education Equity and Transition

11:05 a.m. Understanding Disparities and Building Equity

Haner Hernandez, PhD, CPS, CADCII, LADCI, Trainer & Facilitator

New England ATTC

11:30 a.m. Multiple Pathways

Phil Valentine, Executive Director

Connecticut Community for Addiction Recovery (CCAR)

11:55 a.m. Mindfulness Moment

Lisa Conlan Lewis, Executive Director Rhode Island Parent Support Network

12:05 p.m. Recovery Panel

Doug Lomax, Brian Robbins, Lisa Conlan Lewis

12:50 p.m. Wrap-up and Questions

Michele Stewart-Copes, MS, MSW

#### Welcome

Michele Stewart-Copes, MS, MSW
New England ATTC &
CEO of System for Education
Equity and Transition





## Understanding Disparities and Building Equity

Haner Hernandez, PhD, CPS, CADCII, LADCI New England ATTC

- A racial, ethnic or behavioral health outcome that is seen to greater or lesser extent between populations
- Particularly linked with social, economic, and/or environmental disadvantage

(Healthy People 2020)











#### Individual Factors Associated with Disparities

- Race/ethnicity
- Religion
- Socioeconomic status
- Ability
- Gender
- Age
- Sexual orientation
- Gender identity
- Other characteristics historically linked to discrimination or exclusion

#### Structural Factors Associated with Disparities

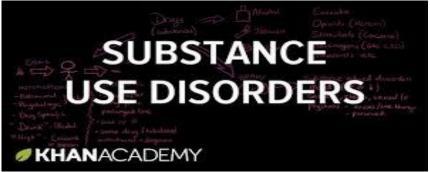
- Institutionalized Racism
- Unemployment and Substandard Education
- Neighborhood Conditions and Housing
- Environmental Hazards
- Health Insurance Coverage, Access and Quality
- Access to Prevention, Intervention, Treatment and Recovery Supports



Overdose Families
& Political Epidemic Policing T Addiction Deaths
Addicts Communities Detox Treatment Antidote 3 Withdrawl















people characteristic possible interest in the property of the

#### **Mass Incarceration**



5.5 to 6 Million Individuals on Probation, Parole, House Arrest!

#### **Deliberate Policies**

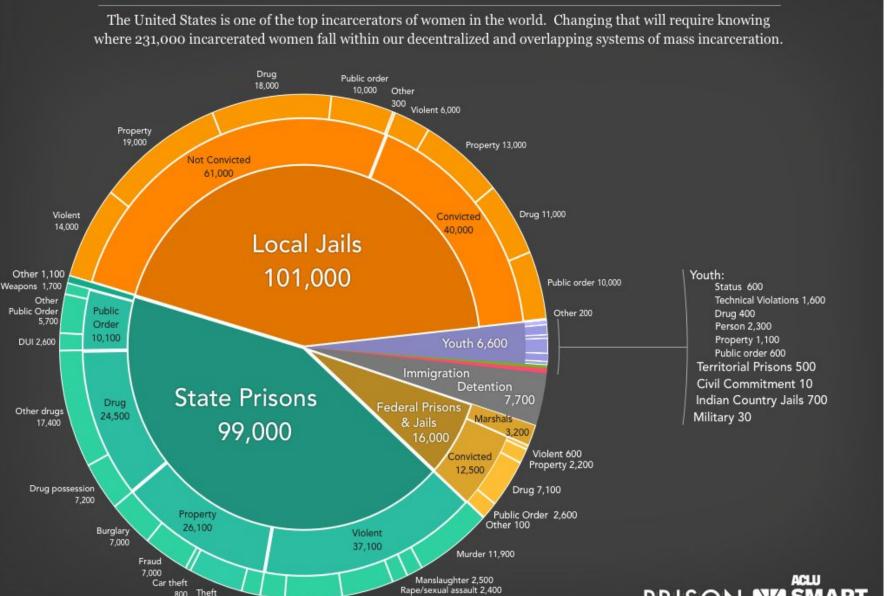
- Deinstitutionalization
- War On Drugs
- Criminalization of Behaviors
- Powder vs. Crack Cocaine
- Mandatory Minimums
- Schools Zones

- 3 Strikes and You're Out
- Massive Prison Construction
- Privatization of Prisons/Jails
- Voting Rights
- Criminal Offender Records
- Others

#### So Called "Plea Bargains" 2019

- •90-96% at the Federal level
- •90-94% State Level

#### How many women are locked up in the United States? The United States is one of the top incarcerators of women in the world. Changing that will require knowing



8,300 Other Other

Robbery

Assault

PRISON SMART

Sources & data notes: https://www.prisonpolicy.org/reports/pie2019women.html

#### Young Male Incarceration Rates, 2019

(number of people 25-29 years old incarcerated per 100,000 people in that age group)

(Number of people 25-29 years old incarcerated per 100,000 people in that group)











PULL YOURSELF
UP BY YOUR OWN
BOOTSTRAPS,
THEY SAID

INEQUALITY



THE MAJORITY OF AMERICA'S PROBLEMS CAN BE SOLVED WITH TWO WORDS.

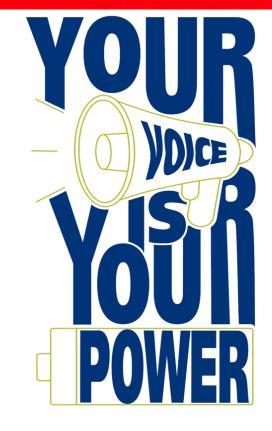
PERSONAL RESPONSIBILITY

FAR RIGHT OF LEFT

### isí, se Puede!



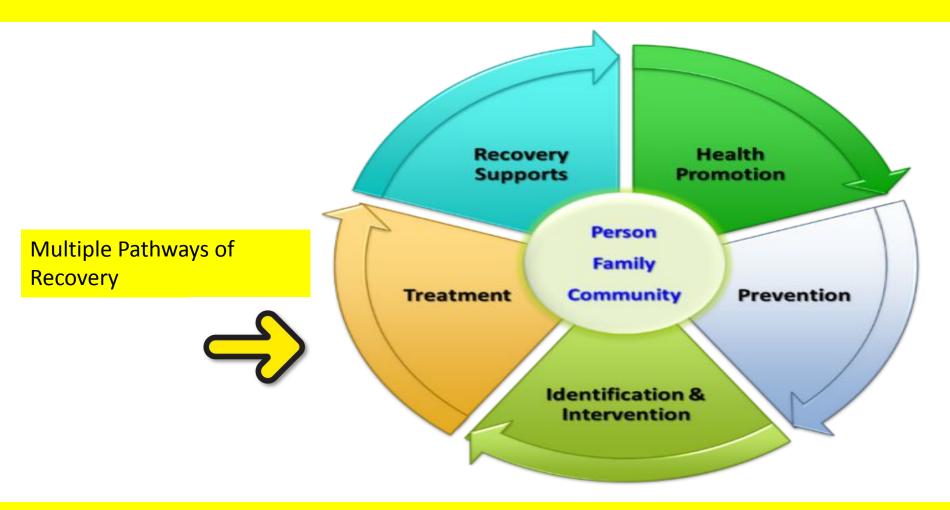




Our Collective Power!

iNuestro Poder Colectivo!

#### Fund and Support a True Public Health Approach



#### Multiple Strategies Over Multiple Domains

#### **Cultural Humility**

"Cultural Humility incorporates a lifelong commitment to self-evaluation and self critique to redressing the power imbalances in the patient-physician dynamic and to developing mutually beneficial and non-paternalistic clinical and advocacy partnerships with communities on behalf of individuals and the defined population."

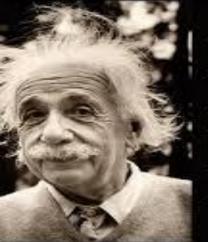
Source: Tervalon and Murry-Garcia, 1998





#### Strengths-Based Engagement and Practice

CREATING EFFECTIVE HELPING RELATIONSHIPS



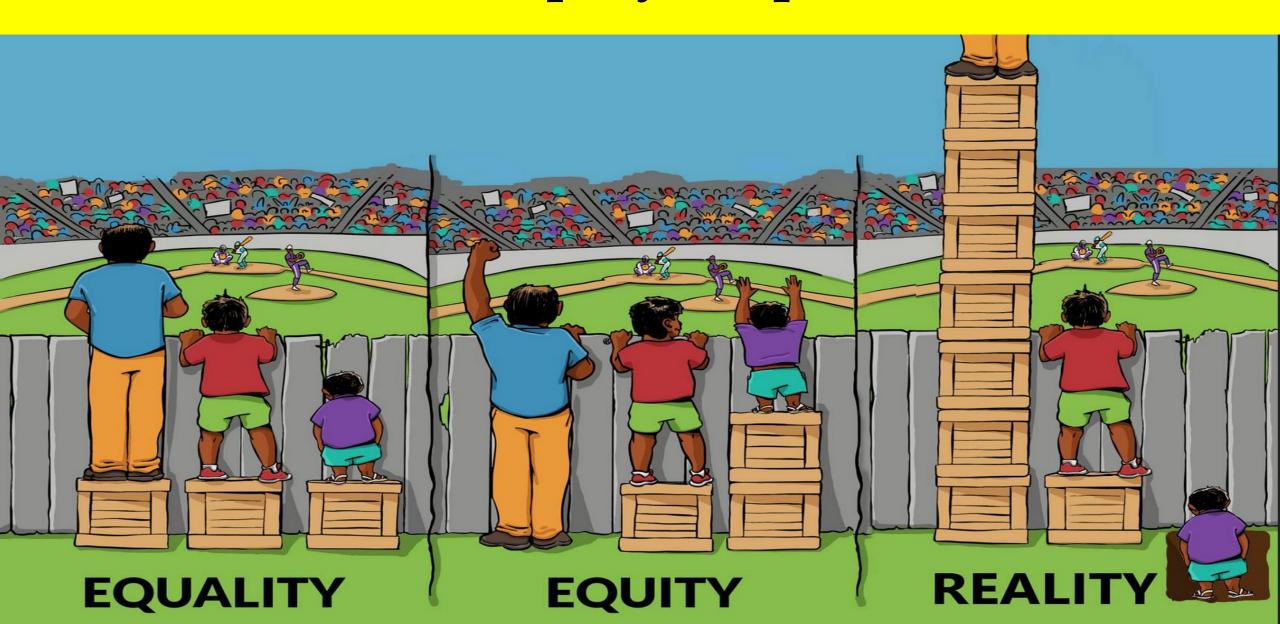
Everybody is a genius.
But if you judge a fish by its ability to climb a tree, it will live its whole life believing that it is stupid.

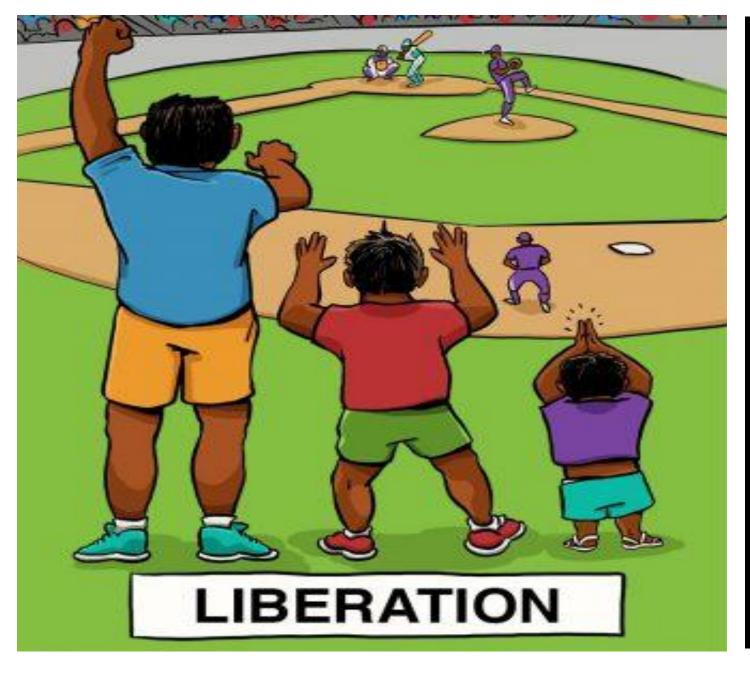
-Albert Einstein

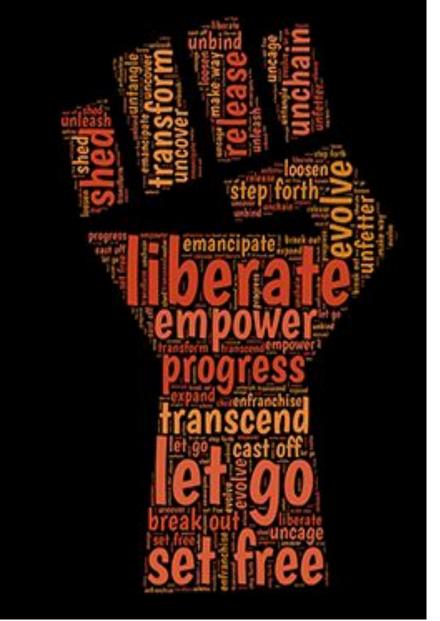




#### Build Equity – Equidad







#### Not Just Trauma Informed...











...Social Justice Informed!

# Multiple Pathways of Recovery

Phillip Valentine
Executive Director
Connecticut Community for
Addiction Recovery (CCAR)



#### Mindfulness Moment

Lisa Conlan Lewis Executive Director Rhode Island Parent Support Network





#### Recovery Panel Discussion

Doug Lomax Brian Robbins Lisa Conlan Lewis

#### Q&A Session

Please put your questions and/or comments in the chat. iMuchas Gracias – Thanks!



The 2022 Innovations Conference is brought to you by Williams James College in collaboration with partners from the New England region's Technology Transfer Center (TTC) Network, including the New England Addiction TTC, the New England Prevention TTC, and the New England Mental Health TTC.





New England (HHS Region 1)

PTTC

Prevention Technology Transfer Center Network Funded by Substance Abuse and Mental Health Services Administration





We hope to see you at tomorrow's session, hosted by the

New England Mental Health Technology
Transfer Center.

Not registered? Register now. For more resources, visit our <u>Virtual Exhibit Hall</u>.



#### **Contact Us**



New England (HHS Region 1)



Addiction Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration



https://attcnetwork.org/centers/new-england-attc/home



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