

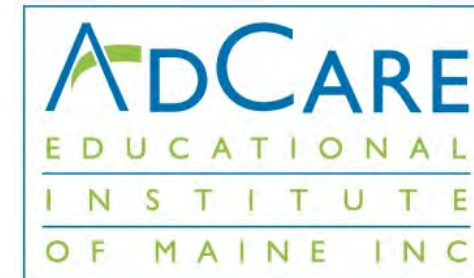


New England (HHS Region 1)

PTTC

Prevention Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

The New England PTTC is supported through a cooperative agreement, grant #5H79SP081020-04 from the DHHS, SAMHSA, and is hosted at AdCare Educational Institute of Maine





**2022 INNOVATIONS
CONFERENCE: HONORING
WHOLE-PERSON CARE &
RECOVERY IN COMMUNITIES
OF COLOR**

**Day Two:
Innovative Prevention
Approaches**



New England (HHS Region 1)

PTTC

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Welcome!

Disclaimer

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At the time of this presentation, Dr. Miriam E. Delphin-Rittmon served as SAMHSA Assistant Secretary. The opinions expressed herein are the views of the moderator and panelists and do not reflect the official position of the Department of Health and Human Services (DHHS), or SAMHSA. No official support or endorsement of DHHS, SAMHSA, for the opinions described in this presentation is intended or should be inferred.

This work is supported by grant #5H79SP081020-04 from the DHHS, SAMHSA.

Housekeeping Information



Participant microphones will be muted at entry. You will be able to unmute your microphone at designated times during our event.



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This session is being recorded and it will be available on the MHTTC website within 24 hours of the close of this presentation.



Information about CE hours and/or Certificates of Attendance will be sent in a follow-up e-mail.



If you have questions during the event, please use the chat or the “raise hand” feature. Our Technical Support Manager will ensure your question/concern is addressed.



If you have questions after this session, please e-mail: newengland@mhttcnetwork.org.

The use of affirming language inspires hope.
LANGUAGE MATTERS.
Words have power.

PEOPLE FIRST.

The P TTC Network uses affirming language to promote the application of evidence-based and culturally informed practices.



2022 Innovations Conference Day Two

Tuesday, February 15, 2022
11:00 a.m. - 1:00 p.m. EST

- 11:00 a.m.** **Welcome and Foundations of Prevention:** *What is prevention and how does prevention fit into the conversation?*
Scott Gagnon, MPP, PS-C, New England PTTC Director
Associate Executive Director, AdCare Educational Institute of Maine, Inc.
- 11:10 a.m.** **Developing Prevention to Address the Whole Person:**
Body, Spirit, Culture
Saige Purser, Youth Engagement Division Manager
Wabanaki Health and Wellness
- 11:35 a.m.** **Positive Ripple Effect of Restorative School Policy**
Lee Anne Dodge, Program Manager
South Portland (SoPo) Unite
- 12:00 p.m.** **Mindfulness Moment: Nothing Beats A Good Stretch**
- 12:10 p.m.** **Meaningful Community Engagement as Prevention**
Enrique Newman, Youth Program Director
Progreso Latino Positive Youth Development Program
- 12:30 p.m.** **Innovation Spotlight: Fathers' Uplift**
Charles C. Daniels Jr., PhD, MDiv, LICSW
- 12:50 p.m.** **Q&A and Session Wrap Up**
Kristen Erickson, MPH, Distance Learning Coordinator
Co-Occurring Collaborative Serving Maine

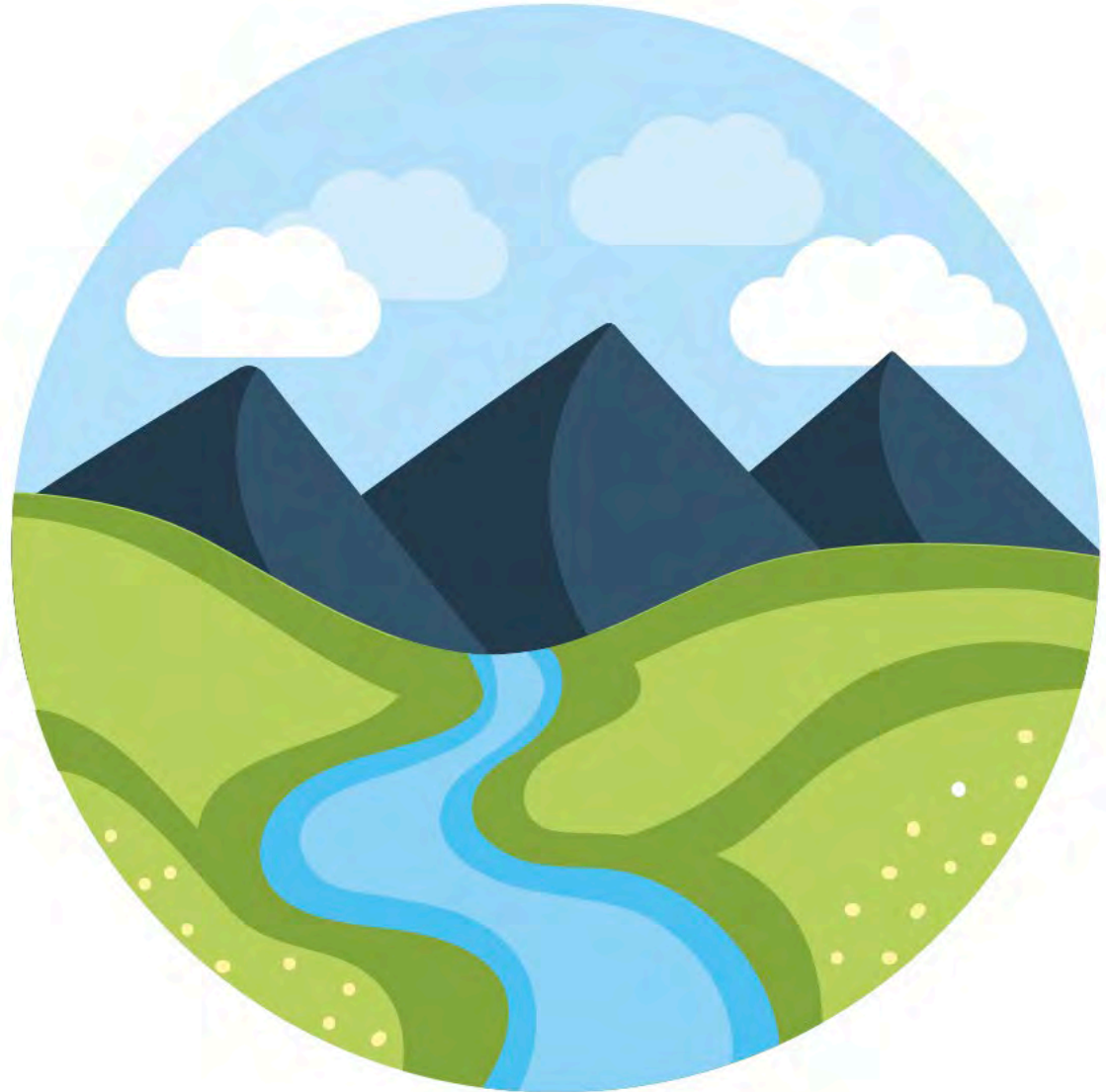


Prevention

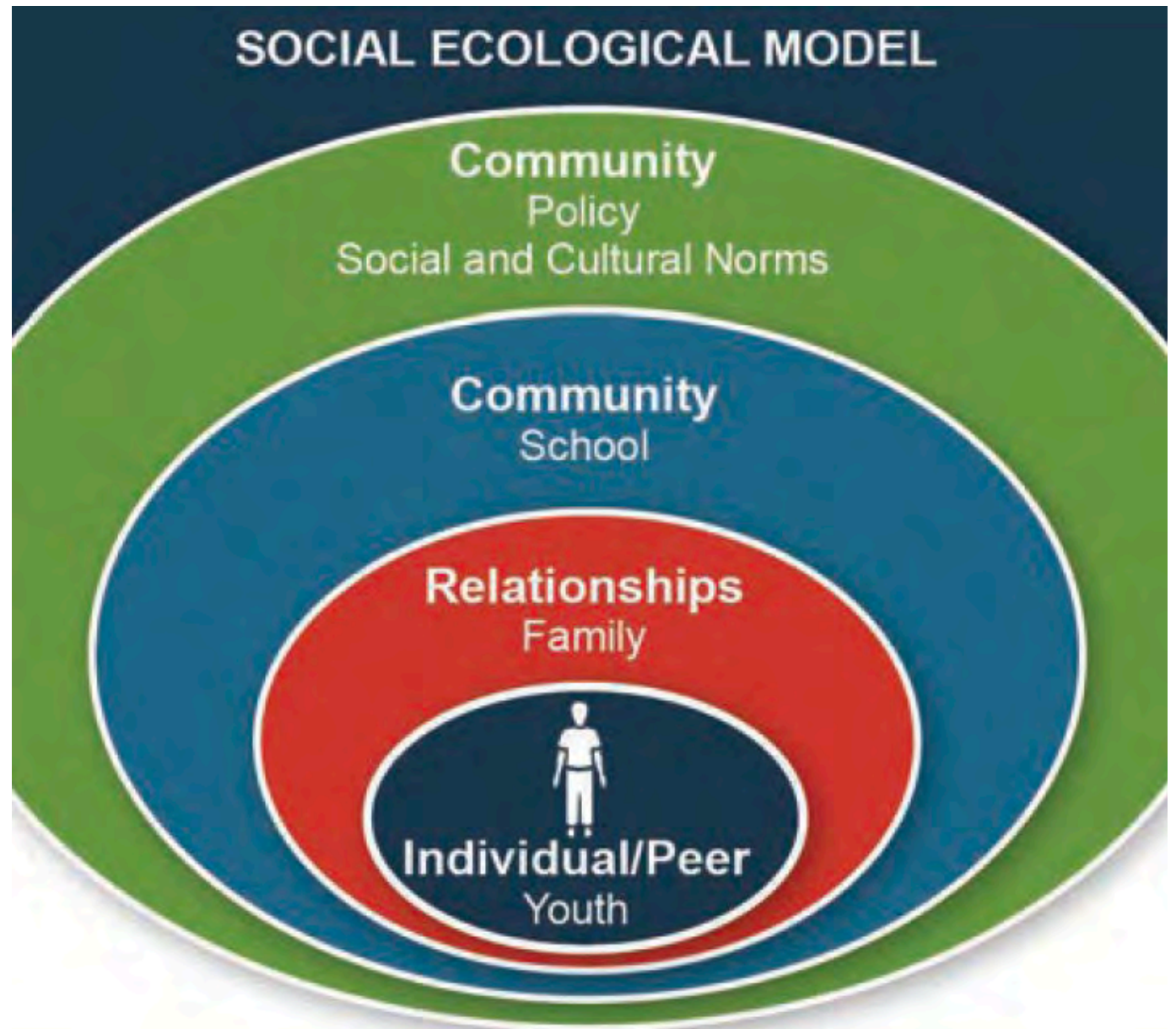
Welcome and Foundations of Prevention:
What is prevention and how does
prevention fit into the conversation?

Scott Gagnon, MPP, PS-C
New England PTTC Director - Associate
Executive Director, AdCare Educational
Institute of Maine, Inc.

Prevention: Working Upstream



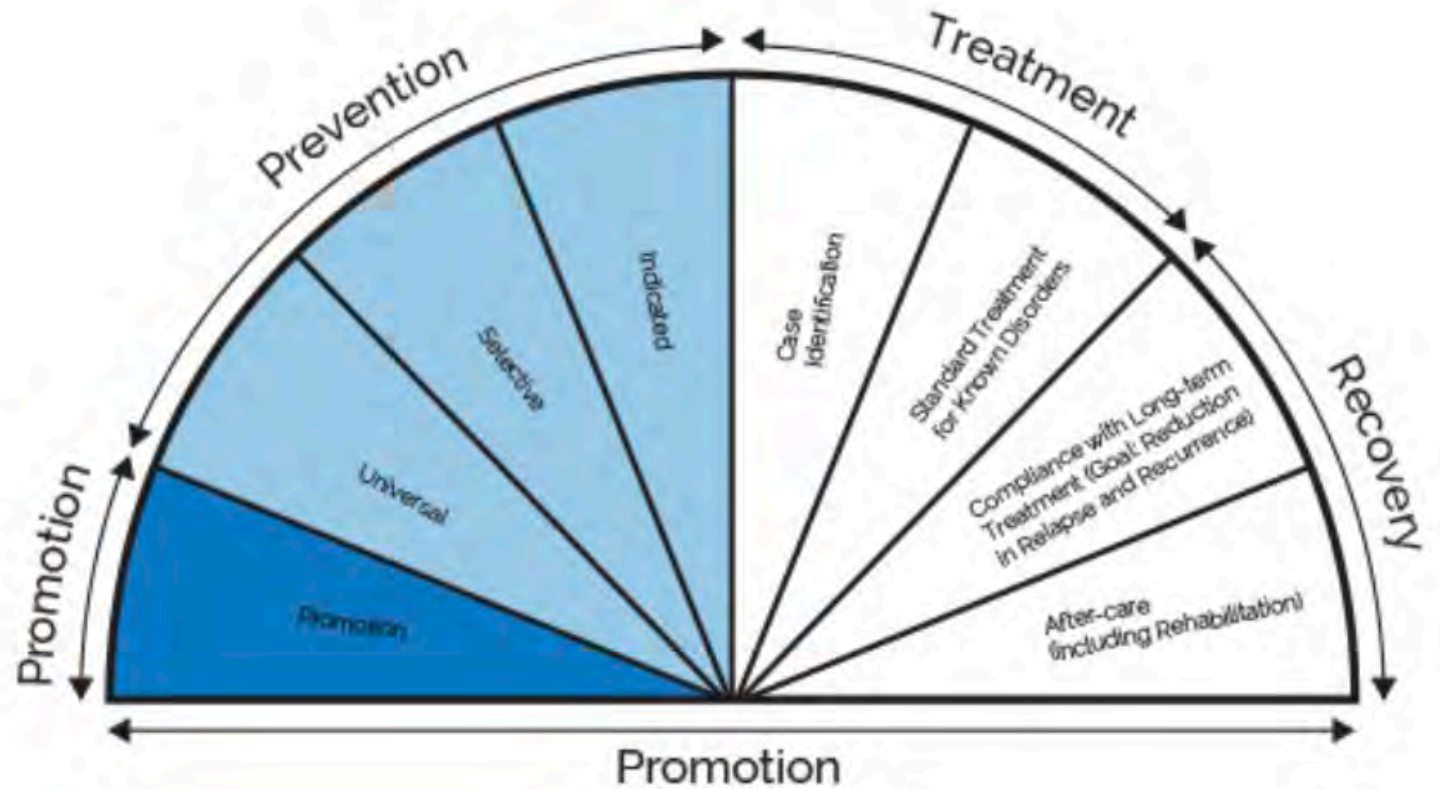
Social Ecological Model



Strategic Prevention Framework



Working Across the Continuum



Examples of Innovation and Inclusion



prime for life® 

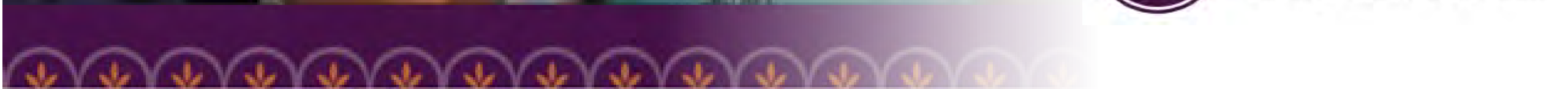


Developing Prevention to Address the Whole Person: Body, Spirit, Culture

Saige Purser
Youth Engagement
Division Manager



Wabanaki Public
Health & Wellness
Cultivating the health of our communities

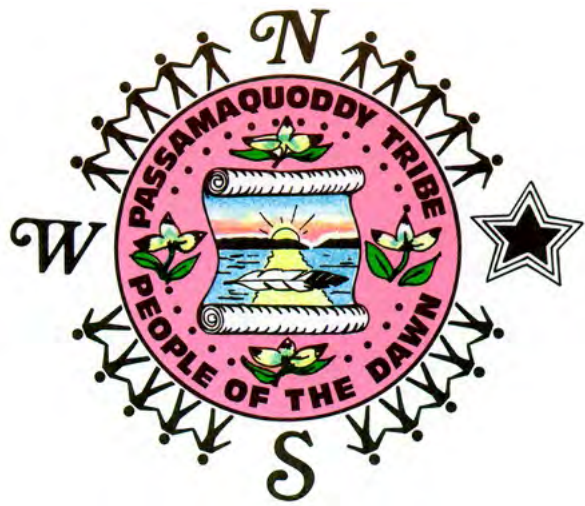


Innovations Conference

February 15, 2022

Lisa Sockabasin &
Saige Purser
Wabanaki Public Health & Wellness







“wherever you are on your journey, we have a place for you”

-Wabanaki Public Health & Wellness



Historical Trauma

the collective emotional and psychological injury both over the lifespan and across generations, resulting from a cataclysmic history of genocide

Dr. Maria Yellow Horse Braveheart



Generational Strength
the power held by our ancestors and
passed to us, resulting in a deep
knowing on how to connect and how
to heal, providing us all we need to
thrive

Wabanaki Public Health & Wellness

Wabanaki Public Health & Wellness

Wabanaki Public Health

Infectious Disease, Maternal Child Health, Physical Activity & Nutrition, Environmental Health, Injury & Violence Prevention, Youth Leadership & Supports, Culture, Language & Education

Wabanaki Health & Wellness

Peer Services, Case Management, Housing Supports, HIV Supports & Counseling, Needle Exchange, Medical Assistance Therapy

Wabanaki Healing & Recovery

Cognitive Behavioral Therapy, Group Therapy, Individual Therapy, Elder Support, Cultural Programming, Outdoor & Land Connections, Family Programming, Recovery Housing

Wabanaki Data, Research, & Innovation

Research Initiatives & Projects, Decennial Wabanaki Health Assessment, Surveillance, Data Supports and Collaborations, Training Offerings



The Center for Wabanaki Healing & Recovery

The Gathering Place: Culture, Healing, & Ceremonial
Connections

Family & Friends Connection Center

Healing Lodge

Recovery Home(s)





Connecting to our natural healing ways,
traditions, and sacred territories



Connections to Acknowledge, Connections to Heal, Connections to Rise



The Gathering Place

Culture, Healing, & Ceremonial Connections

Connections to Acknowledge, Connections to Heal, Connections to Rise

Our sacred medicines

"In some Native languages the term for plants translates to those who take care of us."

Robin Wall Kimmerer, Braiding Sweetgrass







“The Western culinary diet has never really taken the time to learn this vast amount of botany around us and all these plants that are so giving to us, so if you look at the world through an Indigenous lens, you're going to see so much food and medicine and shelter and crafting in just the plant life around you.”

Sean Sherman, The Sioux Chef



Connections to Acknowledge, Connections to Heal, Connections to Rise



Family & Friends Connection Center





Healing Lodge





what heals us, we bring with us



List of services

- *Cultural connections (beading, regalia making, music, storytelling, traditional gardening, shelter building, scared fire teachings)
- *Outdoor adventures (rafting, fiddle heading, berry picking, camping, kayaking, canoeing)
- *Cognitive Behavioral Therapy (CBT)
- *Dialectical Behavioral Therapy (DBT)
- *Individual therapy
- *Talking circles
- *Family connection opportunities and services
- *Elder connections and teachings
- *Indigenous Language Classes
- *Cooking & Nutrition Classes
- *Yoga & Mindfulness
- *Case Management
- *Life skills
- *Group Sessions
- *Training & Employment Supports
- *Recovery Home Services

*Intensive Outpatient & Partial Hospitalization Services



Wabanaki Public
Health & Wellness
Celebrating the health of our communities

THE CENTER
FOR WABANAKI
HEALING AND RECOVERY

Connecting to our land, our culture, our traditions



Division of Our Future Generations

- Nikan'usk Program
 - Youth Councils
 - Youth Engagement
- Experiential Learning
 - Project Venture
 - Nutokehkimucik
- Maternal & Child Health
 - Early Childhood Development
 - Literacy & Love
- Community Roles exploration and support
 - Student Success



Culture is Prevention |



Virtual Youth Engagement due to COVID-19



RAMEN NIGHT



VIRTUAL YOUTH GATHERING

SUNDAY, SEPTEMBER 19TH, 3:00-8:00PM
WABANAKI YOUTH AGES 12-24

PLEASE JOIN WABANAKI PUBLIC HEALTH & WELLNESS FOR A VIRTUAL GATHERING FILLED WITH FUN GAMES, EXCITING WORKSHOPS AND A MOVIE NIGHT! WE WILL ALSO HAVE SNACKS, RAFFLES AND GIVEAWAYS!

WE HOPE TO SEE YOU THERE!

Register Here: <https://bit.ly/2WwfH9e>

FOR MORE INFORMATION,
CONTACT SAIGE PURSER AT
SPURSER@WABANAKIPHW.ORG
OR KEYANA PARDILLA AT
KPARDILLA@WABANAKIPHW.ORG



Wabanaki Public
Health & Wellness
Wabanaki Naup Shee' Jemonee



MAINE
SNAP-Ed
Healthy Opportunities Program





Virtual Hide Tanning

Thank you for reading the effort in your comments on Amazon and for your feedback. We are pleased to be included in the history to carry out this project at one end of the supplies and the gloves or shoes.

- 1 Safety Apron
- 1 Needle Finishing tool
- 2 Sticks of heavy steam
- 1 Steel straight 11kg
- 1 Finishing block
- 10 Pairs of gloves
- 1 Hammer

Don't forget to stay engaged with the Facebook messenger group named I look forward to seeing some amazing work come from you!

Please reach out to Sage Purser with any questions or comments.
sage@bpx.com
207-230-8002

In appreciation,
Sage Purser

BANGOR OFFICE
1 MERCHANTS PLAZA
SUITE 401
BANGOR, MAINE 04401



PRIDE WALK
hosted by
Indian Township Youth Council

PLEASE REMEMBER TO WEAR YOUR MASKS & STAY 6 FEET APART

Join us on Friday,
June 25th at
2:00PM

 EVERYONE IS WELCOME

We are hosting a **Pride** walk to show our support for youth and community members who are **LGBTQ2+**. We will gather at the basketball courts at Peter Dana Point and begin our walk together, through the community, promoting **Love, Equality, and Respect** for all!

Contact April Lola at
alola@wabanakiphw.org (207) 991-8139 with any questions

 Wabanaki Public Health & Wellness 



LOVE IS LOVE
Friday, June 25th, 2021


PRIDE WALK

The Sipayik Youth Council would like you to join them at 2:00 PM to show support for youth and community members who are **LGBTQ2+**. We will gather in front of Beatrice Rafferty School and begin our walk through the community, promoting love, equality and respect for all!

Please remember to wear your masks and stay six feet apart!

Everyone is welcome!

 Wabanaki Public Health & Wellness 




THE PENOBSCOT NATION YOUTH COUNCIL

PRIDE WALK

Date: June 25th, 2021
Time: 12 pm
Place: Boat Landing

Join the Penobscot Nation Youth council on a color walk to support the lgbtq-/two-spirited community. Color will be thrown and so bring lightly colored clothes to be stained.

 Wabanaki Public Health & Wellness 

Youth Led Community Events





“

People choose to wear these costumes knowing how wrong cultural appropriation is. Our people have lived through racism, injustices, and generational trauma and having people believe we can be used as a costume for a day is heartbreaking.

EMMA
Passamaquoddy



DO NATIVE MASCOTS OR COSTUMES HONOR YOU?

"It doesn't honor anyone at all. It's disrespecting our culture and is honestly disgusting." - Anonymous

"It is disrespectful and does not honor me in any way."
-Emma, Passamaquoddy

"It's offensive, derogatory, and mocking. It is fake, not sacred, and creates a false representation with negative outcomes."
-Eben, Penobscot

"I don't feel honored. It makes me really angry to see stereotypes of our people like that. It's not an honor it's a mockery."
-Amuwes, Passamaquoddy

"No it doesn't at all and the people who wear these costumes are basically slapping us and our culture in the face."
-Petak, Passamaquoddy

"No, it makes me feel like they are making fun of us or wanting our culture for themselves and that's not right."
-Lovella, Passamaquoddy

“

Culture shouldn't be accepted as a costume. It makes a mockery of an entire group of people and what they stand for. Not only that, but it over sexualizes the women of our tribes who are already more likely to be assaulted in their lifetimes than any other demographic of women.

CARMELLA
Penobscot Nation



“

I hate when people are dressed up for Halloween as Native people. It makes me angry that someone wants to dress and mock and do 'war calls.' I find it disrespectful to our ancestors that fought for us to be able to live.

JAYDEN LOVE
Penobscot Nation



“

Native costumes sexualize Native women and girls. The kids costumes names are wrong. It feeds into murdered and missing Indigenous women and girls as well as human trafficking.

EBEN
Penobscot Nation



NATIVE WOMEN ARE



NATIVE WOMEN ARE NOT



Not Your Mascot

The complete lack of representation in the media, and in K-12 education not only erases us from the American consciousness, it inadvertently creates a bias. People were less likely to support certain rights and social justice issues for native people when they had zero perception and understanding of who we are. Invisibility and erasure is the modern form of racism against Native people.

Crystal Echohawk

Assistant Professor of American Indian Studies



American Indian mascots are harmful not only because they are often negative, but because they remind American Indians of the limited ways in which others see them. This in turn restricts the number of ways American Indians can see themselves.

Stephanie Pryberg

PhD, University of Arizona





YOUTH TESTIMONIALS

"Project Venture is different than any other class in school because it gives us experience that no other class does."

"I've never been to a ski resort or to this side of the state. The views of the mountains are amazing! I love Project Venture!"

"If it wasn't for Project Venture I would never have been able to go hiking, or indoor rock climbing!"

PROJECT VENTURE

Adventure with an Indigenous Mind for Middle School Youth

We at Wabanaki Public Health & Wellness are excited to offer this opportunity to the youth in our communities.

What is Project Venture?
Project Venture is an adventure-based experiential education curriculum for middle school-age youth that integrates culture, adventure, sports & service learning.

What is the Vision?
Project Venture envisions a generation of healthy, capable, caring and resilient young people who make positive contributions to their families, peers, and communities.

What activities will youth participate in?
Youth will have opportunities to discover their strengths while engaging with each other, nature, and their culture. Activities include hiking, rock climbing, archery, snowshoeing, mountain biking, & backpacking.

For more information, contact **Saige Purser**
spursorewabanakiphw.org






WHAT ACTIVITIES DO WE DO?

Project Venture activities include: hiking, rock climbing, archery, snowshoeing, mountain biking, matchless fire starting, backpacking, and more! All supplies are provided for these events, including appropriate clothing, when necessary.

Adventure with an Indigenous mind



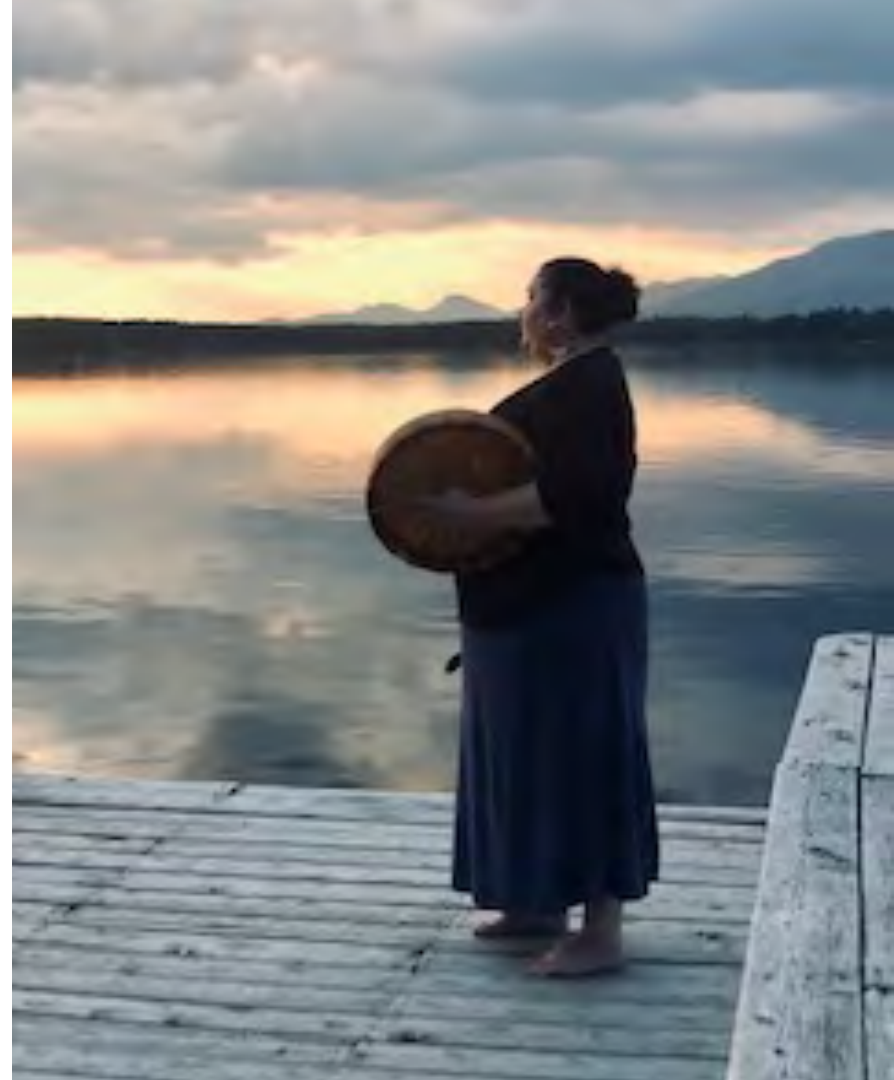


Future Vision

- **Enhanced recovery & healing services** -Medical Detox- Equine Therapy-Outdoor Adventure & Connections-Skill & Career Development- Women's Recovery Homes (Bangor Area & Millinocket)- Farm Programs- Partial Hospitalization
- **Housing** -Expanding opportunities for housing, not just in recovery, starting in the greater Bangor area
- **Diversified funding sources** -Add additional sources of funding; not just grants -Bequests/Donations-Cultural tourism

Kci Woliwon

- *Thank you*



Positive Ripple Effect of Restorative School Policy

Lee Anne Dodge
Program Manager
South Portland (SoPo) Unite



Student Substance Use Policy Change 2018

To ensure a safe, positive learning environment for all students, South Portland School District is taking a common sense approach to dealing with substance use at school or during school sponsored events.

The new policy brings our district into compliance with the Maine statutes for Duties of School Boards, which recommends a focus on positive and restorative interventions to school discipline rather than punishments and “zero-tolerance” practices such as automatic out-of-school suspensions.¹

The new policy will hold students accountable for their behavior, while working to address the underlying causes of their substance use.



What happens to students who get caught using substances under the new policy?

They are given a behavioral health assessment, Student, administrator, social worker, and parents meet to discuss the incident and create a *response plan*.



All drugs and paraphernalia are still turned over to the police.

What wasn't working with the old policy?

Students were sent home for 6 or 7 days.

During that time, students:

- missed school, causing many to fall behind academically
- were often unsupervised, leaving more opportunity for substance use
- underlying causes of substance use were not always addressed
- did not have to repair the harm they caused

These policy outcomes have been shown in the research to lead to higher rates of dropping out of school and high rates of substance use. Schools with similar policies had staff that were less likely to enforce the policy because it was seen as too harsh and there was more substance use among all students.²

¹Maine Statute for Duties of School Boards section 15-A, <http://legislature.maine.gov/legis/statutes/20-A/title20-Asec1001.html>

²Tracy Evans-Whipp, et. al., Longitudinal Effects of School Drug Policies on Student Marijuana Use in Washington State and Victoria, Australia, *American Journal of Public Health*, May 2015.



Students stay in school and complete their response plan.

Plans include *restorative practices* —

- academic support
- meetings with a social worker
- community service
- substance use prevention education



They have a restorative reentry meeting.

Students have the opportunity to repair the harm they may have caused. Saying sorry, making amends, and working on yourself isn't easy.



Over time, students are more likely to succeed in school.

And *all students* are less likely to use substances.

South Portland High School Policy Violation Process

Student Name:

Date of Violation

Lead Assistant Principal:



Police Involvement
If there is a substance or paraphenalia, SRO notified

Wellness Check
Nurse and/or social worker check on the wellness of the student

Parents Notified
Parent or guardian picks up the student

Notes:



Assessment
Assessment of the student's behavioral health completed by social worker

Meeting
During a meeting with student, parents, social worker, & AP, plan is created for student to be held accountable for their actions and supported to return to class

Notes:



Response Plan Completed
Student completes all elements of the response plan



Restorative Re-entry Meeting
Meeting with student, parents, social worker, AP, and RJ specialist to repair harm and support student to not do the behavior again

Notes:

South Portland High School Code of Conduct Violation Process



Here's how it works.
If a student violates the code of conduct...

Parents are notified.

Parent or guardian picks up the student.

Wellness check.

Nurse or social worker checks in on the wellness of the student

If needed, police are involved.

If there is a substance or paraphernalia, SRO notified.

Day of Violation



Assessment

Assessment of the student's behavioral health completed by social worker

Meeting

During a meeting with student, parents, social worker, & AP, response plan is created for student to be held accountable for their actions and supported to return to class

Next Day



Probationary Period

For a 10 day period, the student will participate in practices and meetings but will not participate in games/matches/competitions. Coaches will meet with the student and reinstatement in games will be based on effort during the probationary period. Future violations will result in additional probationary days. 2nd offense= 14 days, 3rd offense=10 weeks.

10 days



Restorative Re-entry Meeting

Meeting with student, parents, social worker, AP, and RJ specialist to repair harm and support student to not do the behavior again

2 weeks

We are here to support you and the student in this process.

Mindfulness Moment



with Dana Asby, MA, MEd
Education Coordinator
New England MHTTC



Meaningful Community Engagement



Progreso Latino – Learn More:
<https://youtu.be/afTOZSTqBTg>



Innovation Spotlight



Charles C. Daniels Jr.,
PhD, MDiv, LICSW

Fathers Uplift – A Father's Presence:
<https://youtu.be/c9JSBSLGJ60>





Q&A Session

When speaking, please remember to use affirming language and to eliminate background noise.



The 2022 Innovations Conference is brought to you by Williams James College in collaboration with partners from the New England region's Technology Transfer Center (TTC) Network, including the New England Addiction TTC, the New England Prevention TTC, and the New England Mental Health TTC.



We hope to see you at tomorrow's session, hosted by the New Addiction Technology Transfer Center.

Not registered? [Register now.](#)
For more resources, visit our [Virtual Exhibit Hall.](#)



Contact Us



www.mhttcnetwork.org/newengland



<https://pttcnetwork.org/centers/content/new-england-pttc>



newengland@pttcnetwork.org

*Thank
you*