



**WILLIAM JAMES
COLLEGE**

Welcome!



**2022 INNOVATIONS
CONFERENCE: HONORING
WHOLE-PERSON CARE &
RECOVERY IN COMMUNITIES
OF COLOR**

February 14-17, 2022

Day One
Laying the Groundwork: Foundations of Whole-Person Care

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At the time of this presentation, Dr. Miriam E. Delphin-Rittmon served as SAMHSA Assistant Secretary. The opinions expressed herein are the views of the moderator and panelists and do not reflect the official position of the Department of Health and Human Services (DHHS), or SAMHSA. No official support or endorsement of DHHS, SAMHSA, for the opinions described in this presentation is intended or should be inferred.

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Information about CE credits and/or Certificates of Attendance will be sent in a follow-up e-mail.



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If you have questions after this session, please e-mail: newengland@mhttcnetwork.org.

The MHTTC Network uses affirming, respectful and recovery-oriented language in all activities. That language is:

STRENGTHS-BASED
AND HOPEFUL

INCLUSIVE AND
ACCEPTING OF
DIVERSE CULTURES,
GENDERS,
PERSPECTIVES,
AND EXPERIENCES

HEALING-CENTERED AND
TRAUMA-RESPONSIVE

INVITING TO INDIVIDUALS
PARTICIPATING IN THEIR
OWN JOURNEYS

PERSON-FIRST AND
FREE OF LABELS

NON-JUDGMENTAL AND
AVOIDING ASSUMPTIONS

RESPECTFUL, CLEAR
AND UNDERSTANDABLE

CONSISTENT WITH
OUR ACTIONS,
POLICIES, AND PRODUCTS



Today's Agenda

Welcome:
Nick Covino, PsyD
President
William James College

- 11:05 a.m. Honoring Whole-Person Care and Recovery in Communities of Color**
Taylor Bryan Turner, Assistant Regional Administrator
SAMHSA, Region One
- Paul R. Jacobsen, Acting Regional Director and Executive Officer
Department of Health and Human Services
- Marvin Figueroa, Director, Intergovernmental and External Affairs (IEA)
Department of Health and Human Services
- 11:15 a.m. Language that Uplifts**
John Kelly, Staff Psychologist
Massachusetts General Hospital ARMS Program
- 11:30 p.m. Restorative Justice: Striving Toward Equity**
Chief Justice Richard A. Robinson, Connecticut Supreme Court
- 11:45 p.m. Illuminating Injustice: Racial Inequities in Addiction**
Dr. Jessica Isom, Psychiatrist, Codman Square Health Center
- 12:00 p.m. Mindfulness Moment**
- 12:10 p.m. Innovation Spotlight: The Cory Johnson Program**
Doug Lomax, Men's Trauma Support Specialist, Cory Johnson Program
Leah Randolph, Executive Director, Commonwealth Mental Health and
Wellness Center Inc.
- 12:50 p.m. Wrap-up and Questions:** Margaret Giles, MTS, MA
Coordinator, ADEPT Center, William James College



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Honoring Whole-Person Care and Recovery in Communities of Color

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Assistant Regional Administrator
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Acting Regional Director
and Executive Officer

&

Marvin Figueroa
Director
Intergovernmental and External
Affairs (IEA)





Language that Uplifts

John Kelly
Staff Psychologist
Massachusetts General Hospital
Addiction Recovery Management
Service (ARMS) Program

Restorative Justice: Striving Toward Equity

Richard A. Robinson
Chief Justice
Connecticut Supreme Court



Day Staff Writer Karen Florin and the Honorable Richard A. Robinson, Chief Justice of the Connecticut Supreme Court conduct an open discussion on race in America.

Illuminating Racial Inequities in Addiction

JESSICA ISOM MD MPH

FOUNDER, VISION FOR EQUITY LLC

ATTENDING PSYCHIATRIST, CODMAN SQUARE HEALTH CENTER

CLINICAL INSTRUCTOR, YALE UNIVERSITY DEPARTMENT OF PSYCHIATRY

FACULTY TRACK LEADER, SOCIAL JUSTICE AND HEALTH EQUITY CURRICULUM

Outline



- Describe how dominant cultural norms, attitudes and beliefs uphold the status quo within services and treatment of substance use disorders
- List the components of an equityminded approach to addiction treatment

IN JUST 15 MINUTES, YOU WILL BE ABLE TO:

Key Terms

Race: a worldview and social classification that divides humans into groups based on their appearance and assumed ancestry, and that has been used to establish social hierarchies.

Biological races are a myth.



Human Variation: biological differences within our species (homo sapiens)

No racial classification has ever adequately explained human variation at the genetic level.

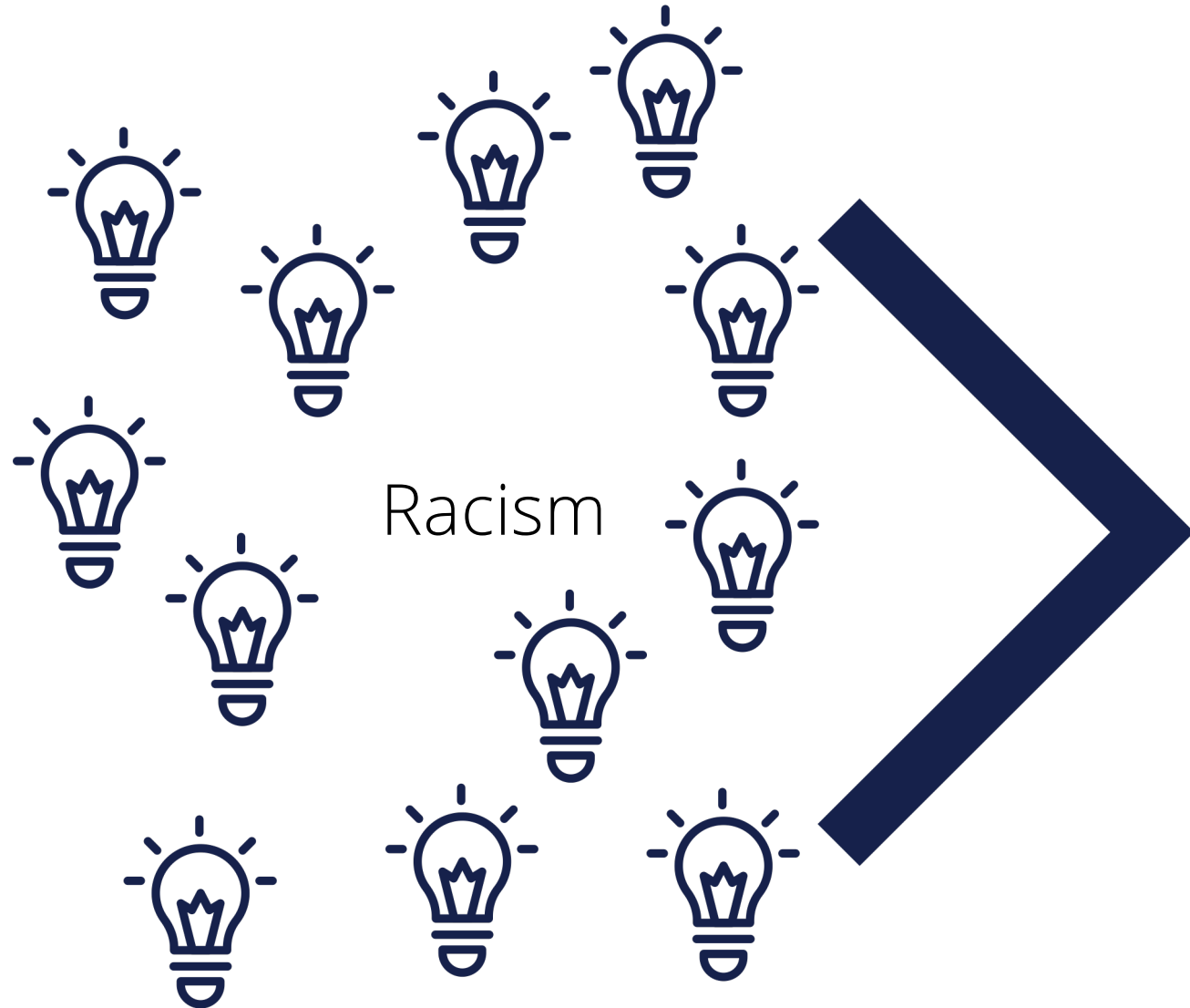


Racism: the systematic discrimination by a powerful individual or institution against individuals based on their perceived membership in a socially defined racial group.

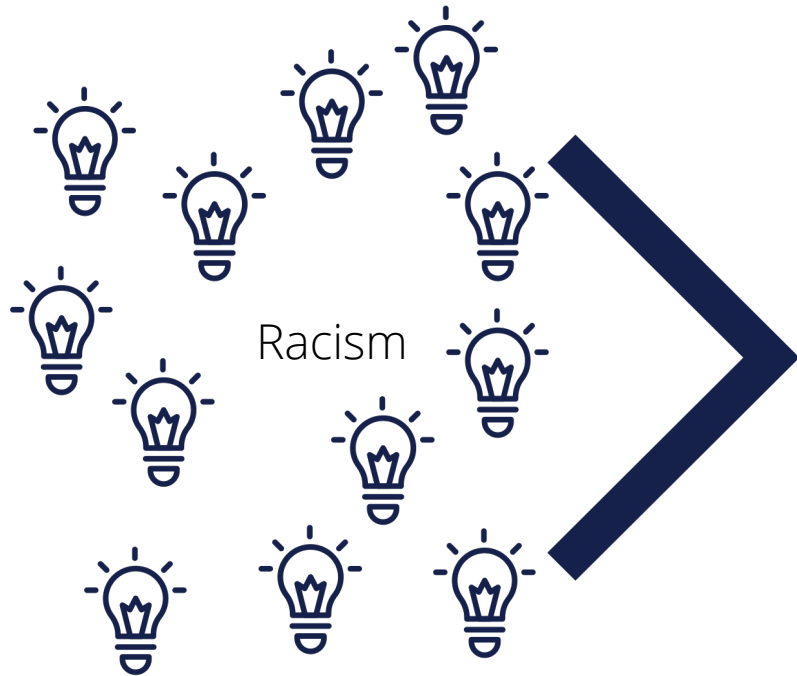
Racial illiteracy nourishes modern day racism.



Racism, Substance Use and Addiction Treatment



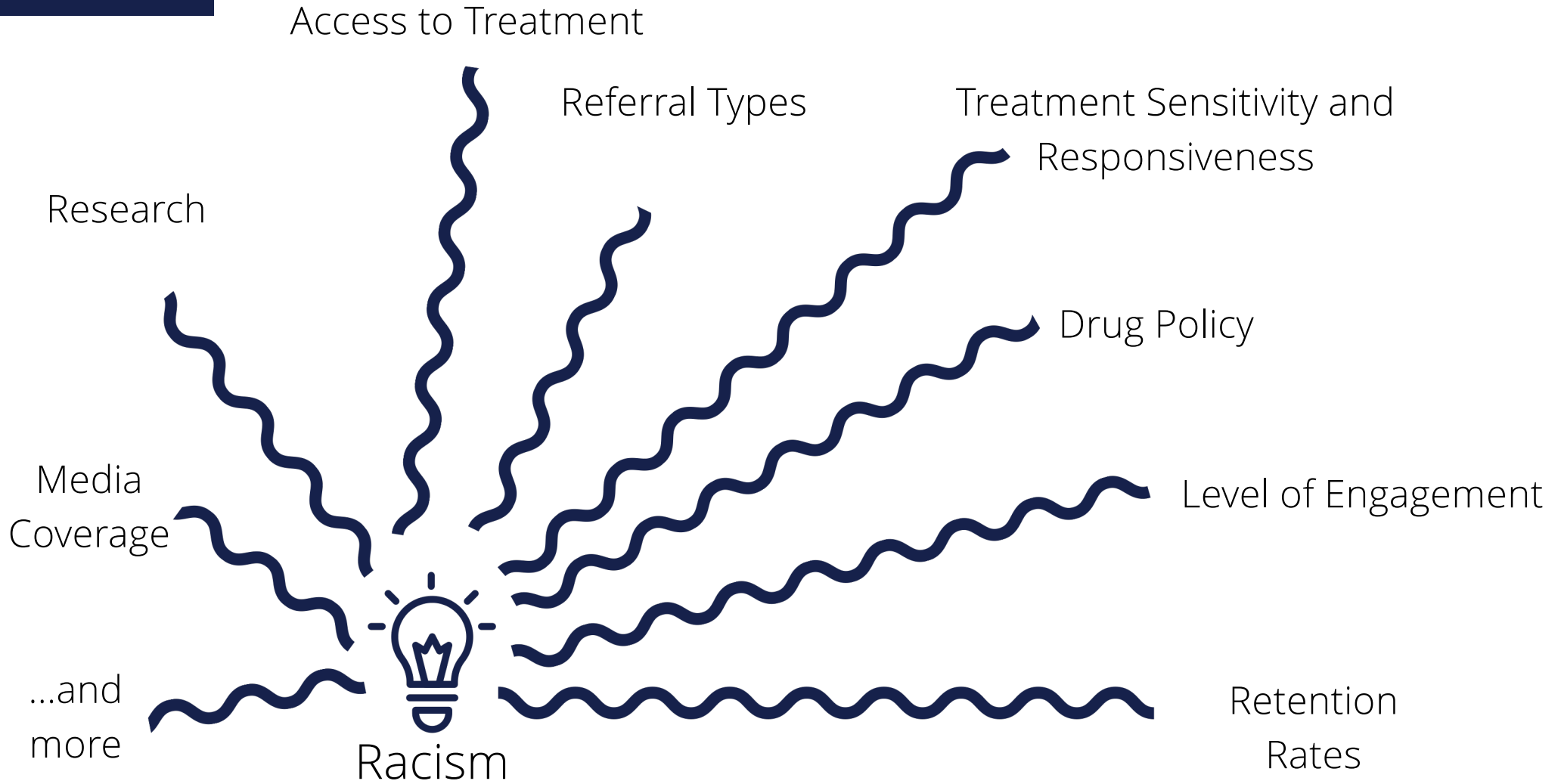
Racism, Substance Use and Addiction Treatment



Race-based
Inequities



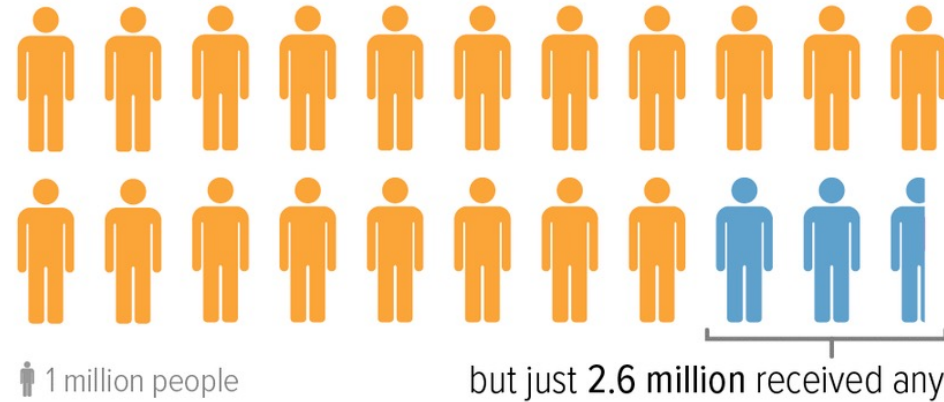
Racism, Substance Use and Addiction Treatment



Racism, Substance Use and Addiction Treatment

Most Who Need Treatment for Substance Use Disorders Don't Receive Any

In 2019, 21.6 million people needed treatment...



Note: Survey responses were limited to U.S. civilians over the age of 12 not residing in an institution (e.g. prison or nursing home). The survey also excludes people with no fixed address, such as people experiencing unsheltered homelessness. "Receiving treatment" was defined as substance use treatment received within the past year at a hospital, rehabilitation facility, mental health center, emergency room, private doctor's office, prison or jail, or self-help group.

Source: 2019 National Survey on Drug Use and Health

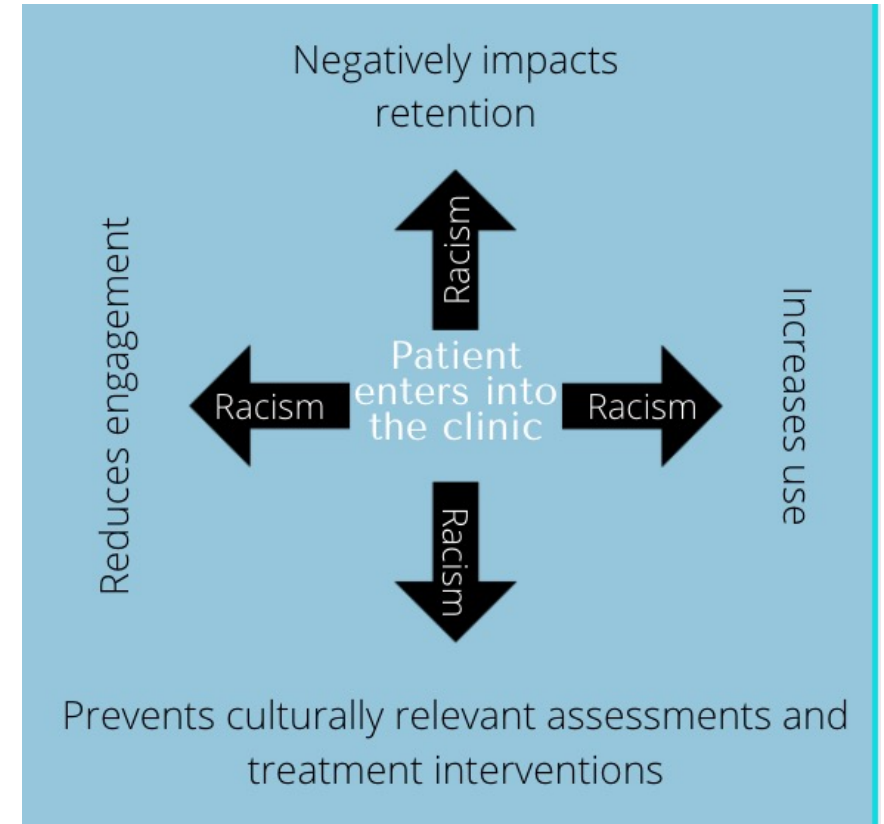
<https://www.cbpp.org/research/health/medicaid-is-key-to-building-a-system-of-comprehensive-substance-use-care-for-low>

Racism, Substance Use and Addiction Treatment



Nyla Christian, a black recovery advocate and a woman in long term recovery

“WHEN I WANTED TO DISCUSS MY TRAUMA OF BEING A BLACK WOMAN IN AMERICA, THEY TOLD ME IT WAS NOT RELEVANT TO MY ALCOHOLISM.”



Sara Matsuzaka & Margaret Knapp (2020) Anti-racism and substance use treatment: Addiction does not discriminate, but do we?, *Journal of Ethnicity in Substance Abuse*, 19:4, 567-593, DOI:

10.1080/15332640.2018.1548323

Racism, Substance Use and Addiction Treatment

Deservingness: worthy of being treated in a particular way, typically of being given assistance

What is a substance use disorder versus a crime?

For whom with OUD is a treatment program referral more likely than jail or prison?

What American demographic galvanized federal, state and local governments to invest in treatment and services for use of drugs?



Goal 1: Disrupt the pervasiveness of colorblind racial ideology

Goal 2: Identify racism as a social and structural determinant of health

Goal 3: Improve existing policies & practices through incorporation of a race equity framework

Cénat JM. How to provide anti-racist mental health care. *Lancet Psychiatry*. 2020 Nov;7(11):929-931. doi: 10.1016/S2215-0366(20)30309-6.

Jordan A, Mathis ML, Isom J. Achieving Mental Health Equity: Addictions. *Psychiatr Clin North Am*. 2020 Sep;43(3):487-500. doi: 10.1016/j.psc.2020.05.007.

Stewart AJ, Shim RS. Achieving Mental Health Equity. *Psychiatr Clin North Am*. 2020;43(3):xiii-xiv. doi:10.1016/j.psc.2020.06.004

An equity-minded approach includes:

- Adopting racial consciousness
- Committing to an awareness of how understandings, language and behaviors negatively impact racially and ethnically marginalized colleagues, staff, and patients
- Willingness to be accountable to history and its consequences by taking responsibility for eliminating inequities
- Understanding of structural contributions to inequities in addictions



Cénat JM. How to provide anti-racist mental health care. *Lancet Psychiatry*. 2020 Nov;7(11):929-931. doi: 10.1016/S2215-0366(20)30309-6.

Jordan A, Mathis ML, Isom J. Achieving Mental Health Equity: Addictions. *Psychiatr Clin North Am*. 2020 Sep;43(3):487-500. doi: 10.1016/j.psc.2020.05.007.

Stewart AJ, Shim RS. Achieving Mental Health Equity. *Psychiatr Clin North Am*. 2020;43(3):xiii-xiv. doi:10.1016/j.psc.2020.06.004

Thank you!

SOCIAL MEDIA

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jessica.isom@vision4equity.com



Mindfulness Moment



with Dana Asby, MA, MEd
Education Coordinator
New England Mental Health
Technology Transfer Center



Innovation
Spotlight:
The Cory Johnson
Program

Doug Lomax
Men's Trauma Support
Specialist



ROXBURY PRESBYTERIAN CHURCH SOCIAL IMPACT CENTER
THE CORY JOHNSON PROGRAM
FOR POST-TRAUMATIC HEALING
328 WARREN STREET, ROXBURY, MA

CAN WE TALK?

ARE YOU EXPERIENCING TRAUMA OR LOSS?
Come share your voice, share your story

Can We Talk.../Racism/Mothers Support Group/Mens Support Group

To join by video: <https://zoom.us/j/887995182>

To join by phone:
Step 1: Dial 1 + 929-436-2866
Step 2: Enter Meeting ID 887995182 and then press #
Step 3: Press # (There is NO Participant ID)

PRESENTED BY
THE CORY JOHNSON TRAUMA EDUCATION PROGRAM

February 2022 Online Trauma Support Programming

Match the programs below with the Zoom info above! JOIN US!

6:30 PM START TIME No Registration needed!

- | | |
|---|--|
| 2/3 CAN WE TALK...Community Conversations on Trauma & Healing | 2/18 Men's Trauma Support Group |
| 2/4 Men's Trauma Support Group | 2/21 Support Group for Mothers Who Have Lost Children |
| 2/10 CAN WE TALK...Community Conversations on Trauma & Healing | 2/22 SPECIAL CAN WE TALK...on Racism & Healing |
| 2/17 CAN WE TALK... Community Conversations on Trauma & Healing | 2/24 CAN WE TALK...Community Conversations on Trauma & Healing |

The Cory Johnson Program for Post-Traumatic Healing provides FREE weekly ONLINE trauma support programming DURING COVID19 using a community-based approach to foster recovery and healing from all sources of post-traumatic stress.

This is for all adults from all backgrounds, faiths, and orientations.

For more information or questions contact Program Director Colleen Sharka, LMHC,
colleensharka@rpcsic.org.





The Cory Johnson Program for Post-Traumatic Healing began on September 11, 2014 as part of the Social Impact Center at Roxbury Presbyterian Church.

Roxbury Presbyterian Church

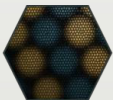
"The Historic Roxbury Presbyterian Church (RPC) is located on the corner of Warren and Woodbine Streets in Roxbury, Massachusetts. Situated in one of the most socially volatile areas of the City of Boston, RPC is often called upon to respond to various community needs." Founded 1886.

Social Impact Center

"We create educational and economic programs for the Roxbury community."

Cory Johnson Program

Since 2014, the Cory Johnson Program for Post-Traumatic Healing (CJP) is a spiritually-inspired, community-based and clinically-supported program of the Roxbury Presbyterian Church Social Impact Center that offers a peer-centered approach to addressing post-traumatic stress in urban neighborhoods, fostering connection and empowering individuals to take active roles in helping themselves and others heal.



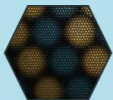
Program Goals
fostering connection and
empowering individuals
to take an active role in
helping themselves and
others heal.

Increase awareness and understanding of trauma,
Post-Traumatic Stress and
Complex Trauma, grief and
loss, and the healing process
within community

Provide relief from traumatic stress in a
group through body healing
practices and movement
(body), education (mind),
and sharing of story (spirit)

Provide safe, consistent,
and on- going community
connection and support

Offer mental health
supports to people who
otherwise might not receive
them



Community Companions
Community Trauma Healing
Specialist
Artists
Mental Health Clinician

Trauma Education
&
Trauma Healing

CAN WE
TALK...

Trauma-Informed
Team
Support & Referrals as requested

Support Group for Mothers
Who Have Lost Children
Men's
Trauma Support Group

Can We Talk... Community Conversations on Trauma & Healing

can
we
talk™

Community Conversations
on Trauma & Healing

- Sharing Our Stories of Trauma, Loss, & Healing
- Just Come! No barriers to entry!
- Welcome everyone of all ways of identifying
- Safe space
- Hospitality
- Peer-led by Community Companions, trauma survivors
- Mental health clinician available
- Artists who offer music and dance
- Support & referrals available

Innovation Spotlight



Leah Randolph
Executive Director





WILLIAM JAMES
COLLEGE

Q&A Session

*When speaking, please
remember to use
strengths-based language
and to eliminate
background noise.*





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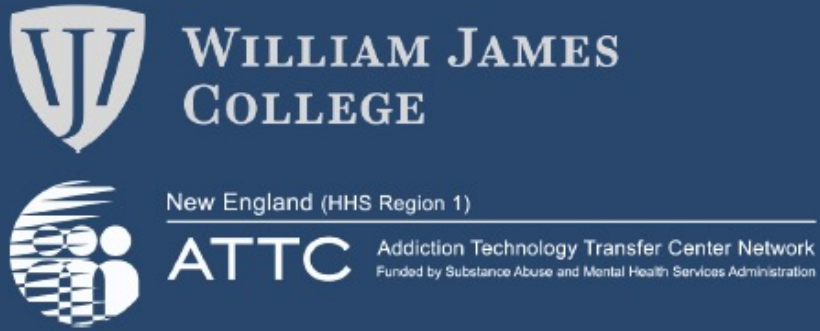


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*Thank you for
joining us!*

· Margaret Giles, MTS, MA
Coordinator, Alcohol, Drug
Education and Psychology Training
William James College

The 2022 Innovations Conference is brought to you by Williams James College in collaboration with partners from the New England region's Technology Transfer Center (TTC) Network, including the New England Addiction TTC, the New England Prevention TTC, and the New England Mental Health TTC.



We hope to see you at tomorrow's session, hosted by the New England Prevention Technology Center.

For more resources, visit our Virtual Exhibit Hall.

