

Environment Is the Key to Recovery-Oriented Transformation

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The MHTTC Network uses affirming, respectful and recovery-oriented language in all activities. That language is:

STRENGTHS-BASED
AND HOPEFUL

INCLUSIVE AND
ACCEPTING OF
DIVERSE CULTURES,
GENDERS,
PERSPECTIVES,
AND EXPERIENCES

HEALING-CENTERED AND
TRAUMA-RESPONSIVE

INVITING TO INDIVIDUALS
PARTICIPATING IN THEIR
OWN JOURNEYS

PERSON-FIRST AND
FREE OF LABELS

NON-JUDGMENTAL AND
AVOIDING ASSUMPTIONS

RESPECTFUL, CLEAR
AND UNDERSTANDABLE

CONSISTENT WITH
OUR ACTIONS,
POLICIES, AND PRODUCTS

Disclosures

Remi Kyek, MA, M.F.T., is Mental Health Connecticut's Chief Experience Officer and has been at MHC for over 30 years. Named in 2021 as a "Connecticut Health Care Hero" from the Hartford Business Journal, Remi's work is a key reason for MHC receiving a platinum-level certification for Mental Health America's Bell Seal for Workplace Mental Health and top level accreditation from CARF. She holds a Bachelor degree in Psychology from Montclair State College and earned her Master's degree in Marriage and Family Therapy from Fairfield University.



“Creating a Safe and Engaging Environment through Person Centered Planning,” Part 2

This workshop will help you continue to set the stage for recovery-oriented transformation by outlining what’s needed to establish an environment where the condition of being human is priority number one and the evidence-based practice of Person Centered Planning is activated across the system of care.

Let's Recap

- Person Centered Principles
- Initiatives-Barriers
- Launching

Leadership

Setting the stage

Assessing the environment



Where to Begin ...

- Recruitment
 - Position Postings
 - Language
- Job Description
 - Include PCP skills/utilization
- The Interview
 - Understanding of Recovery/Person Centered Planning
 - Personal expectation of outcomes from services
 - Role as it relates to relationship with program participant
 - Scenarios that elicit strengths, talent, values, emotional intelligence



The Journey Continues...

- Onboarding

 - Agency Values
 - Role Expectations



- In Practice

 - Training Sessions

 - Begin within 30 days

 - PCP principles, OARS, Listening Skills

 - Mixed Media-PowerPoint, Videos, Experiential
(role playing, group exercises)

 - Peer feedback

Keeping It Alive-Sustainability

- Practice Sessions/Exercises
- Determine and utilize natural vehicles for communication/connection
- Team Meetings
- Supervision
- E-mail
- Agency News Letter Updates



Accountability

- Development Time/Supervision

Are PCP values and skills being demonstrated?

Attendance at PCP trainings, refreshers, level of engagement around values

Goals



Questions

Thank you!



MHTTC

Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

The purpose of the MHTTC Network is technology transfer - disseminating and implementing evidence-based practices for mental disorders into the field.

Funded by the Substance Abuse and Mental Health Services Administration (SAMHSA), the MHTTC Network includes 10 Regional Centers, a National American Indian and Alaska Native Center, a National Hispanic and Latino Center, and a Network Coordinating Office.

Our collaborative network supports resource development and dissemination, training and technical assistance, and workforce development for the mental health field. We work with systems, organizations, and treatment practitioners involved in the delivery of mental health services to strengthen their capacity to deliver effective evidence-based practices to individuals. Our services cover the full continuum spanning mental illness prevention, treatment, and recovery support.

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