



Mid-America (HHS Region 7)

MHTTC

Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

Context Clues: Using Social Determinants of Health (SDOH) to Enhance Treatment: Addiction: Gambling [Alcohol, Drug Use Disorders]

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At the time of this publication, Miriam Delphin-Rittmon served as Assistant Secretary for Mental Health and Substance Use and Administrator of SAMHSA. The opinions expressed herein are the views of the speakers and do not reflect the official position of the Department of Health and Human Services (DHHS), or SAMHSA. No official support or endorsement of DHHS, SAMHSA, for the opinions described in this presentation is intended or should be inferred.

This work is supported by grants under Funding Opportunity Announcement (FOA) No. SM-18-015 from the DHHS, SAMHSA.



The MHTTC Network uses
affirming, respectful and
recovery-oriented language in
all activities. That language is:

STRENGTHS-BASED
AND HOPEFUL

INCLUSIVE AND
ACCEPTING OF
DIVERSE CULTURES,
GENDERS,
PERSPECTIVES,
AND EXPERIENCES

HEALING-CENTERED/
TRAUMA-RESPONSIVE

INVITING TO INDIVIDUALS
PARTICIPATING IN THEIR
OWN JOURNEYS

PERSON-FIRST AND
FREE OF LABELS

NON-JUDGMENTAL AND
AVOIDING ASSUMPTIONS

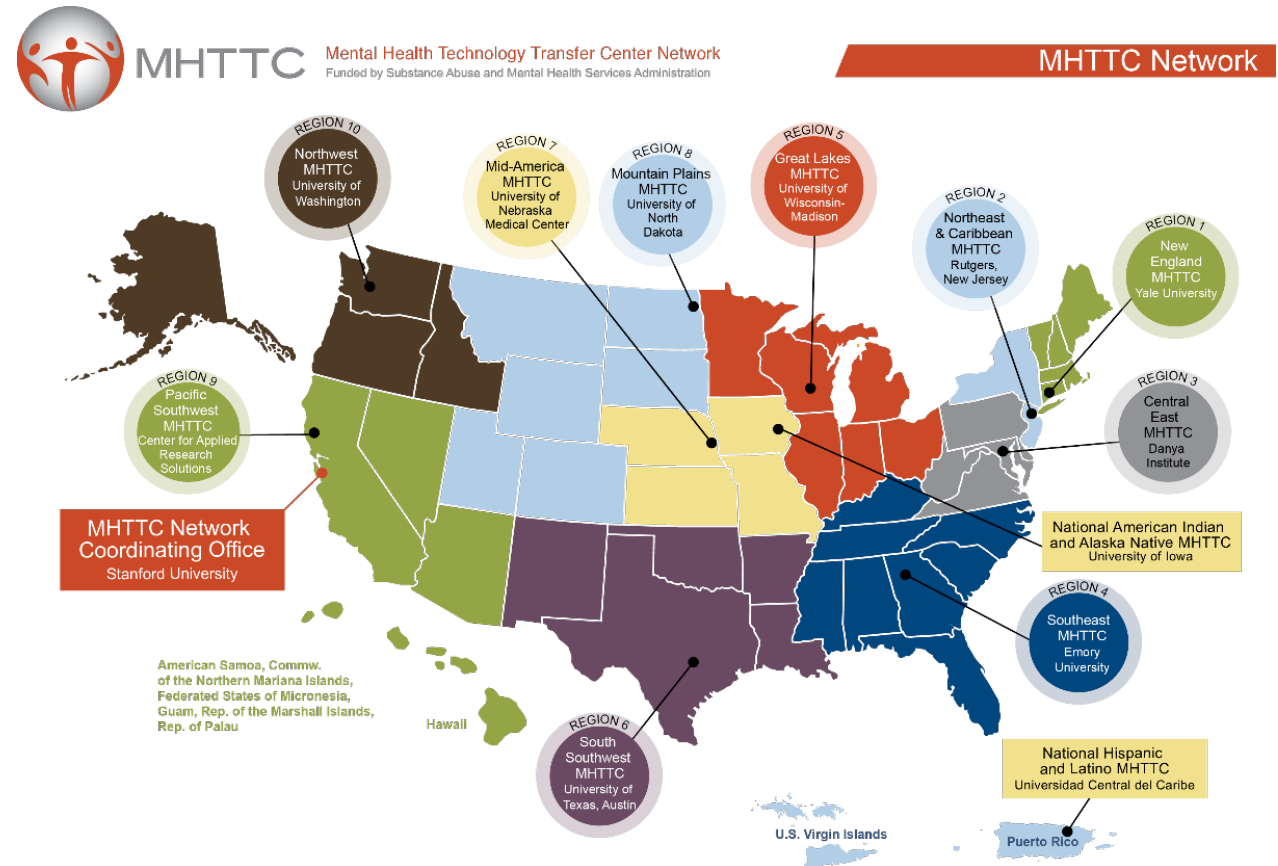
RESPECTFUL, CLEAR
AND UNDERSTANDABLE

CONSISTENT WITH
OUR ACTIONS,
POLICIES, AND PRODUCTS

Mid-America Mental Health Technology Transfer Center

Established to increase utilization of evidence-based mental health practices.

- Missouri, Iowa, Nebraska, and Kansas.
- Free training and technical assistance.
- SAMHSA grant awarded to the Behavioral Health Education Center of Nebraska at University of Nebraska Medical Center.
(5 years, \$3.7 million, grant number: H79SM081769)



Glad to meet you!



Objectives

Understand

Understand Gambling as an Addiction

Define

Define how gambling can interfere with a persons physical and mental health

Review

Review screenings and assessments for Gambling

Identify

Identify referral sources for Gambling issues





Addiction Definition

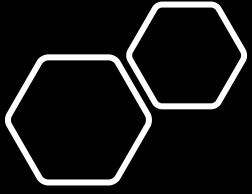


Gambling Disorder: DSM-5

- is preoccupied with gambling
- needs to gamble with increasing amounts of money for desired excitement
- repeated unsuccessful efforts to control, cut back, or stop
- restless or irritable when attempting to cut down or stop gambling
- gambles as a way of escaping from problems or of relieving a dysphoric mood
- "chasing"
- lies to conceal the extent of involvement with gambling
- has jeopardized or lost a significant relationship, job, or educational or career opportunity because of gambling
- relies on others to provide money to relieve a desperate financial situation caused by gambling

Social Determinants of Health





Assessment

lifeafterbet

NEBRASKA COMMISSION ON PROBLEM GAMBLING

BRIEF BIOSOCIAL GAMBLING SCREEN (BBGS)

The Brief Biosocial Gambling Screen (BBGS) is a **3-item survey** designed to help people decide on their own whether to seek a formal evaluation of their gambling behavior. The BBGS is based on the American Psychiatric Association's Diagnostic and Statistical Manual of Mental Disorders (DSM-IV) criteria for pathological gambling.

**Kansas Responsible
Gambling Alliance**

Brief Biosocial Gambling Screen

(BBGS) *A “yes” answer to any of the questions means the person is at risk for developing a gambling problem.*

1. During the past 12 months, have you become restless, irritable or anxious when trying to stop/cut down on gambling? YES NO
☐ ☐

2. During the past 12 months, have you tried to keep your family or friends from knowing how much you gambled? YES NO
☐ ☐

3. During the past 12 months did you have such financial trouble as a result of your gambling that you had to get help with living expenses from family, friends or welfare? YES NO
☐ ☐



Resources

- Kansas Behavioral Health Services
- Nebraska Commission on Problem Gambling
- Iowa Department of Public Health



Gamblers Anonymous

What can we learn from our case study?

Claudia



Mother
Age: 38
Race: Latina
Employment: Waitress
Insurance: through employer

Patrick



Father
Age: 41
Race: White/Thai
Employment: Auto detailer
Insurance: marketplace plan

Ivonne



Grandmother
Age: 63
Race: Latina
Employment: N/A
Insurance: none



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