



## Module 4 Action Plan

Consider the following questions as you reflect on the ways you can implement what you learned in Module 4. As a reminder, you learned:

- The connection between student behaviors and unmet emotional needs
- How to use a strengths-based approach to connecting families to culturally responsive mental health services
- How to provide equitable supports in the classroom

What are some of the consequences of unmet mental health needs or over-use of disciplinary actions that you have observed in your class, school or district?

What is one thing you commit to doing this week, month or quarter to promote equity in mental health referrals in your class, school or district?

Name one of your interpersonal skills or strengths that help you establish positive relationships or otherwise provide social and emotional support to students.

Name one intention or goal related to leaning into your interpersonal strengths to foster compassionate responding to student behaviors.