

Educational Supports: 504 Plans



- A 504 plan is intended for children with disabilities who do not need or qualify for special education but could benefit from accommodations and/or specialized help in school.
- These plans identify accommodations a child with a disability needs to fully participate in the classroom and sets up ways to help the child succeed.

Examples:

- Preferential seating
- An allergen-free environment
- Extended time/quiet space
- Technology to support needs
- Reduction in homework
- Providing a tutor after school to help with assignments or organization
- Requiring teachers and aides to receive training relating to your child's particular disability



Health Literacy

“The degree to which individuals have the capacity to **obtain, process, and understand basic health information and services** needed to **make appropriate health decisions.**”

----Healthy People 2010



Warning Signs of Poor Health Literacy

Nonadherence with treatment regimes

Reoccurrence of the same problems

Over-use, under-use, and misuse of health care system

Over-representation of vulnerable populations in acute care facilities

Poor medication management

Difficulty making informed health decisions

Simple Health Literacy Tips

1

Use plain language

2

Use visual aids

3

Recommend and use technology

4

Use effective teaching methods

Graduate High School

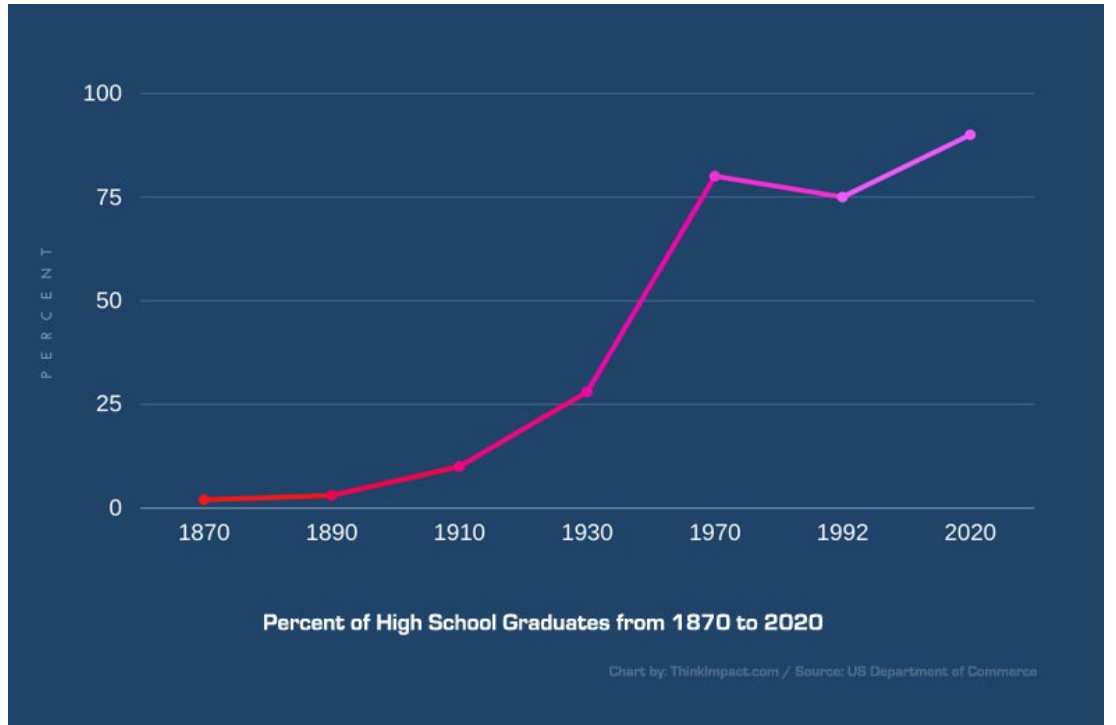
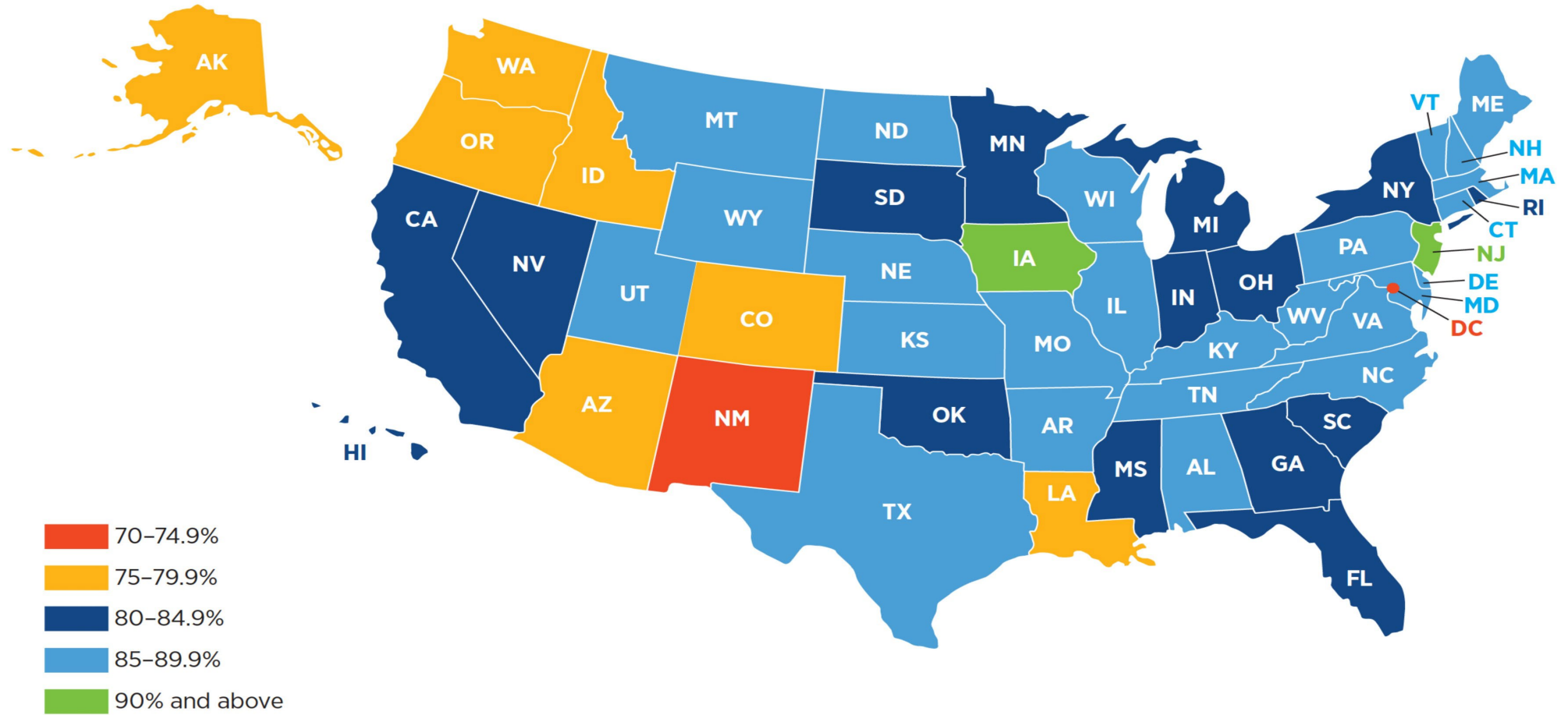


Figure 2 • Adjusted Cohort Graduation Rate, by State 2016–17



Interventions to Increase Graduation Rates



Regular tracking and checking in with students



Mentoring



Tutoring and academic assistance



Increasing college/post-secondary knowledge



Personalizing curriculum to students' interests or future professional aspirations



Community involvement



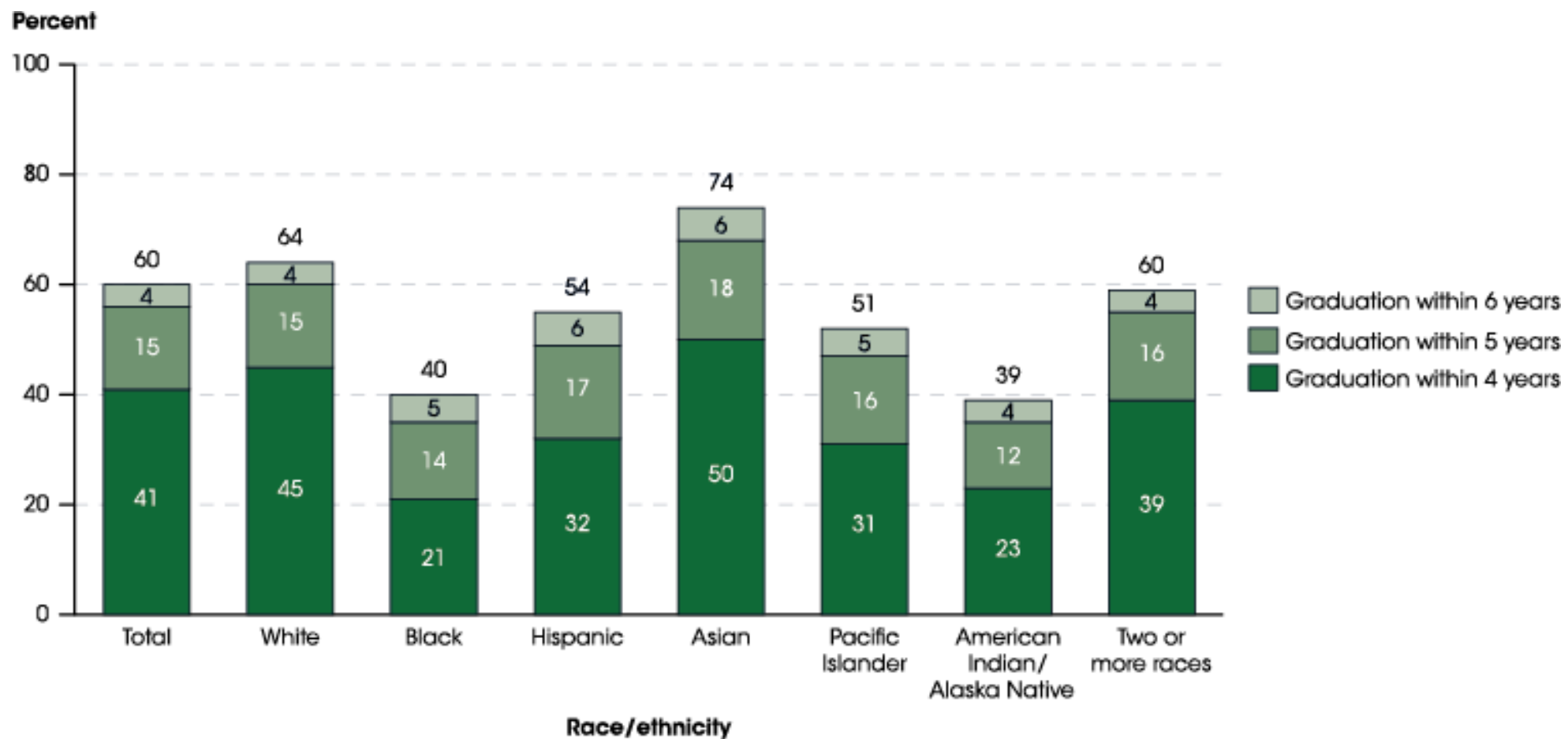
Student advocacy and relationship building

Higher Education

- Defined as any type of education after high school including:
 - Certificate programs
 - 2-year college
 - 4-year college
 - Graduate programs
 - Professional programs



Higher Education Graduation Rates



Educational Attainment

Compared to those with a college education, Americans with less education:

Die earlier

Live with greater illness

Generate higher medical care costs

Are less productive at work

Experience more psychological distress

Have less healthy lifestyles



Higher Educational Attainment Benefits

Income and Resources	Social and Psychological	Health Behaviors	Healthier Neighborhoods
<ul style="list-style-type: none">• Better jobs• Higher earnings• Resources for better health	<ul style="list-style-type: none">• Reduced stress• Social and psychological skills• Social networks	<ul style="list-style-type: none">• Knowledge• Skills	<ul style="list-style-type: none">• Supermarkets• Green spaces• Access to primary care• Reduced crime• Higher quality schools• More opportunities for employment• Reduced toxins in environment• More political influence



Strategies to Strengthen Educational Attainment

- Dual Enrollment programs in high school
- Support with financial aid and assistance
- Mentoring programs for at-risk students
- Develop milestones or pathways
- Hybrid models

AAFP's Framework to Address SDOH

ASK

- About SDOH

IDENTIFY

- Resources in patients' communities that can help address SDOH

ACT

- To help connect patients with resources to address patients' SDOH

Screening

PRAPARE

2-item
Education
Screenener

Screening

- **PRAPARE: Protocol for Responding to and Assessing Patient Assets, Risks, and Experiences**



PRAPARE: Protocol for Responding to and Assessing Patient Assets, Risks, and Experiences
Paper Version of PRAPARE for Implementation As of September 2, 2016

Personal Characteristics	
1. Are you Hispanic or Latino?	
<input type="checkbox"/> Yes	<input type="checkbox"/> No <input type="checkbox"/> I choose not to answer this question
2. Which race(s) are you? Check all that apply.	
<input type="checkbox"/> Asian	<input type="checkbox"/> Native Hawaiian
<input type="checkbox"/> Pacific Islander	<input type="checkbox"/> Black/African American
<input type="checkbox"/> White	<input type="checkbox"/> American Indian/Alaskan Native
<input type="checkbox"/> Other (please write): _____	
<input type="checkbox"/> I choose not to answer this question	
3. At any point in the past 2 years, has season or migrant farm work been your or your family's main source of income?	
<input type="checkbox"/> Yes	<input type="checkbox"/> No <input type="checkbox"/> I choose not to answer this question
4. Have you been discharged from the armed forces of the United States?	
<input type="checkbox"/> Yes	<input type="checkbox"/> No <input type="checkbox"/> I choose not to answer this question
5. What language are you most comfortable speaking?	
<input type="checkbox"/> English	
<input type="checkbox"/> Language other than English (please write) _____	
<input type="checkbox"/> I choose not to answer this question	
Family & Home	
6. How many family members, including yourself, do you currently live with? _____	
<input type="checkbox"/> I choose not to answer this question	
7. What is your housing situation today?	
<input type="checkbox"/> I have housing	
<input type="checkbox"/> I do not have housing (staying with others, in a hotel, in a shelter, living outside on the street, on a beach, in a car, or in a park)	
<input type="checkbox"/> I choose not to answer this question	
8. Are you worried about losing your housing?	
<input type="checkbox"/> Yes	<input type="checkbox"/> No <input type="checkbox"/> I choose not to answer this question
9. What address do you live at?	
Street: _____	
City, State, Zipcode: _____	
Money & Resources	
10. What is the highest level of school that you have finished?	
<input type="checkbox"/> Less than high school degree	<input type="checkbox"/> High school diploma or GED
<input type="checkbox"/> More than high school	<input type="checkbox"/> I choose not to answer this question
11. What is your current work situation?	
<input type="checkbox"/> Unemployed	<input type="checkbox"/> Part-time or temporary work
<input type="checkbox"/> Full-time work	
<input type="checkbox"/> Otherwise unemployed but not seeking work (ex: student, retired, disabled, unpaid primary care giver)	
Please write: _____	
<input type="checkbox"/> I choose not to answer this question	
12. What is your main insurance?	
<input type="checkbox"/> None/uninsured	<input type="checkbox"/> Medicaid
<input type="checkbox"/> CHIP/Medicaid	<input type="checkbox"/> Medicare
<input type="checkbox"/> Other public insurance (not CHIP)	<input type="checkbox"/> Other Public Insurance (CHIP)
<input type="checkbox"/> Private insurance	

PRAPARE

#2: Which race(s) are you? Check all that apply

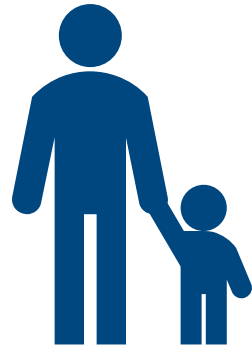
#3: At any point in the past 2 years, has season or migrant farm work been your or your family's main source of income?

#5: What language are you most comfortable speaking?

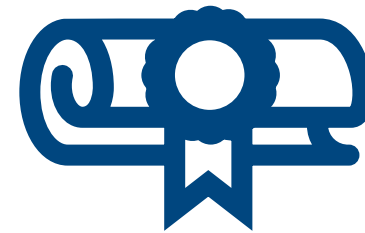
#10: What is the highest level of school that you have finished?

#14 In the past year, have you or any family members you live with been unable to get any of the following when it was really needed? Check all that apply. ****Note Child Care**

Screening Questions



Do problems getting child care make it difficult for you to work or study?



Do you have a high school diploma?

Z-codes

Z55	Problems related to education and literacy	Z62	Problems related to upbringing
Z56	Problems related to employment and unemployment	Z63	Other problems related to primary support group, including family circumstances
	Z56.0 Unemployment, unspecified	Z64	Problems related to certain psychosocial circumstances
Z57	Occupational exposure to risk factors	Z65	Problems related to other psychosocial circumstances
Z59	Problems related to housing and economic circumstances	Z68	Body Mass Index (BMI)
	Z59.0 Homelessness	Z72	Problems related to lifestyle
	Z59.1 Inadequate housing		Z72.4 Inappropriate diet and eating habits
	Z59.4 Lack of adequate food and safe drinking water	Z74	Problems related to care provider dependency
	Z59. 5 Extreme poverty	Z75	Problems related to medical facilities and other health care
	Z59.6 Low income	Z77	Other contact with and (suspected) exposures hazardous to health
	Z59.7 Insufficient social insurance and welfare support	Z82	Family history of certain disabilities and chronic disease (leading to disablement)
	Z59.8 Other problems related to housing and economic circumstances	Z91	Personal risk factors, not elsewhere classified
Z60	Problems related to social environment		Z91.1 Patient's noncompliance with medical treatment and regimen – Z91.11 Patient's noncompliance with dietary regimen
	Z60.2 Problems related to living alone		

Z-codes

Z55.0, Illiteracy and low-level literacy

Z55.1, Schooling unavailable or unattainable

Z55.2, Failed school examinations

Z55.3, Underachievement in school

Z55.4, Educational maladjustment and discord with teachers and classmates

Z55.8, Other problems related to education and literacy

Z55.9, Problems related to education and literacy, unspecified



Case Study

- Mother – Claudia
- Father – Patrick
- Grandmother – Ivonne
- Daughter – Tyler (age 16)
- Son – Elliot (age 13)
- Daughter – Edith (age 2)

Risk Factors for Poor Educational Attainment

Race

- Several family members identify as Latinos

Income

- Section 8 housing, difficulty paying bills, limited insurance, transportation difficulties

Language

- Grandmother does not speak English

ACES

- Mother has a history of DV, father has DUIs

Literacy in 3rd Grade

- Unknown

Teen pregnancy/parenthood

- None reported

LGBTQA+

- Tyler identifies as bisexual

Disability

- Elliott has an IEP and congenital heart defect

Protective Factors for Educational Attainment

Early Childhood Education

- Edith enrolled in Early Head Start, meeting milestones, Parents as Teachers program

Language and Literacy

- Family is receiving support-BH, employment, parents as teachers, EHS

Graduation from High School

- Mother graduated HS, Tyler on target to graduate HS

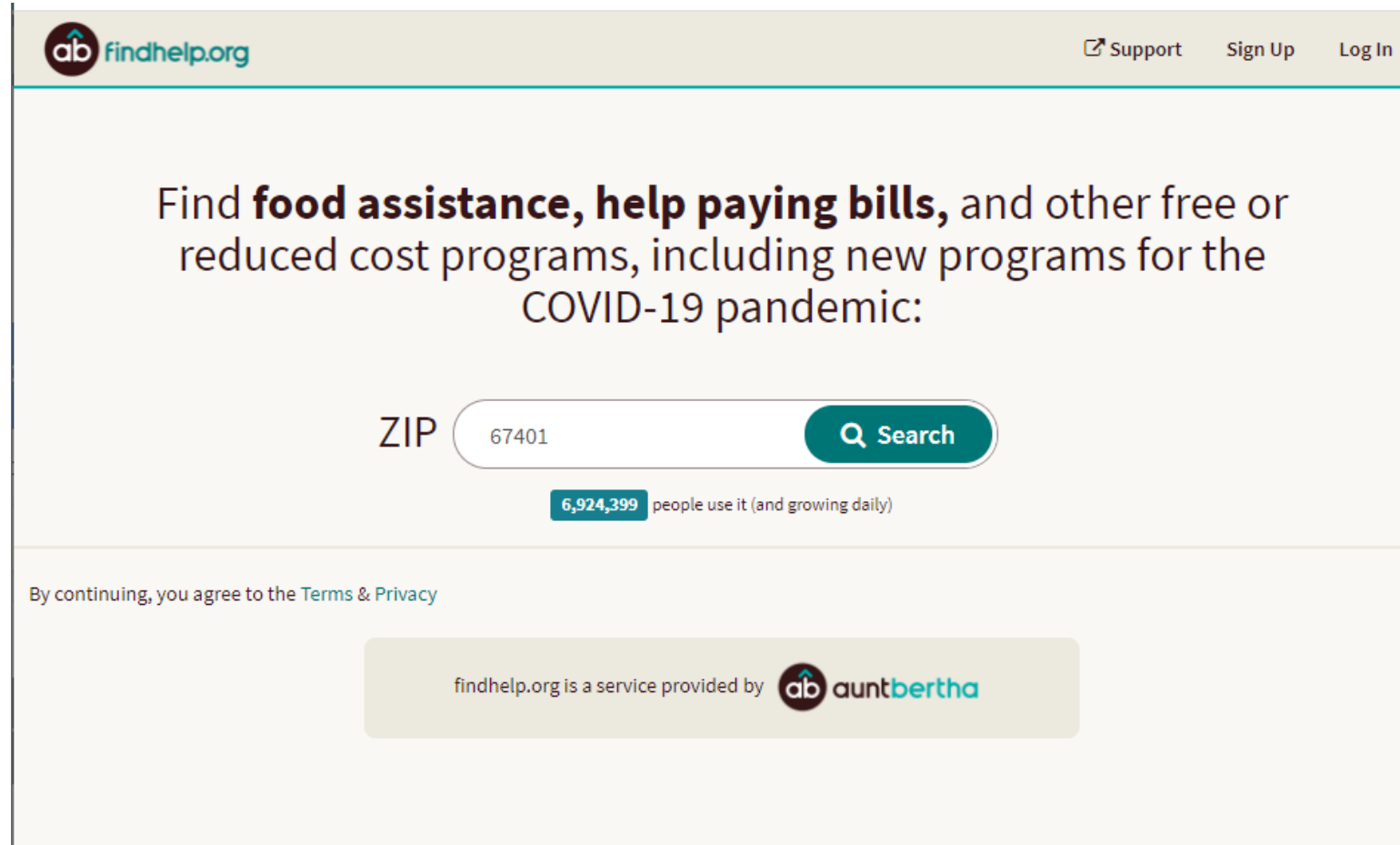
Enrollment in Higher Education

- Father enrolled in Associate Degree and finished 1 yr, Tyler preparing for college

Educational Attainment

- GED: Dad
High School Education: Mom

How to use Aunt Bertha



The screenshot shows the homepage of findhelp.org. At the top left is the logo 'ab findhelp.org'. At the top right are links for 'Support', 'Sign Up', and 'Log In'. The main heading reads: 'Find **food assistance, help paying bills,** and other free or reduced cost programs, including new programs for the COVID-19 pandemic:'. Below this is a search form with the label 'ZIP' and an input field containing '67401'. To the right of the input field is a green 'Search' button with a magnifying glass icon. Below the search bar, a teal box displays '6,924,399 people use it (and growing daily)'. At the bottom left, there is a link: 'By continuing, you agree to the [Terms & Privacy](#)'. At the bottom center, a light gray box contains the text 'findhelp.org is a service provided by' followed by the 'ab auntbertha' logo.

ab findhelp.org

Support Sign Up Log In

Find **food assistance, help paying bills,** and other free or reduced cost programs, including new programs for the COVID-19 pandemic:

ZIP 67401 Search

6,924,399 people use it (and growing daily)

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findhelp.org is a service provided by ab auntbertha



Mid-America (HHS Region 7)

MHTTC

Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

Context Clues: Using Social Determinants of Health (SDOH) to Enhance Treatment: Child Trauma

Brittany Liebsack, PhD, LP

Faculty Trainer

Mid-America MHTTC



MUNROE-MEYER
INSTITUTE

SAMHSA

Substance Abuse and Mental Health
Services Administration

Health Outcomes

Mortality, Morbidity, Life Expectancy, Health Care Expenditures, Health Status, Functional Limitations

Economic Stability

- Employment
- Food Insecurity
- Housing Instability
- Poverty

Education Access and Quality

- Early Childhood Education and Development
- Enrollment in Higher Education
- High School Graduation
- Language and Literacy

Social and Community Context

- Civic Participation
- Discrimination
- Incarceration
- Social Cohesion

Health Care Access and Quality

- Access to Health Care
- Access to Primary Care
- Health Literacy

Neighborhood and Built Environment

- Access to Foods that Support Healthy Eating Patterns
- Crime and Violence
- Environmental Conditions
- Quality of Housing



What is Child Trauma?

- Scary, dangerous, violent, or life-threatening event
- Intensely threatened by event involved in or witnessed
- Secondary trauma

More than 2/3 of children report at least 1 traumatic event by age 16:

- Psychological, physical, or sexual abuse
- Community or school violence
- Witnessing or experiencing domestic violence
- National disasters or terrorism
- Commercial sexual exploitation
- Sudden or violent loss of a loved one
- Refugee or war experiences
- Military family-related stressors
- Physical or sexual assault
- Neglect
- Serious accidents or life-threatening illness



Child Maltreatment

- A type of child trauma
 - Physical abuse
 - Sexual abuse
 - Psychological abuse
 - Neglect

Child Maltreatment Prevalence - 2019

Crosses all socioeconomic & educational levels, religions, & ethnic & cultural groups

656,000 victims

Highest rate in children under age one

84.5% suffer a single type of maltreatment

1,780 deaths

877 victims of sex trafficking

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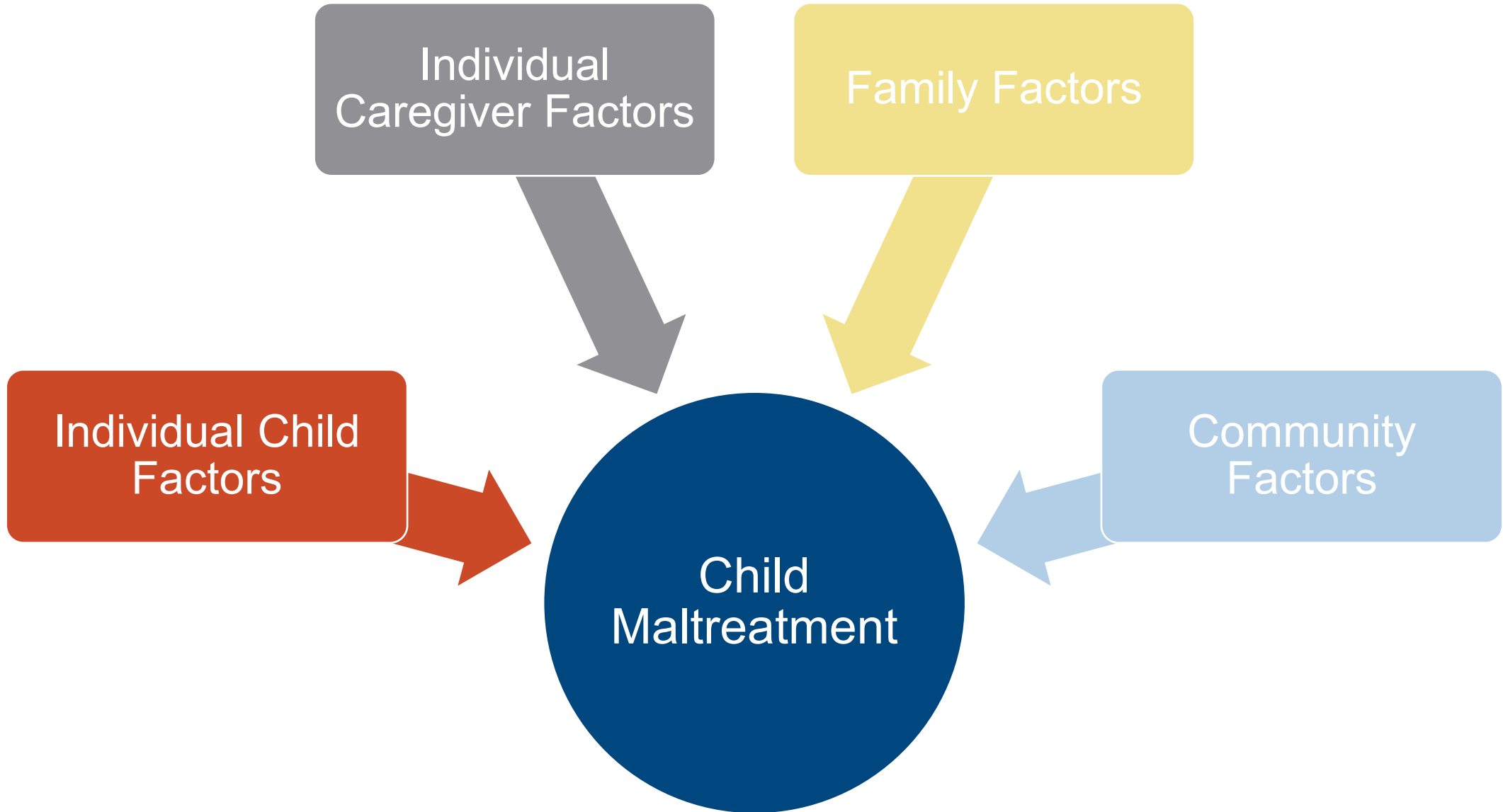
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Risk Factors for Victimization

Child Risk Factors

- Younger than 4YO
- Special needs that may increase caregiver burden

Caregiver Risk Factors

- Drug or alcohol issues
- Mental health issues
- Don't understand child's needs/development
- History of abuse or neglect as children
- Young, single, many children
- Low education or income
- High parenting and economic stress
- Use spanking and other corporal punishment
- Caregivers in the home who are not a biological parent
- Accepting of violence or aggression

Risk Factors for Victimization

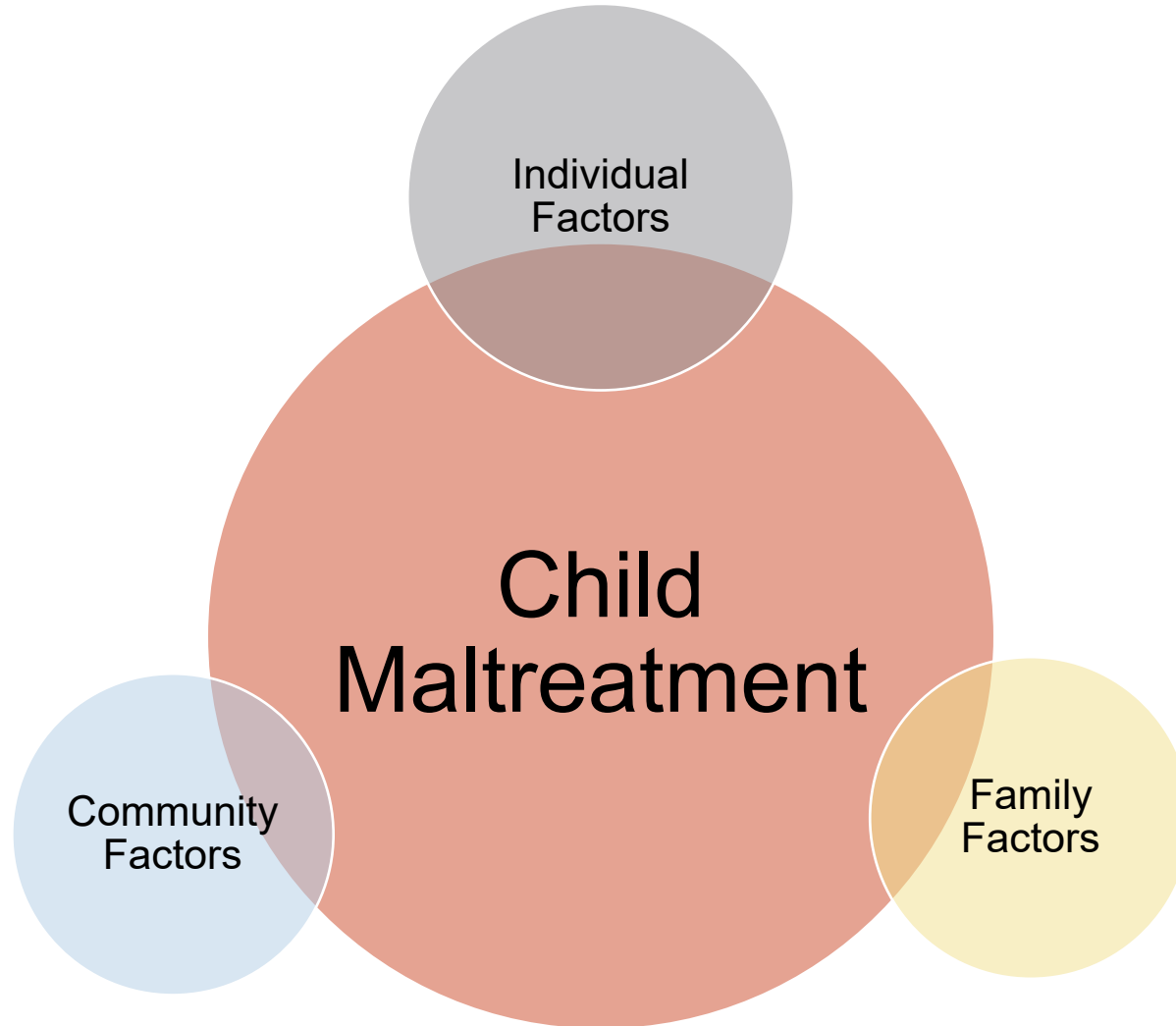
Family Risk Factors

- Family member(s) in jail or prison
- Isolated from/not connected to others
- Family violence
- High conflict and negative communication styles

Community Risk Factors

- High rates of violence and crime
- High rates of poverty
- Limited educational and economic opportunities
- High unemployment rates
- Easy access to drugs and alcohol
- Low community involvement
- Few community activities
- Unstable housing
- Food insecurity

Protective Factors



Protective Factors

Individual Protective Factors

- Safe, positive relationships
- Nurturing parenting/emotional support
- Basic needs of food, shelter, education, and health services met
- More education and steady employment

Family Protective Factors

- Strong social support networks
- Caregivers present and interested
- Household rules enforced and children monitored
- Caring adults outside the family

Community Protective Factors

- Safe, stable housing
- High-quality preschool
- Nurturing and safe childcare
- Safe, engaging after school programs and activities
- Medical care and mental health services
- Economic and financial help
- Work opportunities with family-friendly policies



What is Child Traumatic Stress?

- If child has reactions that impact his/her/their daily life after a traumatic event
- Show up in different ways
- Automatic
- Immediate or delayed
- Short- and long-term

Factors that impact child traumatic stress

History of
Previous
Trauma

Trauma
Characteristics

Caregivers'
Reactions

Family and
Community
Factors

Signs and Symptoms of Traumatic Stress

Preschool Children	Elementary School Children	Middle and High School Children
<ul style="list-style-type: none">• Feel helpless and uncertain• Fear of being separated from their parent/caregiver• Cry and/or scream a lot• Eat poorly and lose weight• Return to bedwetting• Return to using baby talk• Develop new fears• Have nightmares• Recreate the trauma through play• Are not developing to the next growth stage• Have changes in behavior• Ask questions about death	<ul style="list-style-type: none">• Become anxious and fearful• Worry about their own or others' safety• Become clingy with a teacher or a parent• Feel guilt or shame• Tell others about the traumatic event again and again• Become upset if they get a small bump or bruise• Have a hard time concentrating• Experience numbness• Have fears that the event will happen again• Have difficulties sleeping• Show changes in school performance• Become easily startled	<ul style="list-style-type: none">• Feel depressed and alone• Discuss the traumatic events in detail• Develop eating disorders and self-harming behaviors such as cutting• Start using or abusing alcohol or drugs• Become sexually active• Feel like they're going crazy• Feel different from everyone else• Take too many risks• Have sleep disturbances• Don't want to go places that remind them of the event• Say they have no feeling about the event• Show changes in behavior

Long(er) Term Effects of Child Trauma – in children AND adults

Learning problems

Increased use of health and mental health services

Increased involvement in the child welfare and juvenile justice systems

Long-term health problems

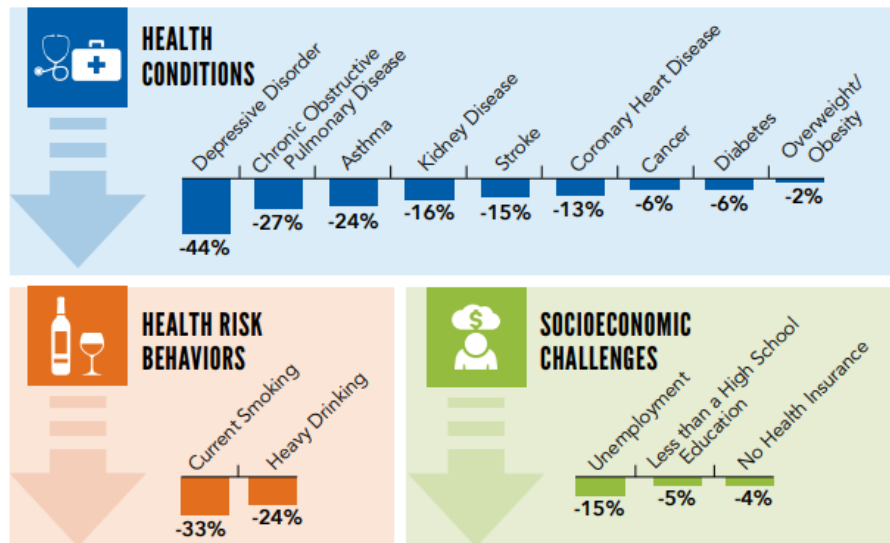
Adverse Childhood Experiences Study

Preventing ACEs could reduce a large number of health conditions.



SOURCE: National Estimates based on 2017 BRFSS; Vital Signs, MMWR November 2019.

Potential reduction of negative outcomes in adulthood



SOURCE: BRFSS 2015-2017, 25 states, CDC Vital Signs, November 2019.

Assessment & Intervention



AAFP's Framework to Address SDOH

ASK

- About SDOH

IDENTIFY

- Resources in patients' communities that can help address SDOH

ACT

- To help connect patients with resources to address patients' SDOH

Screening

PRAPARE

ACEs

CATS



Protocol for Responding to and Assessing Patient Assets, Risks, and Experiences

Adverse Childhood Experiences (ACEs)

Abuse

Neglect

Mother treated violently

Household substance abuse

Household mental illness

Parental separation or divorce

Incarcerated household member

Child and Adolescent Trauma Screen (CATS)

15 “scary or stressful”
events that can happen to
children

20 symptoms of trauma-
related distress/PTSD

CATS 7-17 Years Score <15	CATS 7-17 Years Score 15-20	CATS 7-17 Years Score 21+
Normal. Not clinically elevated.	Moderate trauma-related distress.	Probable PTSD.

Please mark “YES” or “NO” if the problems you marked interfered with:

- | | | | | | |
|------------------------------|------------------------------|-----------------------------|-------------------------|------------------------------|-----------------------------|
| 1. Getting along with others | <input type="checkbox"/> Yes | <input type="checkbox"/> No | 4. Family relationships | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 2. Hobbies/Fun | <input type="checkbox"/> Yes | <input type="checkbox"/> No | 5. General happiness | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 3. School or work | <input type="checkbox"/> Yes | <input type="checkbox"/> No | | | |

Z-codes

Problems Related to Negative Life Events in Childhood (Z61)	Other Problems Related to Primary Support Group, including family circumstances (Z63)
Z61.0 Loss of love relationship in childhood	Z63.4 Disappearance and death of family member, Assumed death of family member
Z61.1 Removal from home in childhood	Z63.5 Disruption of family by separation and divorce, Estrangement
Z61.4 Problems related to alleged sexual abuse of child by person within primary support group	Z63.6 Dependent relative needing care at home
Z61.5 Problems related to alleged sexual abuse of child by person outside primary support group	Z63.7 Anxiety (normal) about sick person in family, Ill or disturbed family member
Z61.6 Problems related to alleged physical abuse of child	Problems related to certain psychosocial circumstances (Z64)
Z61.7 Personal frightening experience in childhood	Z65.4 Victim of crime and terrorism, Victim of torture
Other Problems Related to Upbringing (Z62)	Z65.5 Exposure to disaster, war and other hostilities
Z62.4 Emotional neglect of child	

Mandated Reporting

- Most professionals who work with children including medical professionals, social workers, nurses, educators and others are mandated reporters
- Report to DCF and Local Law Enforcement
 - Call
 - DCF has online form

[Mandated Reporter Portal - Prevention and Protection Services \(ks.gov\)](#)



Case Study

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Find **food assistance, help paying bills,** and other free or reduced cost programs, including new programs for the COVID-19 pandemic:

Enter your zip code

ZIP

2 **6,924,399** people use it (and growing daily)

By continuing, you agree to the [Terms & Privacy](#)



findhelp.org

ZIP or keyword or program name

Select Language

Find food assistance, help paying bills, and other free or reduced cost programs in Wichita, KS 67202 , including new programs for the COVID-19 pandemic:

- FOOD
- HOUSING
- GOODS
- TRANSIT
- HEALTH
- MONEY
- CARE
- EDUCATION

↑

1,743 programs
serve people in Wichita, KS 67202

Type a search term, or pick a category

This curated database of resources is provided by **Aunt Bertha, a Public Benefit Corporation.**

How to use Aunt Bertha

ZIP or keyword or program name



Find food assistance, help paying bills, and other free or reduced cost programs in the Wichita, KS 67202 area , including new programs for the COVID-19 pandemic:

Select Language



FOOD



HOUSING



GOODS



TRANSIT



HEALTH



MONEY



CARE



EDUCATION



WORK



LEGAL

Addiction & Recovery >

Dental Care

End-Of-Life Care >

Health Education >

Help Pay For Healthcare >

Medical Care >

Mental Health Care >

Sexual And Reproductive Health >

Mental Health Care - All (232)

- anger management (11)
- bereavement (43)
- counseling (120)
 - family counseling (39)
 - group therapy (19)
 - individual counseling (45)
 - substance abuse counseling (40)
- hospital treatment (4)
- medications for mental health (7)
- mental health evaluation (25)
- outpatient treatment (29)
- psychiatric emergency services (5)
- residential treatment (9)
- support & service animals (18)

Choose the category of assistance

I chose Health

& Mental Health Care

Personal Filters

Age Group

- infants: 0 months - 1 year
- children: 2 - 12 years
- teens: 13 - 19 years
- young adults: 20 - 30 years
- adults: 31 - 54 years
- seniors: 55 years+

Armed Forces

- active duty
- national guard
- veterans

Disability

- all disabilities
- deaf or hard of hearing
- developmental disability
- intellectual disability
- learning disability
- limited mobility
- physical disability
- visual impairment

Disaster Victims

- covid19

Gender & Identity

- female
- lgbtqia+
- male
- transgender or non-binary

General

- anyone in need

Guardianship

- foster youth

Health

- alzheimers
- autism
- cancer*
 - all cancer types
 - brain tumor
- chronic illness
- diabetes
- infectious disease*
 - hiv/aids
- neuromuscular disease
- pregnant

Housing

- home owners
- homeless
- near homeless
- runaways

Income

- benefit recipients
- low-income

Insurance

- underinsured
- uninsured

Justice Involvement

- criminal justice history
- in jail

Language

- limited english

Mental Health

- all mental health
- anxiety
- bipolar

Role

- caregivers
- dependents
- fathers
- mothers
- parents
- spouses

Substance Dependency

substance dependency

- alcohol dependency
- dual diagnosis
- opioid dependency
- smoker

Survivors

- abuse or neglect survivors
- all cancer survivors
- childhood cancer survivors
- domestic violence survivors
- natural disaster survivors
- sexual assault survivors
- trauma survivors
- young adult cancer survivors

Settings and more (Alt+F). An update is available.

Personal Filters

Program Filters

Income Eligibility



11 programs:

Serve **trauma survivors** and **infants** or **children** or **teens**

X CLEAR ALL FILTERS

Children's Behavioral & Mental Health Treatment



by [KVC Hospitals Wichita](#)

KVC Hospitals Wichita provides inpatient psychiatric treatment for children ages 6 to 18 who are struggling with depression, anxiety, suicidal thoughts, the impacts of trauma,

Main Services: [psychiatric emergency services](#), [skilled nursing](#), [hospital treatment](#), [mental health care](#), [counseling](#), [group therapy](#), [family counseling](#), [individual counseling](#), [mental health evaluation](#)

Other Services: [medications for mental health](#), [navigating the system](#), [help fill out forms](#), [case management](#)

Serving: [teens](#), [children](#), [female](#), [male](#), [autism](#), [trauma survivors](#), [in crisis](#), [depression](#), [bipolar](#), [suicidal thoughts](#), [more >](#)

Next Steps:

Call [913-890-7468](tel:913-890-7468) or email hospitaladmissions@kvc.org to get more info.

[2.76 miles](#) (serves your state)

[1507 West 21st Street, Wichita, KS 67203](#)

[Open Now](#) : Open 24 Hours

Notice out-of-date information or see a program you work for? Click **Suggest** to share an update or claim your program listing to get access to free tools and data.

MORE INFO



SAVE



SHARE



NOTES



SUGGEST

CONTACT

National Resources

The National
Child Traumatic
Stress Network

Healthcare Tool
Box

SAMHSA's
National Child
Traumatic Stress
Initiative (NCTSI)

ZERO TO
THREE

National Resources

NCTSN: Get
Help Now

Psychology
Today: Find a
Therapist

SAMHSA
Behavioral
Health Treatment
Services Locator

National CAC:
Find a Local
Children's
Advocacy Center



Local Resources

Child Advocacy
Center

Behavioral
Health
Providers

Department for
Children and
Families

Kansas
Children's
Service League

Take aways



Highly
prevalent



Assess
regularly



Use the
Ask–ID–Act
framework



Be familiar
with
resources



References

American Society for the Positive Care of Children. (n.d.). *National Child Maltreatment Statistics*.
<https://americanspcc.org/child-abuse-statistics/>

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Upcoming Webinars

November 18th:

- Addiction:
Gambling,
Alcohol, Drugs
- Work Stress
and Burnout

December 16th:

- Internet Access
- Transportation,
Social Isolation

Please join us!



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