

Welcome!

SUPPORTING THE MENTAL HEALTH OF
REFUGEE & ASYLEE COMMUNITIES

A special 2-part panel series



SUPPORTING THE MENTAL HEALTH OF REFUGEE & ASYLEE COMMUNITIES



A panel series hosted by the
MHTTC Building Health Equity &
Cultural Responsiveness Working Group

Session 1: Voice and Stories

The MHTTC Network uses affirming, respectful and recovery-oriented language in all activities. That language is:

**STRENGTHS-BASED
AND HOPEFUL**

**INCLUSIVE AND
ACCEPTING OF
DIVERSE CULTURES,
GENDERS,
PERSPECTIVES,
AND EXPERIENCES**

**HEALING-CENTERED AND
TRAUMA-RESPONSIVE**

**INVITING TO INDIVIDUALS
PARTICIPATING IN THEIR
OWN JOURNEYS**

**PERSON-FIRST AND
FREE OF LABELS**

**NON-JUDGMENTAL AND
AVOIDING ASSUMPTIONS**

**RESPECTFUL, CLEAR
AND UNDERSTANDABLE**

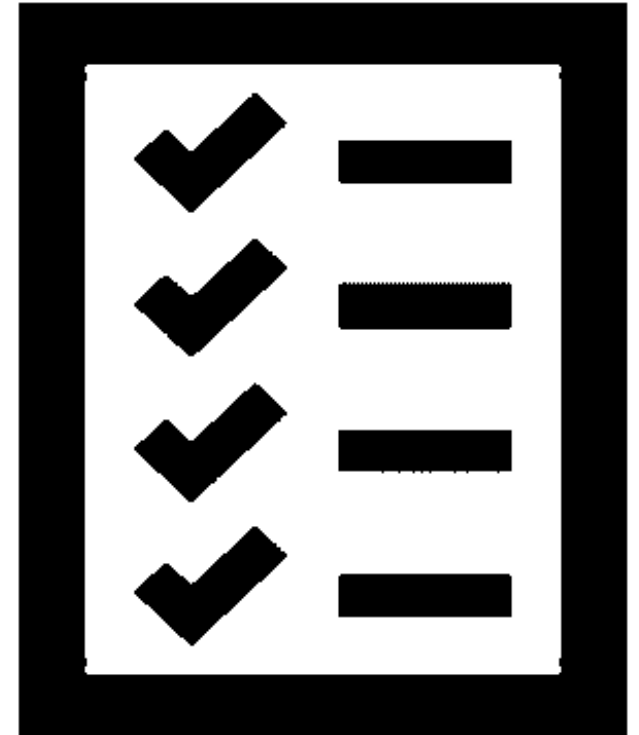
**CONSISTENT WITH
OUR ACTIONS,
POLICIES, AND PRODUCTS**

A few additional reminders...

- This **webinar is being recorded** and will be posted with slides to our MHTTC website within a week from today. You will receive notification by email.
- **Participants are muted** with video off.
- Take note of the Zoom toolbox at the bottom of your screen.
 - Use the Chat Box for tech issues
 - Use the Q&A feature to ask questions for our panelists
 - Click the “CC” icon if you’d like to enable captions
- **Certificates of attendance** will be available for those who attend 50% of the live event (45 mins).
- We are **not able to offer CEUs** for this session.

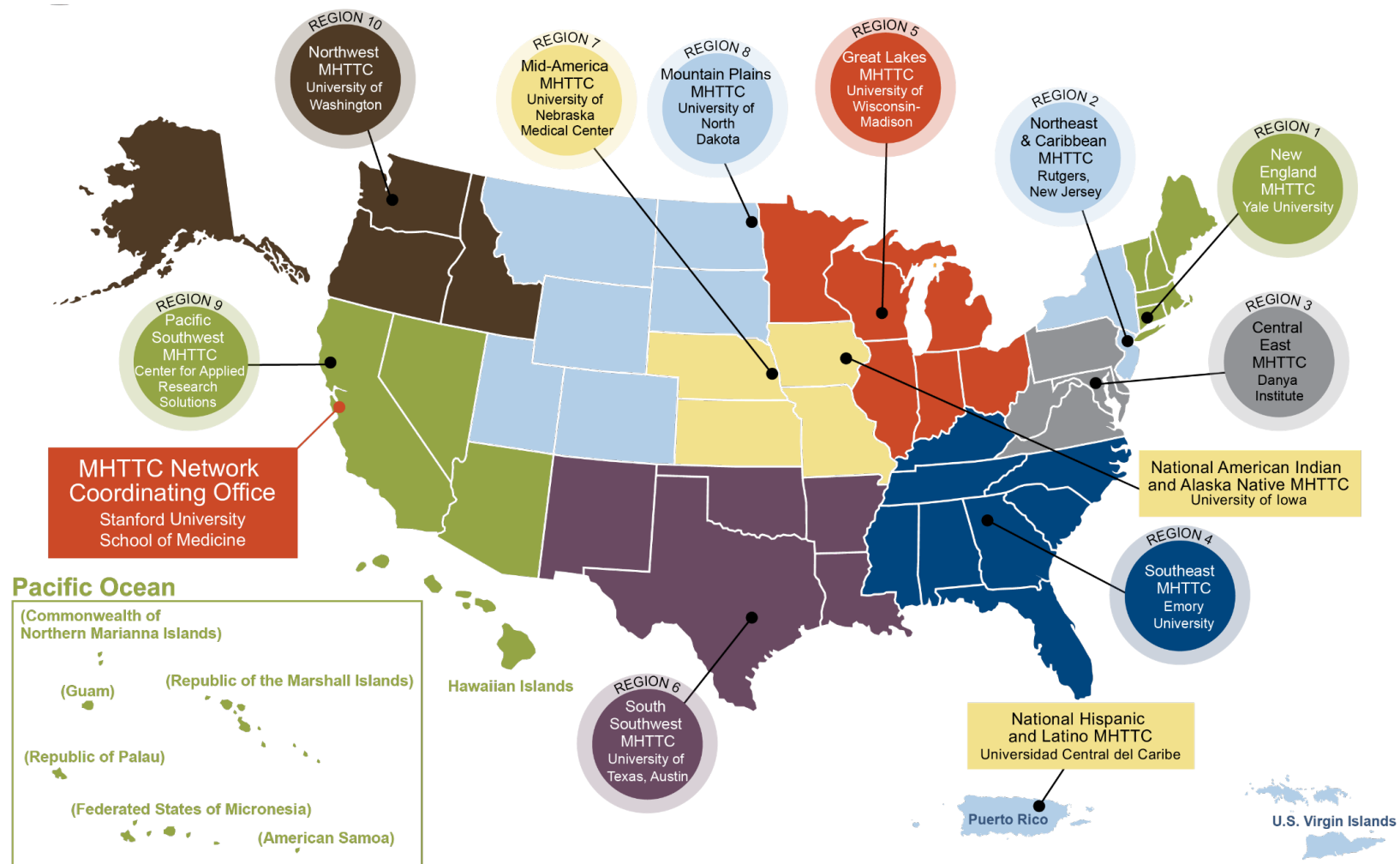
Agenda

- Welcome (15 min)
 - Overview of the MHTTC Network and the Building Health Equity & Cultural Responsiveness Working Group
 - Purpose and objectives for today's programming
 - Panelist introductions
- Voice and Stories (45 min)
- Live Q&A (20 min)
- Wrap Up Activity and Next Steps (10 min)




About the MHTTC Network

- The MHTTC Network...
 - Develops and disseminates resources
 - Provides free local and regional training and technical assistance
 - Heightens the awareness, knowledge, and skills of the mental health workforce
- Our Network includes 10 Regional Centers, a National American Indian & Alaska Native Center, a National Hispanic & Latino Center, and a Network Coordinating Office
- Learn more at <https://mhttcnetwork.org/>



About the Building Health Equity & Cultural Responsiveness Working Group

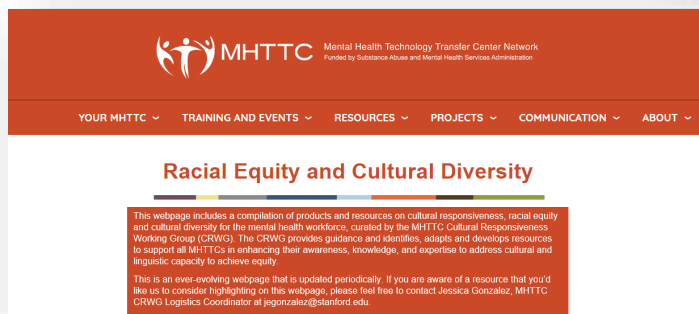
The BHE & CRWG aims to disseminate culturally appropriate information and provide technical assistance for the mental health field to improve access to culturally responsive mental health services.



Join the Conversation:
Culturally Responsive Evidence-Based and
Community-Defined Practices for Mental Health

— A six-part series —

Every other Thursday at
11am PT / 1pm CT / 2pm ET
from May 20 – August 5



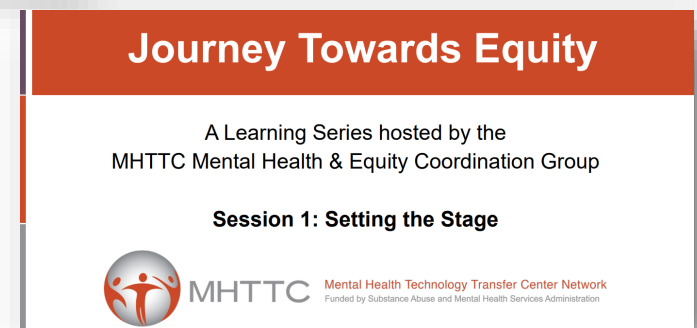
MHTTC Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

YOUR MHTTC ▾ TRAINING AND EVENTS ▾ RESOURCES ▾ PROJECTS ▾ COMMUNICATION ▾ ABOUT ▾

Racial Equity and Cultural Diversity

This webpage includes a compilation of products and resources on cultural responsiveness, racial equity and cultural diversity for the mental health workforce, curated by the MHTTC Cultural Responsiveness Working Group (CRWG). The CRWG provides guidance and identifies, adapts and develops resources to support all MHTTCs in enhancing their awareness, knowledge, and expertise to address cultural and linguistic capacity to address equity.

This is an ever-evolving webpage that is updated periodically. If you are aware of a resource that you'd like us to consider highlighting on this webpage, please feel free to contact Jessica Gonzalez, MHTTC CRWG Logistics Coordinator at jgonzalez@stanford.edu



Journey Towards Equity

A Learning Series hosted by the
MHTTC Mental Health & Equity Coordination Group

Session 1: Setting the Stage

MHTTC Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

Series Purpose

SUPPORTING THE MENTAL HEALTH OF
REFUGEE & ASYLEE COMMUNITIES



- **Raise awareness** about relevant mental health needs of asylum seekers and refugee populations by highlighting their voices and stories.
- **Share best practices and strategies** with providers and organizations using contextual and system-level perspectives.
- **Differentiate between** a cultural knowledge base and culturally-responsive approaches.

Panelist Introductions

SUPPORTING THE MENTAL HEALTH OF REFUGEE & ASYLEE COMMUNITIES

Session 1 | *Voices and Stories*

June 23 at 1pm ET



Rania Awaad,
MD



Hameed Makttoof,
PhD



Annie Harper,
PhD



Hossna Samadi,
AA



Session Learning Objectives

Through this session, **we wish to highlight the voices and stories of those with lived experience**, which are so crucial to this conversation.

Each speaker will have 10-15 minutes to share their story in their own way.

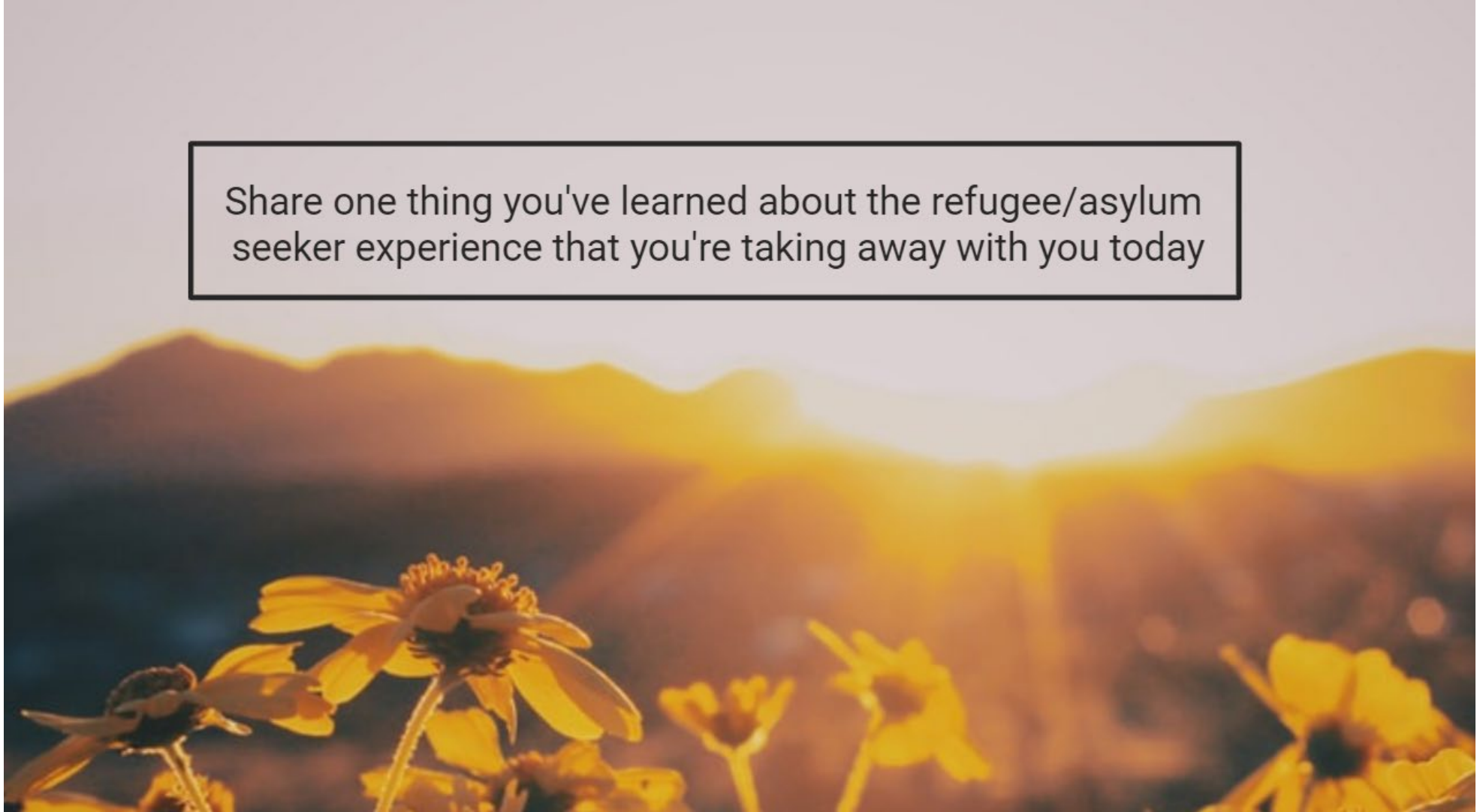
We hope that their stories will help you:

- become more aware of life experiences of asylum seekers/refugees
- understand the challenges and trauma that impacts asylum seekers/refugees
- understand how their backgrounds prior to getting to the US affected their experience
- understand their journeys getting to the US
- understand what people faced when they initially arrived in the US
- learn what changes may need to be made/considered in approaches to better support refugees/asylum seekers, especially after their initial arrival to the US
- understand how we, as helping organizations, may better support refugee & asylum-seeking communities

Q & A

Closing Activity

Share one thing you've learned about the refugee/asylum seeker experience that you're taking away with you today



Join us tomorrow!

SUPPORTING THE MENTAL HEALTH OF
REFUGEE & ASYLEE COMMUNITIES

Session 2 | Systems and Strategies

June 24 at 1pm ET



German Cadenas,
PhD



Kashif Ahmed,
MD



Kira Mauseth,
PhD



Resource Highlights and Staying Connected

- Access our resource collection *Resources to Support the Mental Health of Refugees and Asylum Seekers*
<https://mhttcnetwork.org/centers/global-mhttc/resources-support-mental-health-refugees-and-asylum-seekers>



The screenshot shows the MHTTC website header with the logo and navigation menu. Below the header is the 'Find Your Center' section, which includes a sub-header 'Centers Across The Network' and three center cards: National American Indian and Alaska Native MHTTC, National Hispanic and Latino MHTTC, and New England MHTTC. Each card includes a photo and contact information.

MHTTC Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

YOUR MHTTC ~ TRAINING AND EVENTS ~ RESOURCES ~ PROJECTS ~ COMMUNICATION ~

Find Your Center

To jump to a specific center, click the center's name. To save a center as your default center, select the center by clicking the photo, then click the Save button at the bottom of the page.

Centers Across The Network

Center Name	Address	Contact
National American Indian and Alaska Native MHTTC	University of Iowa College of Public Health 145 N Riverside Dr Iowa City, IA 52246 United States	319-335-6564 native@mhttcnetwork.org
National Hispanic and Latino MHTTC	Universidad Central del Caribe Laurel, Av. Sta. Juanita Bayamon, PR 00960 United States	787-785-6220 hispaniciatino@mhttcnetwork.org
New England MHTTC	PRCH 319 Peck Street New Haven, CT 06513 United States	617.467.6914 newengland@mhttcnetwork.org

States Served: CT, ME, MA, NH, RI, VT

- Connect with the MHTTC in your region:
<https://mhttcnetwork.org/centers/selection>

- Follow us on social media @MHTTCNetwork



- Subscribe to our monthly e-newsletter

<https://mhttcnetwork.org/centers/global-mhttc/mhttc-newsletter>



MHTTC

Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

SAMHSA
Substance Abuse and Mental Health
Services Administration

Please complete our quick evaluation!

The MHTTC Network is funded through SAMHSA to provide this training. As part of receiving this funding we are required to submit data related to the quality of this event.

Please take a moment to complete a brief survey about today's training.

