

IDD and Mental Health — #3 Perspectives from the Field — A Panel Discussion

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June 30, 2022



Disclaimer and Funding Statement

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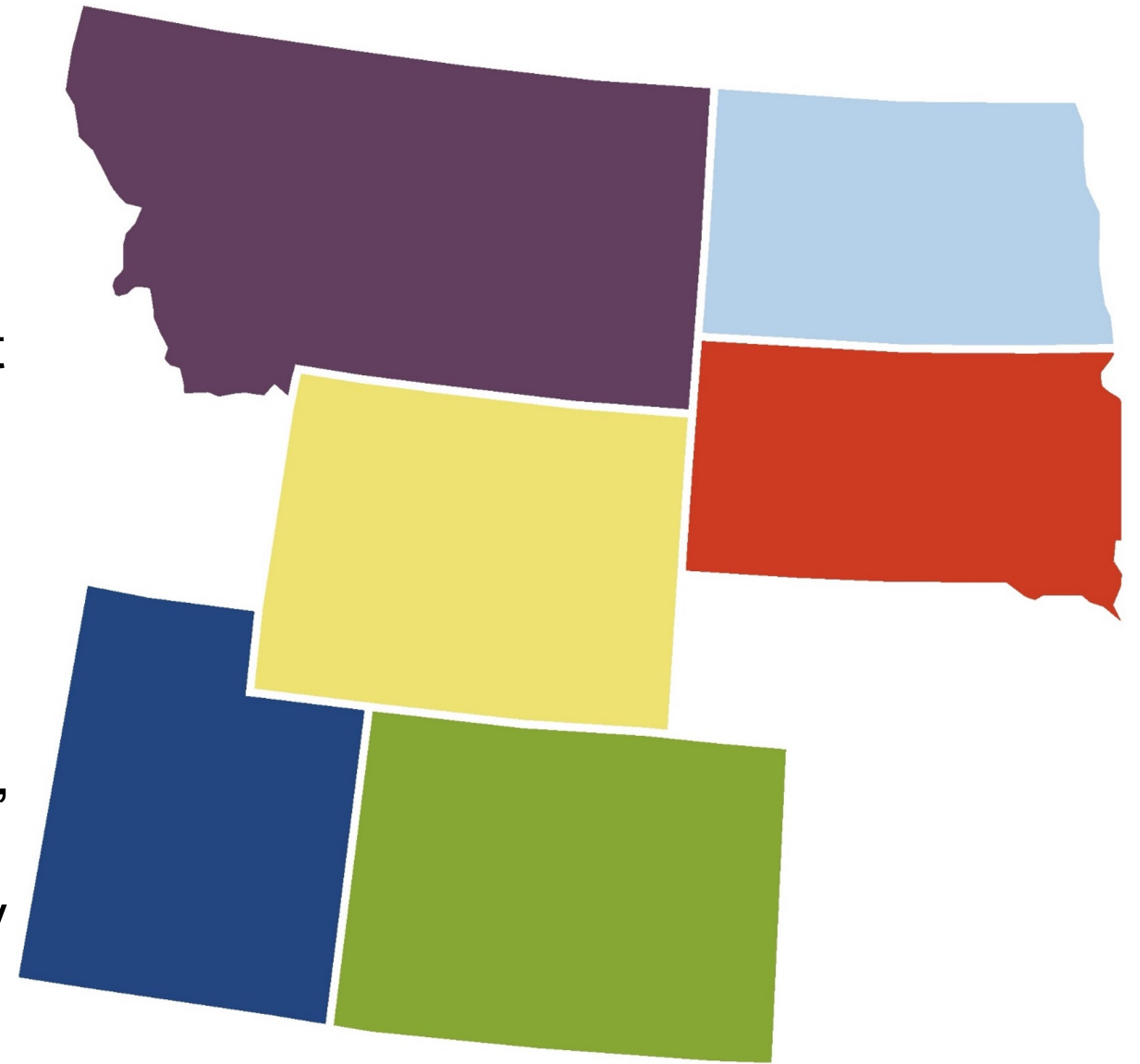
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The Mountain Plains Mental Health Technology Transfer Center

The Mountain Plains Mental Health Technology Transfer Center (Mountain Plains MHTTC) provides training and technical assistance to individuals who serve persons with mental health concerns throughout Region 8 (Colorado, Montana, North Dakota, South Dakota, Utah and Wyoming).

We belong to the Technology Transfer Center (TTC) Network, a national network of training and technical assistance centers serving the needs of mental health, substance use and prevention providers. The work of the TTC Network is under a cooperative agreement by the Substance Abuse and Mental Health Service Administration (SAMHSA).



Land Acknowledgement Statement

Today, the University of North Dakota rests on the ancestral lands of the Pembina and Red Lake Bands of Ojibwe and the Dakota Oyate - presently existing as composite parts of the Red Lake, Turtle Mountain, White Earth Bands, and the Dakota Tribes of Minnesota and North Dakota. We acknowledge the people who resided here for generations and recognize that the spirit of the Ojibwe and Oyate people permeates this land. As a university community, we will continue to build upon our relations with the First Nations of the State of North Dakota - the Mandan, Hidatsa, and Arikara Nation, Sisseton-Wahpeton Oyate Nation, Spirit Lake Nation, Standing Rock Sioux Tribe, and Turtle Mountain Band of Chippewa Indians.



The MHTTC Network uses affirming, respectful and recovery-oriented language in all activities. That language is:

STRENGTHS-BASED
AND HOPEFUL

INCLUSIVE AND
ACCEPTING OF
DIVERSE CULTURES,
GENDERS,
PERSPECTIVES,
AND EXPERIENCES

HEALING-CENTERED AND
TRAUMA-RESPONSIVE

INVITING TO INDIVIDUALS
PARTICIPATING IN THEIR
OWN JOURNEYS

PERSON-FIRST AND
FREE OF LABELS

NON-JUDGMENTAL AND
AVOIDING ASSUMPTIONS

RESPECTFUL, CLEAR
AND UNDERSTANDABLE

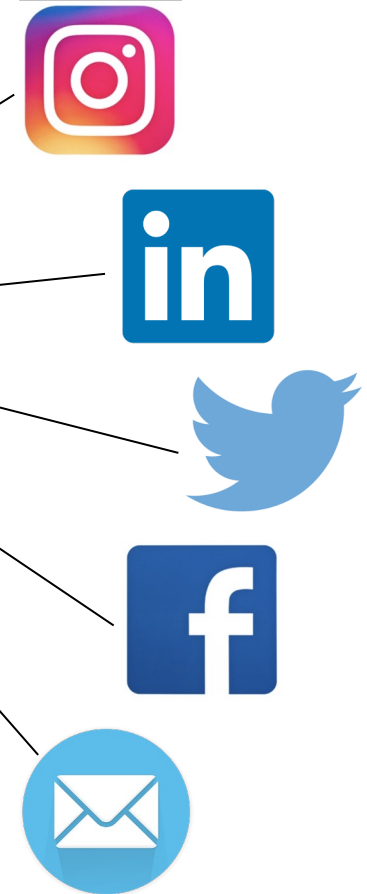
CONSISTENT WITH
OUR ACTIONS,
POLICIES, AND PRODUCTS

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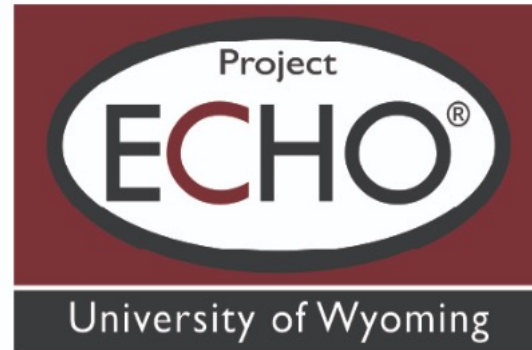




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ERIC MOODY, PHD



UW

College of Health Sciences
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EXAMPLES OF EASY-TO- USE TECH

Personal Technology Solutions

Laurie Dale - personaltechsol@gmail.com

Agency Training, Individual Assessment & Setup, Custom Solutions

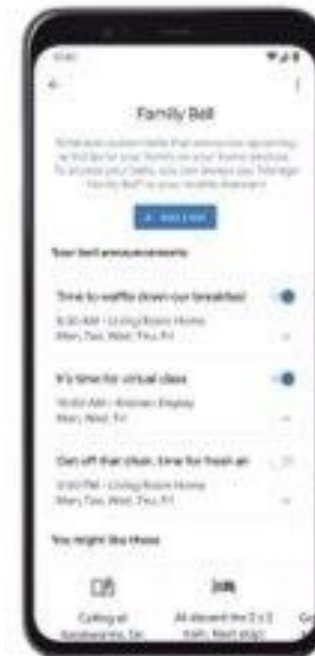
Nest Hub Max

Features

- ✓ Face match
- ✓ Video calls, Zoom calls
- ✓ Reminders
- ✓ Leave video messages
- ✓ Multiple accounts
- ✓ Works with Ring doorbells and Nest doorbells
- ✓ Pause and play with hand gestures
- ✓ Sleep sensing

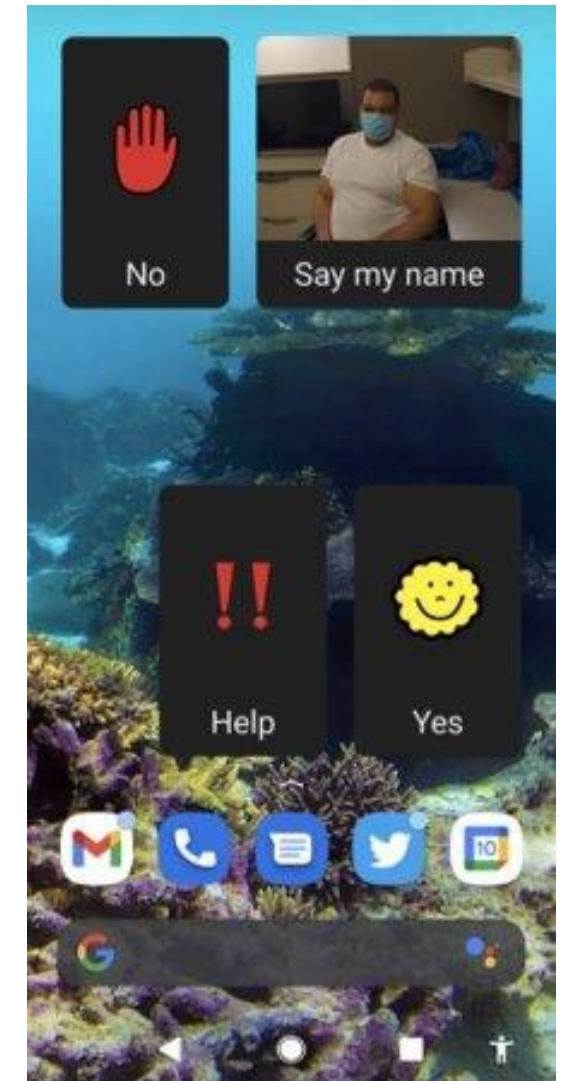
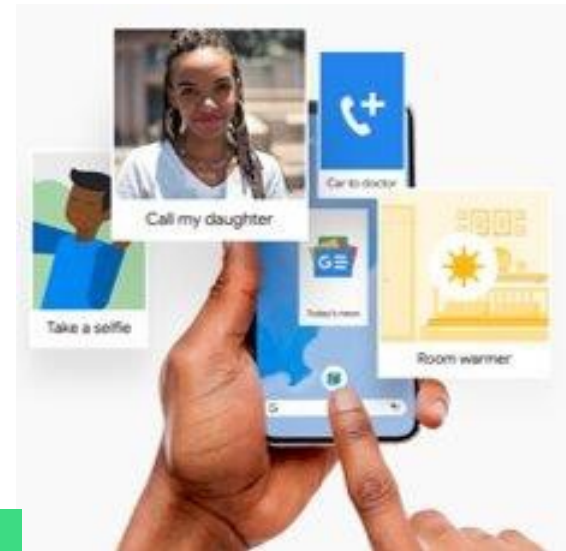
Google Family Bell –

- ✓ Announces reminders based on schedule



Google Action Blocks

- ✓ Makes tablets & smart phones accessible
- ✓ Can be used as a communication device
- ✓ You do not need to be able to read to use



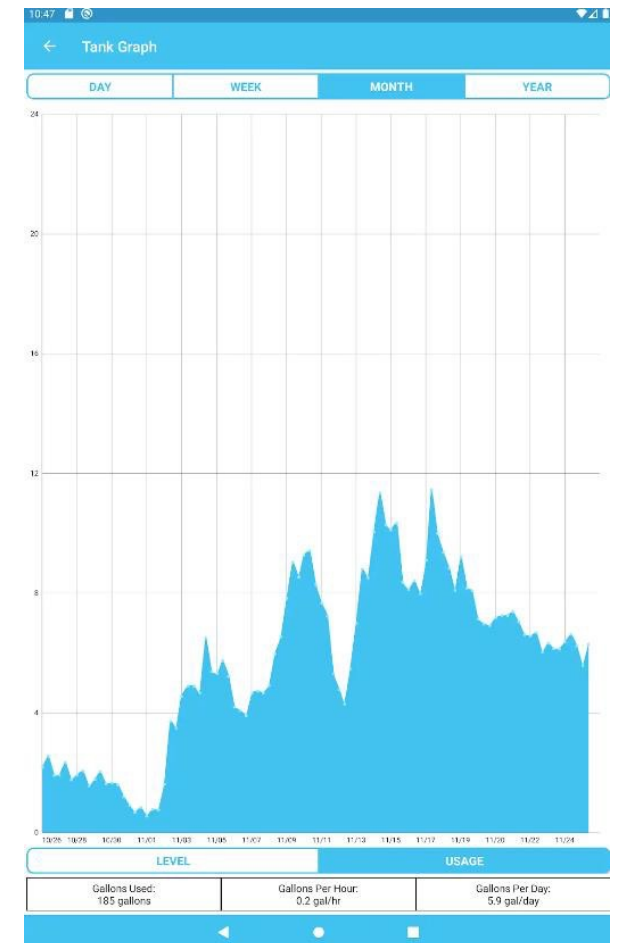
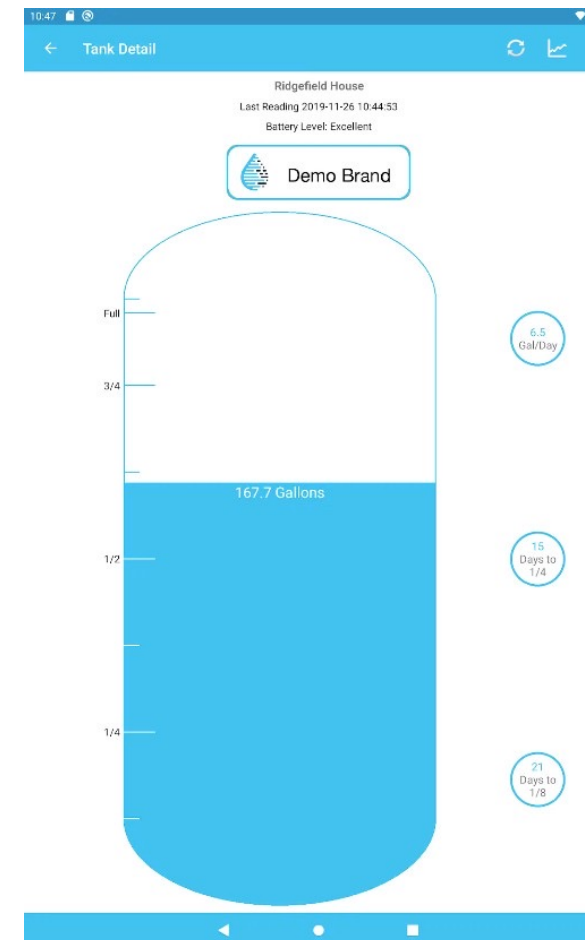
Around the House

- ✓ Nest thermostat
- ✓ MYSA thermostat
- ✓ Schlage lock
- ✓ Doorbell
- ✓ Lights
- ✓ Motion sensors
- ✓ Open\close sensors
- ✓ Buttons
- ✓ Blinds
- ✓ Speaker
- ✓ Independent Living -
 - ✓ Smart door lock
 - ✓ Google Hub Max
 - ✓ Help Button - Bathroom
 - ✓ Motion Sensors
 - ✓ Floor mats - front door, bathroom
- ✓ Routines
 - ✓ Freezer\Refrigerator Temperature Sensor
 - ✓ Check in button – every hour



Smart Oil Gauge

- ✓ Check your tank from your phone anywhere or anytime
- ✓ Receive text and email alerts when the tank is low, needs to be filled
- ✓ See how long your tank lasts and budget accordingly



Questions & Answers

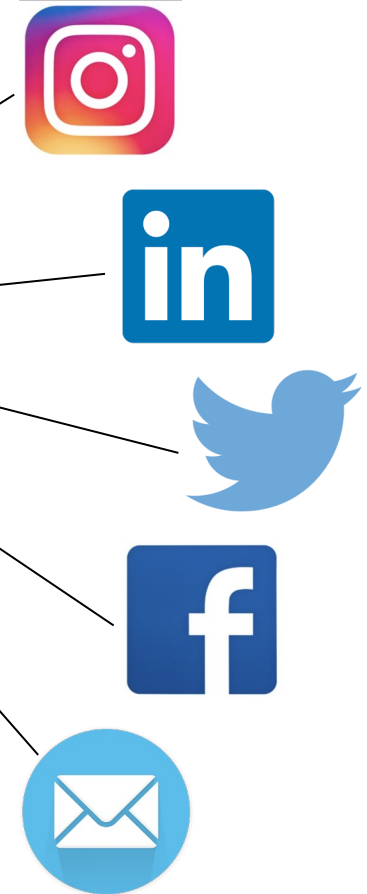
Contact – Laurie Dale _personaltechsol@gmail.com

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Thank You for Joining Us Today!

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THANK YOU!



Mountain Plains (HHS Region 8)

MHTTC

Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration