



# Peer Recovery Specialist ECHO

## SAMHSA's Four Dimensions of Recovery Wellness Wheel Case Form



INDIAN + COUNTRY  
**ECHO**

### Presenter Information

Date: \_\_\_\_\_ Presenter: \_\_\_\_\_ Organization: \_\_\_\_\_  
Primary Job Duties: \_\_\_\_\_

### Peer Information

Peer Gender: \_\_\_\_\_ Age: \_\_\_\_\_ Tribal Affiliation: \_\_\_\_\_

Check if follow-up to a previous case:

Question for Council: \_\_\_\_\_

#### HEALTH

Health can be overcoming or managing one's disease(s) or symptoms, and making informed, healthy choices that support physical and emotional well-being. **How is health being impacted?**

#### HOME

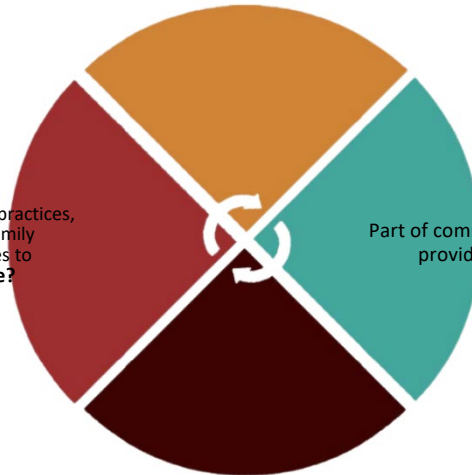
Home is having a stable and safe place to live. **What does home look like?**

#### PURPOSE

Purpose can be in cultural, spiritual, ceremonial or religious practices, meaningful daily activities (job, school, volunteerism, family caretaking, creativity), independence (income/resources to participate in society). **What is influencing purpose?**

#### COMMUNITY

Part of community is having relationships and social networks that provide support, friendship, love, and hope. **What does community look like right now?**



Council Recommendations: \_\_\_\_\_