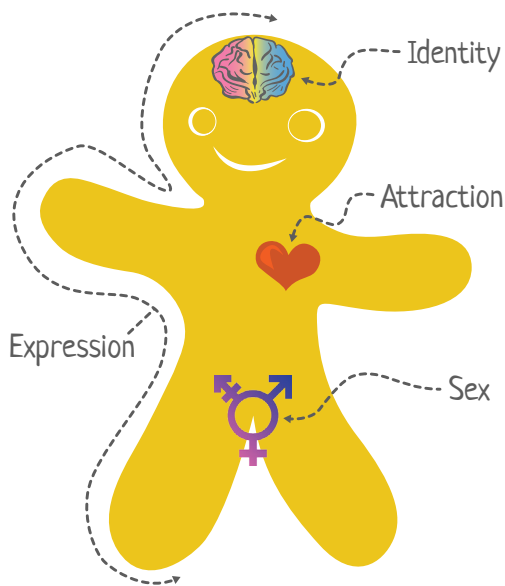


Gender Diversity Continuum

There are many ways to talk about the gender identity continuum. Below, you will find two approaches to understanding and talking about this concept, along with free resources related to each conceptualization. Both concepts take into account that gender identity, expression, sex, and attraction are all unique components that make up a person's gender.

The Genderbread Person v4 *by its pronounced METROsexual.com*



The Genderbread Person depicts the components of gender identity and shows that there are spectrums of femininity and masculinity. Another spectrum is titled Anatomical Sex and refers to physical traits an individual is born with that may be perceived as feminine or masculine.

For more resources on the Genderbread Person including this handout, handout with definitions, and a blank handout see: Person version 4 - itspronouncedmetrosexual.com

⊖ means a lack of what's on the right side

Gender Identity

- ⊖ → Woman-ness
- ⊖ → Man-ness

Gender Expression

- ⊖ → Femininity
- ⊖ → Masculinity

Anatomical Sex

- ⊖ → Female-ness
- ⊖ → Male-ness

Identity ≠ Expression ≠ Sex
 Gender ≠ Sexual Orientation

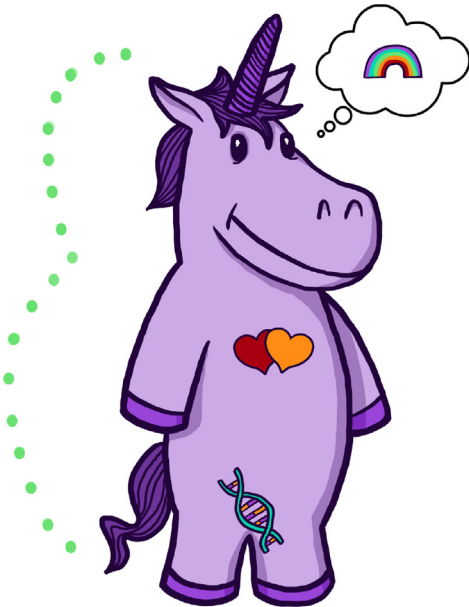
Sex Assigned At Birth
 Female Intersex Male

- Sexually Attracted to...** and/or (a/o)
- ⊖ → Women a/o Feminine a/o Female People
 - ⊖ → Men a/o Masculine a/o Male People

- Romantically Attracted to...**
- ⊖ → Women a/o Feminine a/o Female People
 - ⊖ → Men a/o Masculine a/o Male People

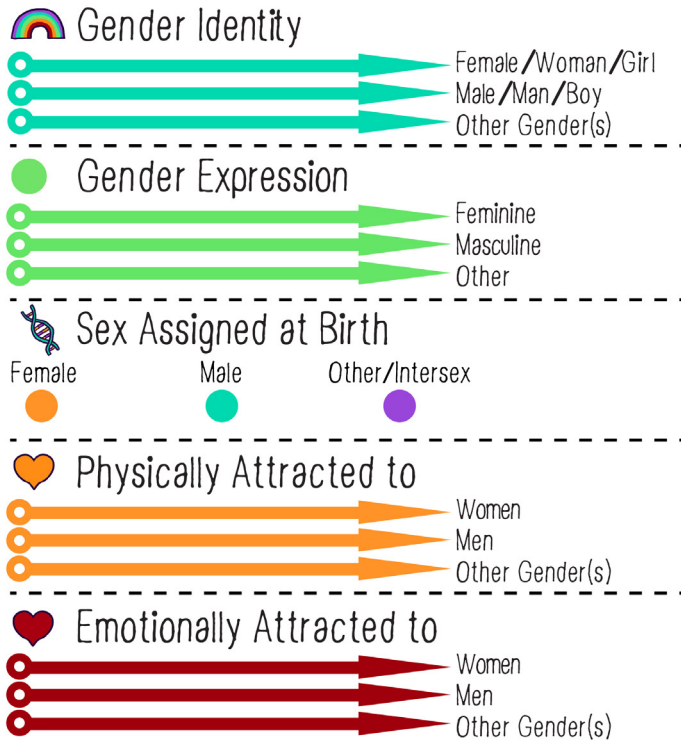
The Gender Unicorn

Graphic by:
TSER
Trans Student Educational Resources



To learn more, go to:
www.transstudent.org/gender

Design by Landyn Pan and Anna Moore



The Gender Unicorn is a similar graphic. However, it adds a spectrum for Other within each topic area to represent the genders outside of the western dichotomy. They have also removed the spectrum for anatomical sex. Finally, they've changed the language for attraction which relates more with sexual orientation but can be adjacent to gender.

INSERT Hyperlink: For more resources on the Gender Unicorn including coloring pages and translated handout in 14 languages see: [Gender Unicorn - \(transstudent.org\)](http://Gender Unicorn - (transstudent.org))

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