

Hispanic Heritage Month Learning Challenge



[Hispanic Heritage Month](#) is celebrated annually from September 15 to October 15 in the United States to recognize the contributions and influence of Hispanic Americans in the United States. While Hispanics have made and continue to make significant contributions to society, health inequities persist. This year, join the [Ohio Association of County Behavioral Health Authorities \(OACBHA\)](#) in our learning challenge as we seek to gain a better understanding of the Hispanic heritage, culture, barriers to behavioral health care, and how to address the systemic inequities faced by this growing population.

The Hispanic Heritage Month Learning Challenge follows three major themes:

Context provides a deeper understanding of this community with a special focus on Ohio populations.

Social Issues & Disparities offers information on issues faced by Hispanic individuals and their behavioral health.

Solutions offers insights on enhancing your cultural competency and improving your work with Hispanic communities.

		Context	
September	15	Who is Hispanic?	
	16	Is it Hispanic, Chicano/Chicana, Latino/Latina, or Latinx?	
	19	What Being Hispanic and Latinx Means in the United States	
	20	Ohio's Growing Minority Population: An Analysis of the Hispanic/Latino Community	
	21	Oral History of Hispanics in Ohio	
	22	I'm Mexican. Does that change your assumptions about me?	
			Social Issues & Disparities
	23	Latinos Often Lack Access to Healthcare and have Poor Health Outcomes. Here's How We Can Change That	
	26	How Fear of Immigration Enforcement Affects the Mental Health of Latino Youth	
	27	Strict Immigration Policies Affect Latino Mental Health	
October	28	Many Hispanics Lack Access to Key Community Determinants of Health	
	29	Hispanic health in the USA: a scoping review of the literature	
	30	Mental Health, Suicidal Ideation, and Opioid Use among Hispanics & Latinos in Ohio	
	3	Mental Health Bytes: Mental Health Disparities Among Hispanic and Latino Populations	
	4	Barriers in Mental Health Services for Trans, Queer, and Non-binary Latinx Communities	
	5	The Opioid Crisis and the Hispanic/Latino Population: An Urgent Issue	
	6	The Impact of COVID-19 on Hispanic & Latinx Communities Part I and Part II	
			Solutions
	7	Working with Latino/a and Hispanic Patients	
	10	Marketplace and Literature Review of Spanish Language Mental Health Apps	
11	The DSM-5 Cultural Formulation Interview (CFI) Overview and Recent Development		
12	Stress & Trauma Toolkit for Treating Hispanics in a Changing Political and Social Environment		
13	Improving Depression Literacy and Reducing Stigma in the Hispanic and Latino Community		
14	Latinos in Ohio: Transcending Barriers Through Cultural Competence		

