



About the Integration of Behavioral Health into Pediatric Primary Medical Care:

To improve access to care and build the workforce of behavioral health professionals, the federal Substance Abuse and Mental Health Services Administration (SAMHSA) and the Health Resources and Services Administration (HRSA) support programs that train a wide variety of professionals to integrate behavioral health services within primary care medical practices, often referred to as integrated primary care (IPC). IPC involves the creation of integrated “medical homes” where the physical and mental behavioral health needs of children and families can be addressed in a single site. Research in pediatric IPC demonstrates improved access to care, higher levels of patient satisfaction, increased cost efficiency, and reductions in stigma that have traditionally been associated with seeking behavioral health care.

Training and Technical Assistance

The Mid-America Mental Health Technology Transfer Center (MHTTC) partners with a variety of professionals (behavioral health providers, primary care physicians, hospital/clinic administrators, etc) as well as state mental health authorities, universities, and provider organizations in Iowa, Kansas, Missouri, and Nebraska to train and provide technical assistance in integrated primary care (IPC). At the Mid-America MHTTC, we specifically focus on the application of IPC with pediatric populations. Training provided through MHTTC in IPC addresses the unique needs and strengths of medical practices and surrounding communities in the treatment of children with behavioral health concerns. Technical assistance is available for both implementation and sustainability of IPC programs.




Training and technical assistance is available to improve the knowledge base and competencies of the behavioral health workforce. Ultimately, the mission of the MHTTC is to increase access to behavioral healthcare, to develop the behavioral health workforce, and improve quality of behavioral healthcare services. Training and technical assistance are available in-person and virtually.

Contact Us

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Integrated Care Training Topics

The Mid-America MHTTC provides training to supplement education offered in traditional graduate training programs. Specific areas addressed in the MHTTC Integrated Primary Care (IPC) include:

- Establishing Integrated Primary Care (IPC)
- Screening in IPC
- Business Models in IPC
- Co-Occurring behavioral health and Medical Conditions
- Use of telehealth in IPC
- Workflow Management in IPC
- Treatment of Common Behavioral health conditions in childhood and adolescence
- Provider Wellbeing (Including the ARC Curriculum)
- Social determinants of health and considerations for managing infants and young children in IPC

Mid-America MHTTC Resources

Resources offered for pediatric integrated primary care (IPC) include:

- On-site or virtual consultation to prepare primary care practices for IPC
- Technical assistance on business applications in IPC
- Staff training on competencies in IPC
- Data collection procedures for assessing program success
- Preparation of organizational supports for sustainability



1 in 5

Children experience behavioral health concerns across development

How can we help with behavioral health integration?

- For medical practices and/or providers interested in pediatric integrated primary care (IPC), our Mid-America MHTTC provides technical assistance on starting up and implementing IPC programs.
- For medical practices currently involved with IPC practices, the MHTTC offers training and consultation. Continuing education is available.
- For graduate students interested in careers in IPC, the MHTTC provides training and technical assistance in IPC.

Other Mid-America MHTTC Training Programs

In addition to its focus on integrating behavioral health in primary medical care, the MHTTC provides training and technical assistance in: 1) school mental health, 2) serious mental illness, and 3) behavioral workforce development. Please contact us for more information on specific areas of focus.