



Northeast and Caribbean (HHS Region 2)

MHTTC

Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

Devereux
ADVANCED BEHAVIORAL HEALTH

CENTER FOR
EFFECTIVE SCHOOLS

POWER Program Training Opportunity: Targeted Groups for Emotional Regulation Positive Outcomes With Emotional Regulation (POWER) Program

The Northeast & Caribbean Mental Health Technology Transfer Center invites your school to participate in a Fall 2022 workshop focused on the newly developed Tier 2 program, **POWER: Positive Outcomes With Emotional Regulation**.

POWER Program Overview:

The POWER program is a manualized 8-session group school-based intervention program designed to promote emotion regulation skills for middle and high school students with or at risk of developing mental and behavioral health needs. The POWER program incorporates techniques that have been found to be effective across adolescents with different types of emotion-related mental and behavioral health needs. As a targeted intervention, the POWER program is designed to be implemented at Tier 2 within the multi-tiered systems of support (MTSS) framework.

POWER Program Training Opportunity:

As a part of the launch of POWER in our region, we are inviting schools to participate in a collaborative workshop in which schools will receive support for the implementation of the program and training to facilitate the 8-session group curriculum.

Ideal staff to attend the workshop:

- School Counselors
- Teachers
- School Social Workers
- Social Emotional Learning (SEL) Coordinators
- School Psychologists
- Other school staff (e.g., health teachers, gym teachers, wellness staff, etc.)

INFORMATION & REGISTRATION

Please attend one of the below sessions to learn about POWER

Thursday, October 6, 2022

8:00-11:00 am ET

Register: bit.ly/3Q8jvUd

Tuesday, October 11, 2022

12:00-3:00 pm ET

Register: bit.ly/3Tuip0N

Thursday, October 13, 2022

2:30-5:30 pm ET

Register: bit.ly/3B5tCVB

Registration will be limited to 30 participants for each session.

For more information, please contact northeastcaribbean@mhttcnetwork.org

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