

SCHOOL MENTAL HEALTH Y2 Report (August 2019-2020)



Mid-America (HHS Region 7)

MHTTC

Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

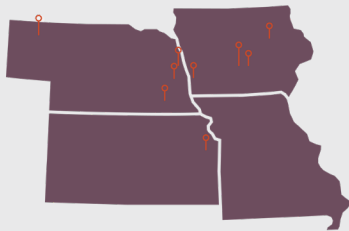
School mental health is a central component of the Mid-America MHTTC's training and technical assistance. Our Center's leadership planned to prioritize improving students' access to mental health services from Day 1, and an annual supplemental grant allows us to invest substantial resources into our work with school districts.

This report provides an overview of our work through the Mid-America MHTTC's second grant year.



REALIZATION OF TECHNICAL ASSISTANCE (TA) INITIATIVES

2019-20 Learning Community



Fast Facts:

10 TEAMS
82 PARTICIPANTS
6 MONTHS
3 STATES

This learning community helped improve state and district capacity to implement effective multi-tiered systems of school mental health support.

Millard Public Schools (Omaha)

Fast Facts:

114 BEHAVIOR COACHES
28 COACHES OF COACHES
9 MONTHS
24,000 STUDENTS REPRESENTED

This TA helped implement a comprehensive training model for addressing behavioral and mental health across MPS's 35 schools in the Omaha area.

CURRICULUM DISSEMINATION

Training of Trainer Events · Demonstration Projects · Conference Presentations

The backbone of our school mental health training initiatives is the **National School Mental Health Curriculum**, which provides in-depth guidance for implementing comprehensive school mental health in states, districts, and schools.

Topics in
Education
Symposium
NOV 2019

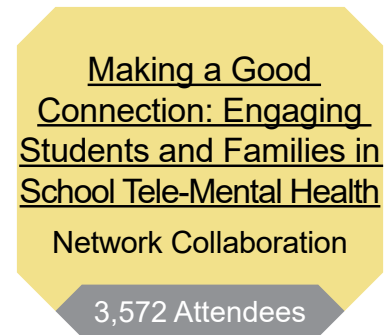
Nebraska MTSS
Conference
Presentation
SEPT 2019

School Mental
Health Training of
Trainers Modules
JULY 2020

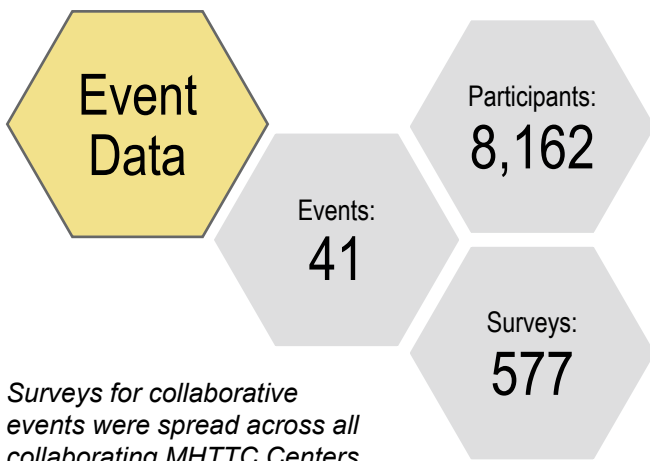
MH Services
Professional
Demonstration
Project
NOV 2019

PANDEMIC RESPONSE

The outbreak of the COVID-19 pandemic in early 2020 spurred the development of nationwide programming and resources responsive to a slate of novel needs. The following resources were developed for school mental health providers:



AUDIENCE



As a SAMHSA-funded entity, our Center is required to administer event feedback surveys to trainees. 577 school mental health trainees completed surveys and provided overall positive feedback.

93%
Would recommend trainings to a colleague

90%
Satisfied or very satisfied with overall quality of trainings

91%
Strongly agree or agree trainings will benefit their PD and/or practice

LOOKING TOWARD THE FUTURE



Burnout has always afflicted school mental health providers and educators, but the COVID-19 outbreak has worsened its impact. In summer 2020, our Center began planning training and technical assistance around the **Adult Resiliency Curriculum, or ARC**, geared toward enhancing teacher well-being.

This programming includes the development of a series of webinars, online training modules, and intensive TA with schools, districts, and other student-focused entities.