The Mid-America Mental Health Technology Transfer Center (MHTTC) provides technical training and assistance in integrated care, school mental health, serious mental illness, and behavioral health workforce development across HHS Region 7.

This report provides an overview of our work in our third grant year.



## **Overview**

Year 3 was characterized by new challenges, valuable lessons learned, and resilience. In 2020, health care professionals were in the depths of responding to the COVID-19 pandemic, and as such, many of our training offerings and technical assistance reflected those needs. Year 3 also saw the continuation of the Center's efforts to double down on racial equity considerations across all areas of focus, including providing trainings on cultural responsiveness in integrated care and how to address social determinants of health. We targeted efforts towards provider well-being through the dissemination of newly developed curriculum resources including video modules, workbooks, and webinar trainings. Furthermore, network collaboration allowed us to conduct a national summit on Organizational Wellbeing.

## By the Numbers

90.46% — surveyed trainees satisfied or very satisfied with Y3 trainings

159 - new products + resources available online

3,486 – products + resources accessed online

96 – free trainings available to public

16 - national collaborations





# **Rapid Response to Emergent Needs**

Throughout Year 3, we devoted ample time to:

- Building capacity to respond to the COVID-19 pandemic in integrated primary care settings
- Strengthening clinicians' comfort with telehealth and other new technologies; and
- Providing well-being support to front-line health care workers and educators

## **Standout Trainings**

#### August 2021

Organizational Well-Being in Health
Care: A National Symposium

#### July 2020 - May 2021

Coming Home to Primary Care:
Pediatric Integrated Health Webinar
Series

### August 2020 - May 2021

Family Peer Support: An Emerging Workforce

### **Standout Resources**

Holiday Resource Guide
137 Downloads

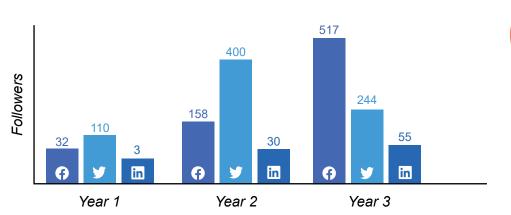
Farm Stress Grab-n-Go Kits

436 Downloads

HHS Region 7 Equity Resource
Packet

143 Downloads

## Online Reach



#### Website Statistics

