



Year 4 Highlights

Our Mission

The South Southwest MHTTC serves U.S. Department of Health and Human Services Region 6, including Arkansas, Louisiana, New Mexico, Oklahoma, and Texas. Our population of focus is mental health clinicians, supervisors, and program managers serving individuals with or at risk of serious emotional disturbances (SED) or severe mental illness (SMI); peer support providers; community mental health, health, or peer-run organizations; and single state agency administrators focused on comprehensive state public mental health systems.

SOUTH SOUTHWEST MHTTC IMPACT



6,288
participants



134
events



14,268
visitors

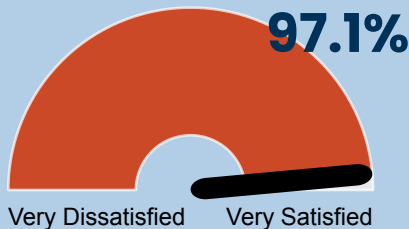


1,532
downloads

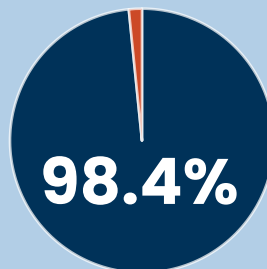


2,710
viewers

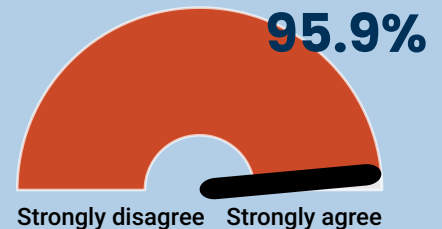
PARTICIPANT RESPONSES



How satisfied are you with the overall quality of this event?



I would recommend this training to a colleague.



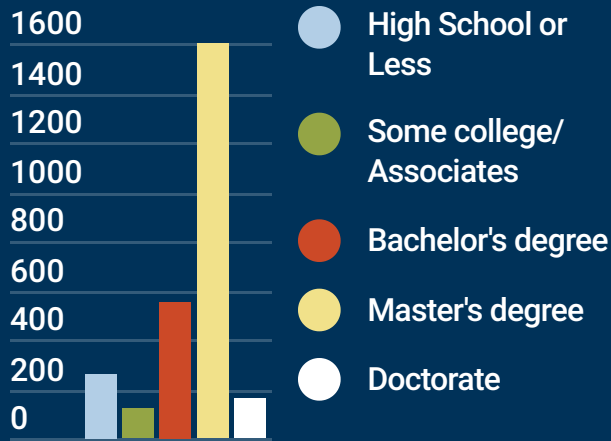
The information from this event has benefitted my professional development or practice.



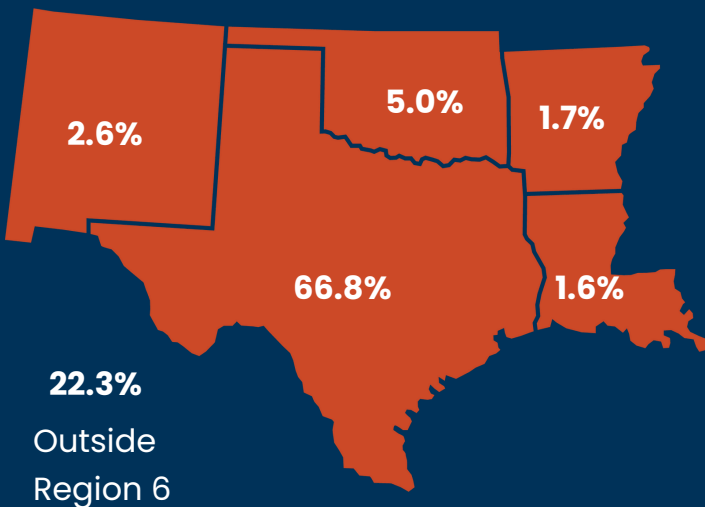
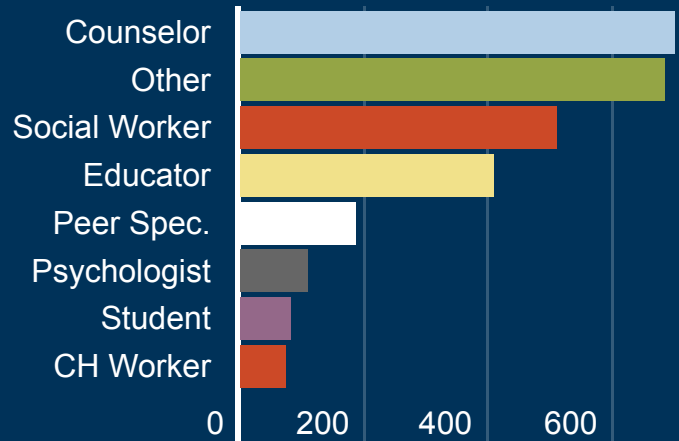
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PARTICIPANTS AT SOUTH SOUTHWEST EVENTS

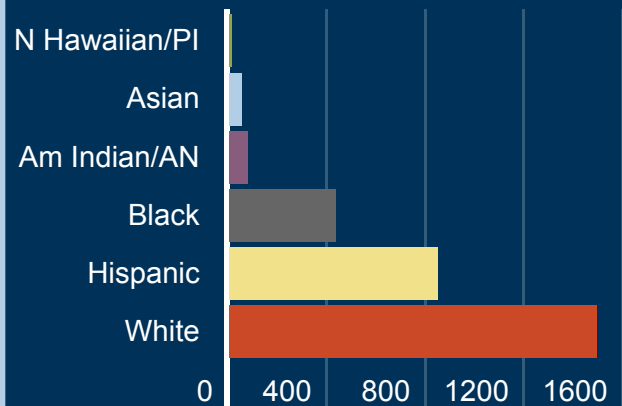
Participant Education



Participant Professional Role



Race and Ethnicity



Gender



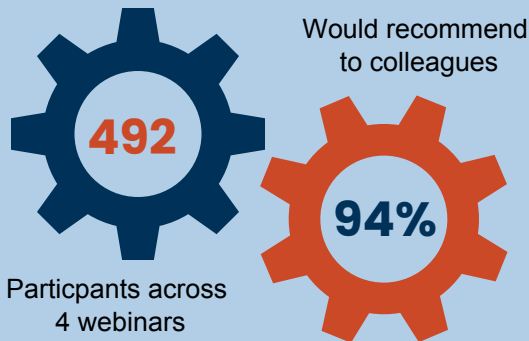


Year 4 Highlights

EVENT HIGHLIGHTS – CORE GRANT

CULTURAL FORMULATION INTERVIEW

The South Southwest MHTTC offered a five-part series in a clinical storytelling process between provider and individual that centers cultural humility and understanding of mental health.



FIRST EPISODE PSYCHOSIS REGIONAL CONFERENCE

The South Southwest MHTTC hosted a hybrid conference for providers working with young people experiencing psychosis and their families. The conference offered keynote presenters, panels, and opportunities for networking and visioning.



Students with Psychosis Panelists

OTHER HIGHLIGHTED EVENTS

- ⚙ Ethical Practices in Native Communities: A Native Provider Perspective
- ⚙ What is Peer Support Series: Five Critical Functions of Supervision in Practice
- ⚙ Certified Medicine Coaching
- ⚙ Browning Counseling: Working with Latinx Clients
- ⚙ Trauma-Informed Resilience Oriented Leadership
- ⚙ The Trauma and Grief Component Therapy for Adolescents
- ⚙ Introduction to the Ages and Stages Questionnaire
- ⚙ Person-Centered Recovery Planning: Using SmartCare EHR

I now have the information and training necessary to start this work.



Year 4 Highlights

EVENT HIGHLIGHTS – SCHOOL SUPPLEMENT

**PROJECT AWARE TEAMS
DARE TO LEAD**

Project AWARE teams from the five states in Region 6 joined together to learn leadership strategies for tackling challenges and strengthening teams. State and district teams had the opportunity to plan together and share ideas among peers.

100%

Would recommend to a colleague



STRESS MANAGEMENT AND RESILIENCY FOR EDUCATORS



The South Southwest hosted a training in the evidence-based Stress Management and Resiliency Training (SMART) for educators. SMART focuses on key tools to increase focus, positive emotion, and meaning - keys to resiliency.

OTHER HIGHLIGHTED EVENTS

- ★ Creating Supportive Environments for LGBTQ+ Students and Staff in Schools
- ★ Advancing Behavioral Health Collaboration Summit - Schools Can!
- ★ Supporting Educator Wellness and School Mental Health Best Practices
- ★ Texas Suicide Prevention Conference: School and Youth Day
- ★ Cognitive Behavior Intervention in Schools (CBITS)
- ★ School Mental Health Coaching Academy
- ★ Suicide Prevention Best Practices in Schools
- ★ Youth Mental Health First Aid Facilitator Training (TOT)

3,661



Participants