The Southeast Mental Health Technology Transfer Center (MHTTC), funded by the Substance Abuse and Mental Health Services Administration (SAMHSA) in 2018, is dedicated to promoting the implementation and sustainability of evidence-based mental health services in the eight states of HHS Region IV: Alabama, Florida, Georgia, Kentucky, Mississippi, North Carolina, South Carolina, and Tennessee. Our expertise in public health programs, systems, and evaluation provides a unique lens through which we can address mental health priorities.



The Southeast MHTTC worked with regional and national experts, stakeholders, and partners to offer virtual trainings, develop products, and provide intensive consultation during Year Four.











Events

3,200+ **Trained**

Products

7,400+ **Subscribers**

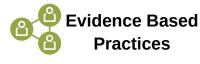
60,000+ **Visitors**

Area of Focus: Public Mental Health

Using a public health framework to develop leadership capacity and train providers, the Southeast MHTTC hosted virtual trainings to improve population outcomes, developed interactive data maps to provide information on regional priorities, and facilitated intensive consultation to achieve organizational change. Notable activities included:

- Mental Health for the Public Health Professional: This intensive training provided participants with foundational knowledge of public mental health and encouraged the incorporation of public mental health promotion into their practice.
- Mental Health Data Visualization Project: Interactive maps displaying regional priorities including 1) suicide and crisis services access and 2) mental health workforce shortage areas
- **Intensive Consultation**: The Southeast MHTTC, in collaboration with the National Council for Mental Wellbeing, facilitated a CCBHC Learning Community to engage regional mental health state leaders and provider organizations in advancing this innovative approach to providing access to integrated and comprehensive mental health care.

Additional Training Areas:







School **Mental Health**



Treatment Engagement

Acceptance & Commitment Therapy | Collaborative Decision Making | Community Resiliency Model Integrated Dual Diagnosis Treatment | Measurement Based Care | Mental Health & Equity Promoting School Preparedness | Recovery-Oriented Care

Year 4 Highlights

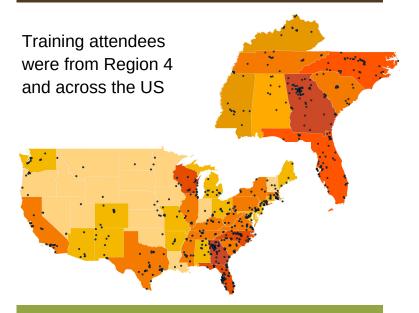
Our Products



2,400 + Downloads

Our products, including webinar recordings, interactive data maps, infographics, reports, and toolkits have been downloaded over 2,400 times.

Our Reach



Our Impact

98%

would recommend to a colleague

93%

satisfied with the overall quality

I intend to download the archived webinar and use a link to it in our orientation training. The information obtained will serve as an invaluable tool to apply in my daily practice.

It refreshed my
excitement of including
each person in the
decision making process
for their recovery.

Spotlight: Peer Perspectives

Peer Perspectives in Mental Health Crisis is a four-part series examining the experiences of Certified Peer Specialists (CPS) as they navigate, utilize, and provide crisis services. The four sessions examined how one defines a crisis, the different peer perspectives on and experiences with crisis, the factors that lead to the criminalization of crisis, and potential alternatives for preventing and responding to a crisis.

Spotlight: Medicaid FAQs Report

Challenges related to school mental health financing, specifically through Medicaid, is a high priority for the region. The Southeast MHTTC School Mental Health Initiative developed and published a <u>33-page report</u> on this topic that describes how schools can finance school mental health services through Medicaid by answering frequently asked questions.

Collaboration

The Southeast MHTTC co-sponsored events with Region IV partners and participated in MHTTC-wide and TTC-wide workgroups.

- Region IV Public Health Training Center
- SAMHSA Regional Administrator, the Region IV Administration of Children and Family, the Region IV Addiction Technology Transfer Center
- Building Health Equity and Cultural Responsiveness | Dissemination & Implementation | Early Psychosis | Workforce Development | Cross-TTC Evaluators Special Interest Group







