



WHO WE ARE:

The Great Lakes MHTTC provides high-value training and technical assistance targeted to local needs in Health and Human Services Region 5. We are housed at the Center for Health Enhancement Systems Studies at the University of Wisconsin-Madison.

The goals of the Great Lakes MHTTC are to:

- Accelerate the adoption and implementation of evidence-based practices.
- Heighten the awareness, knowledge, and skills of the workforce.
- Develop strategies for delivering culturally informed care with diverse practitioners, researchers, policy makers, family members and consumers of mental health services.
- Increase access to publicly available, free of charge, training and technical assistance to the mental health field.

AREA OF FOCUS: CULTURALLY-INFORMED CARE

A primary goal of the Great Lakes MHTTC is to develop strategies for delivering culturally-informed care with diverse practitioners, researchers, policymakers, family members, and consumers of mental health services. The growing list of racial equity and cultural diversity trainings and resources available from the Great Lakes MHTTC and our Network partners includes:

- [Great Lakes MHTTC Racial Equity and Cultural Diversity Resources](#)
- [MHTTC Network Racial Equity and Cultural Diversity](#)
- [Great Lakes ATTC Culturally Competent Service Delivery](#)
- Great Lakes Current YouTube Channel: [Regional Health Equity and Cultural Competence](#)
- [National Minority Mental Health Awareness Resources](#)

For more information on related training and technical assistance available from the Great Lakes MHTTC, please contact:
Alfredo Cerrato, Senior Cultural and Workforce Development Officer
Great Lakes ATTC, MHTTC, and PTTC
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WHAT WE'VE DONE:

The Great Lakes MHTTC has focused on racial equity, cultural diversity, and minority mental health awareness in a variety of ways. We disseminate information and offer trainings that tackle a variety of topics and address needs within our region. We also partner with other organizations, such as the National Hispanic and Latino MHTTC. Alfredo Cerrato, Senior Cultural and Workforce Development Officer for the Great Lakes MHTTC, ATTC, and PTTC, provides project management for our culturally-informed training and technical assistance and keeps our center poised to respond to additional needs and perspectives. The Great Lakes MHTTC recognizes the importance of building diversity, equity, and inclusion into all of our trainings. Below are a few of our highlights from Year Four:

[Navigating Behavioral Health Complexities in Midwest Latinx Communities Conference, Bloomington, MN, May 5-6, 2022](#)

This conference co-sponsored by Great Lakes MHTTC, National Hispanic and Latino MHTTC, and El Consorcio (MN) focused on cultural considerations for addressing mental health issues in the Latinx population.

[Crisis Response for LGBTQ+ Populations](#)

This webinar addresses the critical need for the crisis continuum to respond to the unique needs of the at-risk LGBTQ+ population. The training focuses on crisis services for the LGBTQ+ population, understanding identity, and other key issues.

[Addressing Implicit Bias: Exploring Strategies for Success](#)

Implicit biases can influence communication, decision-making, and perceptions and beliefs about others. They can also influence efforts to promote an inclusive and diverse environment. This workshop explores approaches for increasing awareness of implicit biases and their impact on others.

WHAT WE'VE DONE (CONTINUED)

[Supporting Resiliency: Culturally Sensitive & Developmentally Appropriate Assessment & Interventions from Infancy to Adolescence, Part I- Foundations of Resilience: Working with Children and Teens](#)

Part 1 of 9 of the [Supporting Resilience in Children & Youth Learning Series](#).

This 2-hour workshop is the first in the Supporting Resilience for Children and Youth series. This presentation will discuss what resilience is (and is not), how we can work with children and adolescents to build resilience skills, and how brain development at different developmental stages provides different opportunities to build resiliency skills. Our discussions will be grounded in the Diversity-Informed Tenets for Work with Infants, Children, and Families (established by the Irving Harris Foundation), which outline a set of strategies and tools focused on diversity, inclusion, and equity principles.

[Applying a Trauma- Informed Lens to Embrace Diversity, Equity and Inclusion](#)

This 2-hour workshop is the fourth of a Trauma-Informed/Resiliency Series developed for leaders and organizations interested in cultivating and sustaining a trauma-informed culture. Becoming a trauma-informed organization requires committing to a culture of diversity, equity, and inclusion. Due to the widespread impact of trauma and racism experienced by children and families, especially underrepresented communities, a deeper understanding of Adverse Childhood Experiences (ACEs) is imperative. The emerging C-ACEs will be discussed as well as the ADDRESSING Cultural Framework.

This workshop is intended to take an honest look at the many forms of racism, socio-cultural events, and their impact on health equity. Presenters will review key elements of diversity, equity, inclusion, and belonging. Using the trauma-informed lens will help create an equitable future and mitigate further familial, generational, systemic racism and trauma.

OUTCOMES

- Outcomes are often hard to quantify as we aim to interweave the topics throughout all of our trainings. Specific events that focused on diversity, equity and inclusion topics in Year 4 alone included over 18 events with over 1,900 participants.
- Please also see the product developed for the Great Lakes MHTTC: [Desk Guide: Building Your Toolkit to Serve the LGBTQ Community](#)

THE GREAT LAKES MHTTC OFFERED 18 DEI EVENTS IN YEAR 4



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"I really appreciate the information about family, cultural context, marianismo, and protective factors. Really all the content was very helpful."

"Latinx statistics were alarming- I had no idea!"

VOICES FROM THE FIELD

"As a former EC parent educator, this resonated with me. Now, as I work in the community, it will help me as my coalition begins its needs assessment. One area that I'd like to be mindful of is providing supports to families."

"Thankful for the free opportunity. Presenter shared evidence-based general information along with practical application, the best kind of event!"

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QUESTIONS?

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