

Session 4 Additional Resources

The Power of Relationships in Schools

<https://youtu.be/kzvm1m8zq5g>

Mood meter article: <https://www.greatschools.org/gk/articles/the-mood-meter-a-tool-for-developing-greater-self-awareness-and-awareness-of-others/>

Trauma-Informed Schools Video

<https://youtu.be/3cbwmo7M0Tw>

Trauma-Informed Schools – County Health Ranks & Roadmaps

<https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/trauma-informed-schools>