

Additional Resources:

<https://www.cherokeehealth.com/professional-training/integrated-care-training-academy> This is Cherokee Health System. They have provided training for Spectra and CHAD, the primary care association.

<https://www.beachybauman.com/> Drs. Beachy and Bauman are experts in integrated behavioral healthcare. They are both psychologists who studied under one of the founders of Acceptance and Commitment Therapy, who created a primary care version called FACT or Focused Acceptance and Commitment Therapy.

<https://www.cfha.net/> Collaborative Family Healthcare Association has a lot of great information on integration and they put on a great conference every year. Worth being a part of their network.