



New England (HHS Region 1)

ATTC

Addiction Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

New England Addiction Technology Transfer Center (New England ATTC)

SAMHSA #H79 TI080209



BROWN UNIVERSITY



FEBRUARY 13 - 16 *2023*

REGIONAL TRAINING EVENT

Honoring Workforce
Solutions to Support Care
for Communities of Color



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Welcome and Program Overview

Day Three:

**Peer Recovery Workforce:
Multiple Pathways**



**2023 Innovations
Regional Training Event
Day Three**



**Peer Recovery Workforce:
Multiple Pathways**

- 11:00 a.m. Welcome and Program Overview**
Michele Stewart-Copes, MS, MSW, CEO
System for Education Equity and Transition
- 11:10 a.m. Setting the Stage for the Day: Multiple Pathways of Recovery & the Peer Workforce**
Haner Hernandez, PhD, CPS, CADCI, LADCI
Trainer & Facilitator, New England ATTC
- 11:30 a.m. Featured Presentation: Recovery Education Collaborative**
Fostering self-determination, long-term recovery, and overall health and wellness.
Julia Ojeda, MEd, Recovery Support Services Statewide Coordinator
MA Department of Public Health, Bureau of Substance Addiction Services
- 12:00 p.m. Mindful Break**
Kelvin Young, Certified Sound Healer, Kelvin Young, LLC
- 12:10 p.m. Innovation Spotlight: Inclusion and Belonging in the Field**
Panel discussion with presenters from the Massachusetts Commission for the Deaf and Hard of Hearing, Rhode Island Communities for Addiction Recovery Efforts (RICARES), and the Parent Support Network of Rhode Island
- 12:35 p.m. Panelists Q&A**
Facilitated by Haner Hernandez and Michele Stewart-Copes
- 12:55 p.m. Evaluation and Day 3 Closeout**



Multiple Pathways of Recovery and the Peer Support Workforce

Haner Hernandez, PhD, CPS, CADCI, LADCI
Trainer & Facilitator
New England ATTC

Michele Stewart-Copes, MS, MSW
CEO
System for Education Equity and Transition



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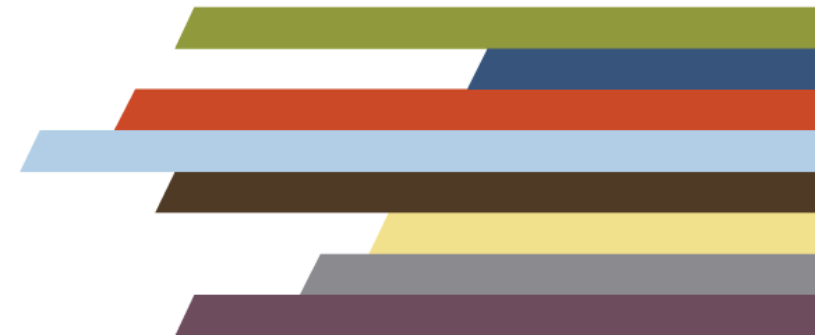
Multiple Pathways of Recovery and the Peer Workforce

Michele Stewart-Copes, MS, MSW

CEO, System for Education Equity and Transition

Haner Hernández, PhD, CPS, CADCI, LADCI

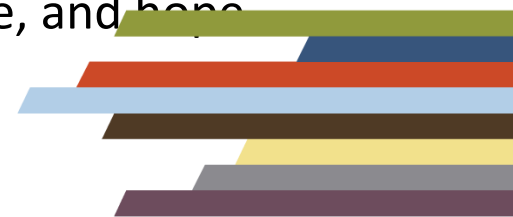
Trainer and TA Facilitator, New England ATTC



Recovery is..... (SAMHSA)

A process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential. The four dimensions of recovery are:

- **Health:** living in a physically and emotionally healthy way as well as overcoming or managing one's disease(s) or symptoms;
- **Home:** a stable, safe and recovery conducive place to live;
- **Purpose:** meaningful daily activities, such as a job, school, volunteerism, family caretaking, or creative endeavors, and the independence, income and resources to participate in society; and
- **Community:** relationships and social networks that provide support, friendship, love, and hope



Recovery is..... (William White, 2009)

“The experience of a **meaningful productive life within the limits imposed by the risks of addiction**. Recovery is both the **acceptance and transcendence of limitation**. It is the **achievement of optimal health** – the process of rising above and **becoming more than an illness**.

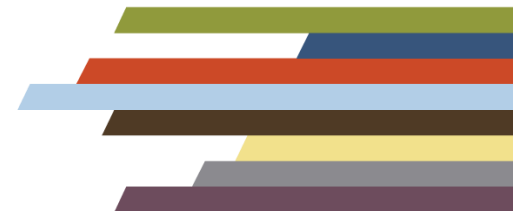
Recovery in contrast to treatment is both done and defined by the person recovery.”



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Peers Workers Are.....

People **with the lived experience of recovery from a mental health condition, substance use disorder, or both**. They provide support to others experiencing similar challenges. They provide **non-clinical, strengths-based support** and are “experientially credentialed” by their own recovery journey (Davidson, et al., 1999).

Peer support workers **may be referred to by different names depending upon the setting in which they practice**. Common titles include: peer specialists, peer recovery coaches, peer advocates, and peer recovery support specialists.

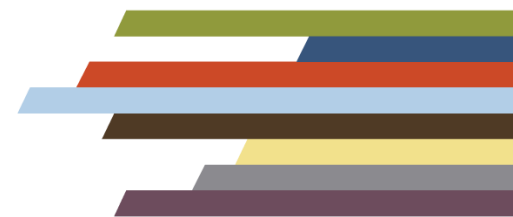
Source: https://www.samhsa.gov/sites/default/files/programs_campaigns/brss_tacs/peer-support-2017.pdf



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Training and Credentialing for Peers

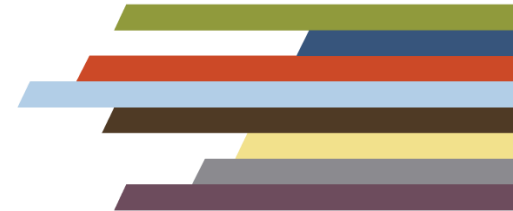
- There are Various Trainings Available Across the Region and Country.
- Credentialing Bodies have Established the Requirements for Training and Work Experience.
- In Some States and Jurisdictions, the Peer is Required to Take and Pass a Written Exam.



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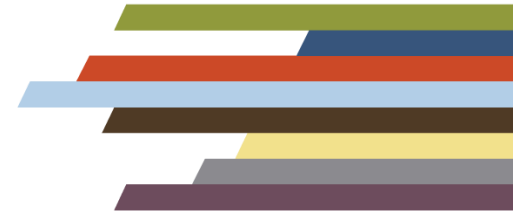
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Challenges from the Field

- Equitable Representation from Communities Disproportionately Impacted
- Lack of Understanding of the Role of Peers: Requiring that Peers Perform Outside of their Scope
- Costs vary in our Region from Free to Substantial Fees for Training and Credentialing
- Criminal Offender Records
- Living Wages with Benefits
- Adequate and Quality Supervision
- Continued Engagement in Recovery Pathway
- Reoccurrence
- Ethical and Boundary Violations
- Others



Training Mantra: People are in Recovery when they say they are!

(Recovery Coach Academy)

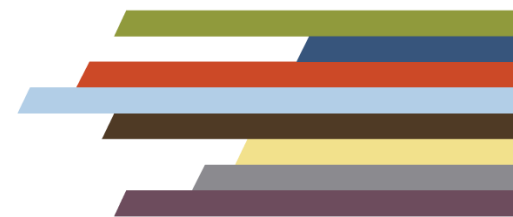


“Recovery in contrast to treatment is **both done and defined by the person recovery.**” (White, 2009)



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**THERES MORE
THAN ONE PATH TO
RECOVERY**

HARM

REDUCTION

SAVES LIVES

Multiple Pathways of Recovery and Getting Better Enable.....

Voice

Choice

Equity!

Empowerment

Self-Determination

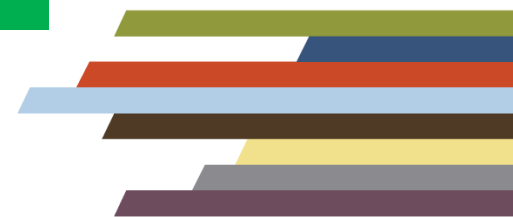
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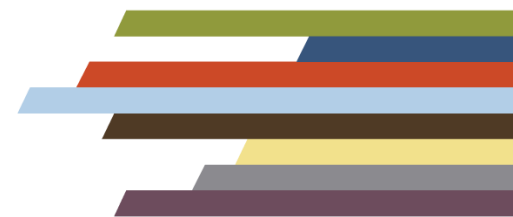
Health Definition

The state of complete physical, mental, social and spiritual well-being. The World Health Organization



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Cultural Neglect

“...the neglect of culture in health is the single biggest barrier to advancing the highest attainable standard of health worldwide.”

The Lancet, Profile, [David Napier: Cultivating the role of culture in health](#), Published Online October 29, 2014.

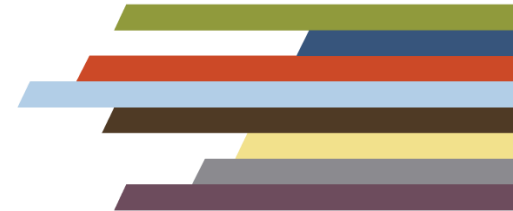
Why is the Observance of Culture So Important?

- Builds Trust
- It Promotes Respect
- It Facilitates Communication
- Reduces Disparities



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Cultural Responsiveness

For Organizations...

Culturally Responsive services are those that are *respectful of, and relevant to, the beliefs, practices, culture and linguistic needs* of diverse consumer/client populations and communities.

Culturally Responsive services comprehensively address power relationships throughout the organization, on different levels of intervention: systemic, organizational, professional and individual.

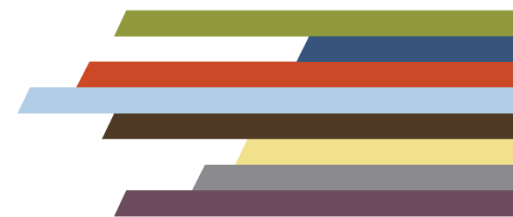
Curry-Stevens, A., & Reyes, M. (2014). Protocol for Culturally Responsive Organizations, <https://www.semanticscholar.org/paper/Protocol-for-Culturally-Responsive-Organizations-Curry-Stevens-Reyes/47b69f803100df60cd38d8b8c843144c4c62b42e>



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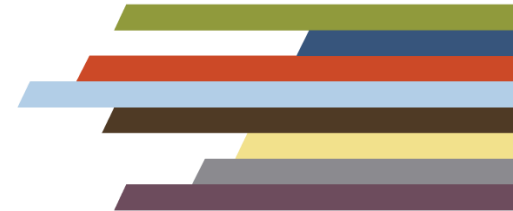
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8 Dimensions of Wellness

- **Physical**
- **Emotional**
- **Occupational**
- **Environmental**
- **Social**
- **Spiritual**
- **Intellectual**
- **Financial**



شكراً جزيلاً
ngiyabonga
tesekkür ederim
merci
danke
謝謝
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Bаярлалаа
спасибо
faafetai lava
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nandri
kiitos
dankie
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misaotra
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mahalo
tapadh leat
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dank je
misaotra
matondo
paldies
grazzi
mahalo
tapadh leat
xвала
asante
manana
obrigada
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enkosu
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shukriya
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merci



CAREERS OF SUBSTANCE



Featured Presentation: Recovery Education Collaborative

Fostering self-determination, long-term recovery, and overall health and wellness.

Julia Ojeda, MEd
Recovery Support Services
Statewide Coordinator

Massachusetts Department of
Public Health
Bureau of Substance Addiction
Services



Kelvin Young
Certified Sound
Healer

Mindful
Break



Karran Larson

Statewide Coordinator
Substance Use and Recovery
Services
Deaf Recovery Coach Program
Manager

Omar Olazabal

Statewide Deaf Recovery
Coach Lead

Laura Peters

Certified Addiction Recovery
Coach

Innovation Spotlight: Inclusion and Belonging in the Field



DEAF RECOVERY COACH

Deaf Recovery Coach Program

Karran Larson, Statewide Coordinator for Substance and Recovery Services for Deaf, Hard of Hearing, and Deaf Blind at MCDHH

Email: Karranlarsonarienti@gmail.com

Videophone: 413-347-4094

Text#: 857-488-5440

Omar Olazabal, Statewide Deaf Recovery Coach Lead at MCDHH

Email: Omar.Olazabal@mass.gov

Videophone: 857-702-9540

Text#: 617-413-3917

Laura Peters, Deaf Recovery Coach at MCDHH

Email: carclpeters@gmail.com

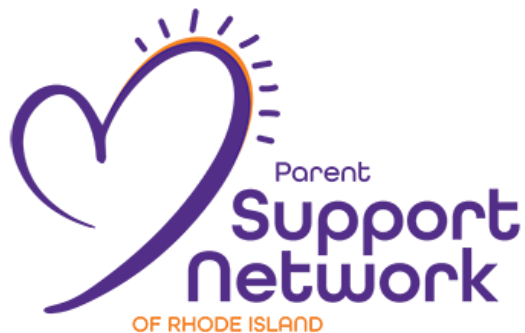
Videophone: 508-449-0010

Text#: 774-462-8327



Sandy Valentine
Executive Director

Tyrone K. Jackson, CTACC
Wellness Director



Innovation Spotlight: Inclusion and Belonging in the Field

Contact Us



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**Haner Hernandez, PhD, CPS,
CADCI, LADCI,**
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Thank
you

We hope to see you at tomorrow's
session, hosted by the
New England Mental Health
Technology Center.



WILLIAM JAMES
COLLEGE
ADEPT CENTER

