

The Zoom Interface

The screenshot shows the Zoom Webinar interface with several key elements and annotations:

- Header:** "Zoom Webinar" title bar, "You are viewing David Terry's screen", and "View Options" dropdown.
- Session View:** "Click here to maximize your session view" and "Enter Full Screen" button.
- Content Area:** TTC Technology Transfer Centers logo, "Thank you for joining us today!", and "You will not be on video during today's session".
- Q&A Window:** "Question and Answer" window with "All questions (1)" and "My questions (1)" tabs. A test question "This is a test question!" is shown. Annotations explain that users can switch between questions and use the Q&A feature to ask questions of the host and presenters.
- Chat Window:** "Zoom Webinar Chat" window. Annotations explain that the chat feature allows users to talk with other people and that the "To" field indicates who will receive the message.
- Bottom Bar:** "Audio Settings" button, "Click Here to adjust your audio settings", "Chat" button, "Raise Hand" button, "Q&A" button, "Click here to leave the session", and "Leave" button.
- Audio Settings Panel:** "Select a Speaker" dropdown with options: "Speakers (Realtek(R) Audio)", "Same as System", "Test Speaker & Microphone...", "Leave Computer Audio", and "Audio Settings...".

All attendees are muted. Today's session will be recorded.

Understanding Human Trafficking for Mental Health Professionals

Session 2: Trauma Bonding, Coercive Control, and Vulnerable Populations

Sophia Jones, Ph.D.

March 9, 2023



Mental Health Technology Transfer Center
Funded by SAMHSA

**Northeast and Caribbean
Region 2**

**General Mental
Health Workforce**

**Provider
Wellness**

**Youth & Young
Adult Services**

**School Mental
Health Workforce**



Northeast and Caribbean (HHS Region 2)

MHTTC

Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

EPBs for serious mental health conditions

Wellness & Recovery for Providers and people with mental health conditions

School Mental Health
Comprehensive, multi-tiered services & supports

Hispanic and Latiné mental health education

Online Education Courses
Wellness Matters, IMR, Functional Thinking & more

Services Available

No-cost training, technical assistance, and resources





Grow Your Knowledge and Skills

Keep up with the latest effective practices, resources, and technologies!

Subscribe to receive our mailings.
All activities are free!



We Want Your Feedback

Our funding comes from the Substance Abuse and Mental Health Services Administration (SAMHSA), which requires us to evaluate our services. We appreciate your honest, ANONYMOUS feedback about this event, which will provide information to SAMHSA, AND assist us in planning future meetings and programs.

Feedback about this training will assist us in developing future trainings that are relevant to your professional needs. Therefore, your feedback counts!



Northeast and Caribbean (HHS Region 2)

MHTTC

Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

Video Recording Information

Please Note:

We will be recording this webinar and posting it to our website along with the presentation slides and any relevant resources.

Disclaimer

This presentation was prepared for the Northeast and Caribbean Mental Health Technology Transfer Center (MHTTC) under a cooperative agreement from the Substance Abuse and Mental Health Services Administration (SAMHSA). All material appearing in this presentation, except that taken directly from copyrighted sources, is in the public domain and may be reproduced or copied without permission from SAMHSA or the authors. Citation of the source is appreciated. Do not reproduce or distribute this presentation for a fee without specific, written authorization from the Northeast and Caribbean Mental Health Technology Transfer Center (MHTTC). This presentation will be recorded and posted on our website.

At the time of this presentation, Miriam Delphin-Rittmon served as Assistant Secretary for Mental Health and Substance Use at SAMHSA. The opinions expressed herein are the views of the speakers, and do not reflect the official position of the Department of Health and Human Services (DHHS), or SAMHSA. No official support or endorsement of DHHS, SAMHSA, for the opinions described in this presentation is intended or should be inferred.

This work is supported by grant H79SM081783 from the DHHS, SAMHSA.

Your Interactions With Us

Question and Answers

- Q & A will occur at the end of the call.
- Type your questions in the Q & A feature in Zoom located on the task bar (hover over task bar).
- Note: your question may be visible to other participants.

Chat and Polls

- Throughout the webinar, we will be asking for your input.
- Use the Chat or Poll features in Zoom located on the task bar.
- You can control who can see your chat comments.

The MHTTC Network uses affirming, respectful and recovery-oriented language in all activities. That language is:

STRENGTHS-BASED
AND HOPEFUL

INCLUSIVE AND
ACCEPTING OF
DIVERSE CULTURES,
GENDERS,
PERSPECTIVES,
AND EXPERIENCES

HEALING-CENTERED AND
TRAUMA-RESPONSIVE

INVITING TO INDIVIDUALS
PARTICIPATING IN THEIR
OWN JOURNEYS

PERSON-FIRST AND
FREE OF LABELS

NON-JUDGMENTAL AND
AVOIDING ASSUMPTIONS

RESPECTFUL, CLEAR
AND UNDERSTANDABLE

CONSISTENT WITH
OUR ACTIONS,
POLICIES, AND PRODUCTS

A woman with dark, curly hair and a nose ring is looking out a window. The window shows a view of a tall building and some greenery under a blue sky with clouds. The woman is in the foreground, looking towards the right side of the frame.

988

SUICIDE
& CRISIS
LIFELINE

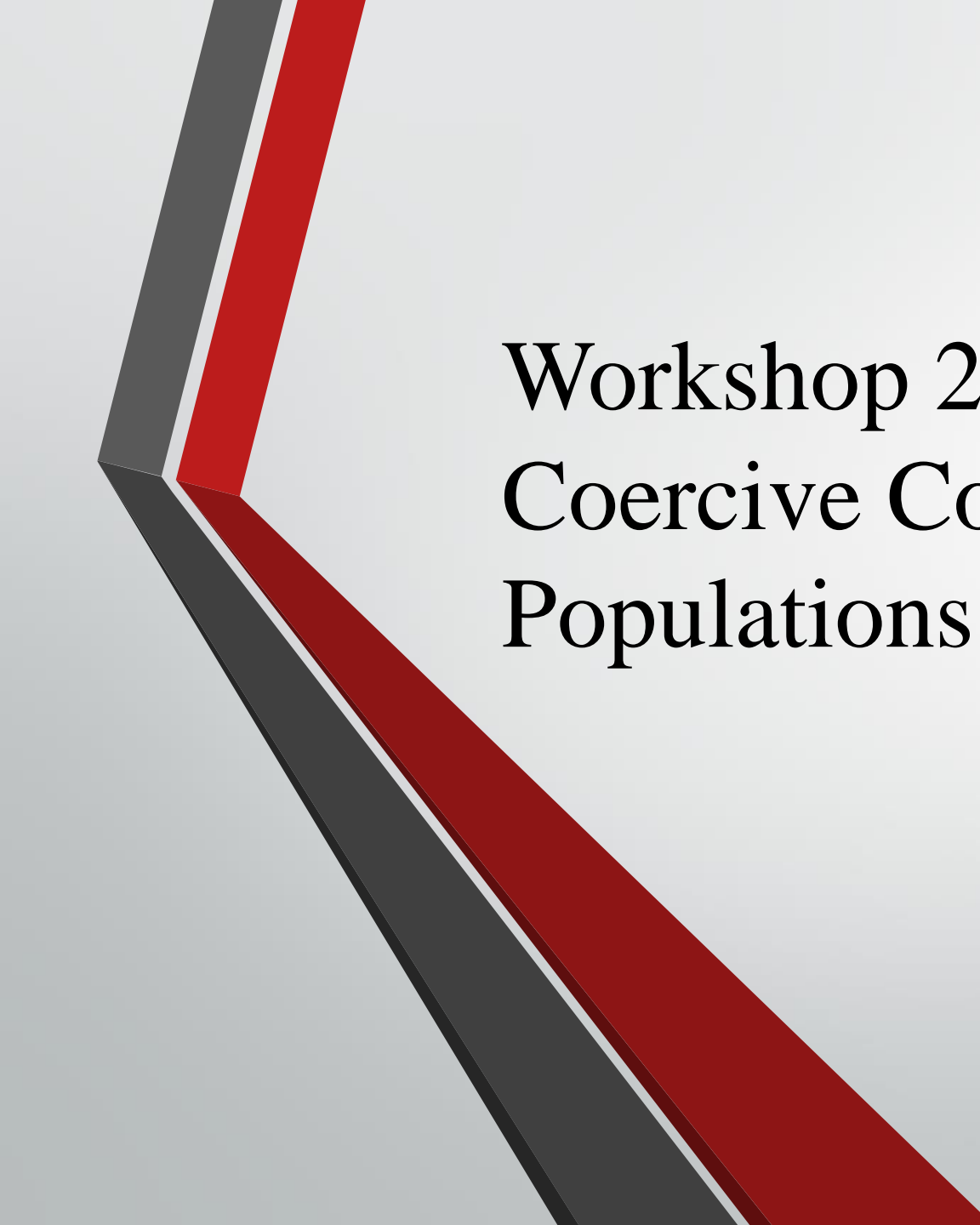
For people experiencing:

- Suicide, mental health, substance use crisis
- Emotional distress
- People concerned about someone in crisis

Meet Today's Presenter



Sophia Jones, Ph.D.



Workshop 2: Trauma Bonding, Coercive Control and Vulnerable Populations

Sophia Jones Ph.D.

Objectives

- Describe the Dynamics of Coercive Control.
- Discuss Trauma Bonding.
- Identify those most vulnerable to exploitation.
- Discuss the harsh realities of Human Trafficking.
- Identify risk factors for human trafficking victims.


Domestic Violence and Sexual Abuse Often Overall

Domestic Violence

- Power and Control
- Intimate Relationship
- Children

Sexual Abuse

- Sexual Object
- Grooming
- Conflict and Violence



**Traffickers are Masters of
Manipulation**

Manipulate Youth and Young Adults

- ❖ Recruiting
 - ❖ Seducing
 - ❖ Isolating
 - ❖ Coercing and Violence
 - ❖ Reframing
- ❖ Targeted
 - ❖ Tricked
 - ❖ Traumatized



Recruiting

- Often Happens within the schools
- History of addiction/substance Abuse
- History of Sex Trafficking(previously trafficked)
- Foster Care/Child Welfare System

Seducing

- Traffickers will appear to care about and love the youth, buying clothes, cell phones and other items for the youth to fill a void in the youth's life.

Isolating

- Removing the safety net for the youth.
- Shaming and Blaming.
- Completely reliant on the trafficker.



Coercing and Violence

- The trafficker says that they have provided for the youth and that the youth now needs to help attain the “glamorous” life they seek.

Reframing

- Changing the story and blaming the victim.

Social Media and Gaming

Impersonal

Plausible Deniability

Recruit more and faster

Information is often posted online

Boys are often recruited using Gaming
Systems

Trauma Bonding-Stockholm Syndrome

- ❖ A victim may develop a trauma bond with the trafficker.
- ❖ This occurs in situations where there is:
 - ❖ Physical and/or psychological isolation of the victim.
 - ❖ Threat to physical and/or psychological survival.
 - ❖ Combined with “kindness” by trafficker.
 - ❖ Victim is physically and/or psychologically trapped.



Fight, Flight or Freeze Response

- Victims of Human Trafficking **often** display a Fight or Flight Response.

Remember Victims of Trauma....

May disassociate

Bed Wetting

Beware of Reenactment

Know that healing from trauma takes time, a feeling of safety, and support.

Who is often at Risk?

Vulnerable Populations

LGBTQ

Persons with Disabilities

Migrants

- Language Barriers

LGBTQ- Community

Not accepted by their family

Questioning-their sexual identity

At risk for homelessness

Concerns about Transitioning

A Person with a Disability

- **The stigma and marginalization of a person with disabilities creates a particular vulnerability.**

Youth in Foster Care and/or Child Welfare

- ❖ Objectification may be normalized.
- ❖ Life decisions may be made for them by various adults without their input.
- ❖ Social isolation and lack of positive attachments.

Encourage a Non-Bias approach

Unconscious bias can impact the victim:

Associating Trafficking with a specific group or population.

Treating a victim unfavorably due to their culture, ethnicity or nationality.

Engagement and Empowerment

- ❖ To engage with a potential trafficking victim:
 - ❖ Find or create opportunity to speak with them one-on-one (person with them may be or report to trafficker).
 - ❖ Work to establish their comfort and trust through positive engagement – be clear about your role.



Engagement and Empowerment

Meet

Meet them where they are.

Don't
judge or
label

Don't judge or label them.

Maintain

Maintain strict confidentiality-as permitted.

Let

Let them know that they have options and resources.

Common Mental Health Concerns

Anxiety

Depression

Somatic Symptoms Disorders (extreme focus on physical symptoms i.e. pain or fatigue)

Sleep Walking Disorder

Disruptive, impulse-control, and conduct disorders

Acute Stress Disorder (i.e. occurring one month after a traumatic event.)

Post-Traumatic Stress Disorder

Legislation Timeline

- **The Mann Act** - its original form prohibited white slavery and the interstate transport of females for "immoral purposes." (1910)
- **The Racketeering Influenced Corrupt Organizations Act (RICO)** - focuses specifically on racketeering , allows the *leaders* of a syndicate to be tried for the crimes which they ordered others to do. (1970)
- **Trafficking Victims Protection Act 2000**- Identifies and creates appropriations for human trafficking international victims only. (2000)

Legislation Timeline

- **The PROTECT Act of 2003** - Prosecutorial Remedies and Other Tools to end the Exploitation of Children Today. (April 2003)
- **Trafficking Victims Protection Reauthorization Act**
– Began to Identify that there were **domestic victims of human trafficking needing appropriations. (2005)**
- The month of January was declared Human Trafficking Awareness Month by President Obama. (2010)



Legislation Timeline

NJ Human Trafficking, Prevention, Protection and Treatment Act –Identified that persons under the age of 18 cannot consent to exploitation, holds perpetrators accountable to a high standard, and develops a commission to create a standard of practice for services to victims. (May 2013)

The Preventing Sex Trafficking and Strengthening Families Act of 2014-seeks to reduce the incidence of sex trafficking among youth involved in the foster care system.



thank
you

SHARE



Question and Answer



Evaluation Information

The MHTTC Network is funded through SAMHSA to provide this training. As part of receiving this funding we are required to submit data related to the quality of this event.

At the end of today's training please take a moment to complete a **brief** survey about today's training.



Toward Wellness and Recovery

Our Podcast Channel



Check out our latest podcast series!

Flourishing at Work: A Plan for Helping Professionals

Search then Subscribe wherever you get your podcasts!

[Spotify](#) Apple Music [Podbean](#)

Webinars Recordings

Did you miss a previous webinar
or just want to watch one again?

Access all of our recorded webinars!

The recording of this webinar will be made available in the Northeast and Caribbean Products & Resources Catalog on our website. To view this and all previously recorded webinars that are currently available go to the link below. Check back often as new additions are always being added.



**Please allow 14 business days for all recordings to be made available.*

Certificate of Completion

A Certificate of Completion will automatically be emailed to all online participants within 7 days of webinar broadcast.

Connect With Us

Phone: (908) 889-2552

Email: northeastcaribbean@mhttcnetwork.org

Website: <https://mhttcnetwork.org/centers/northeast-caribbean-mhttc/home>

Like and follow us on social media!

Facebook: Northeast & Caribbean MHTTC

Twitter: @necmhttc

LinkedIn: @Northeast and Caribbean MHTTC



Northeast and Caribbean (HHS Region 2)

MHTTC

Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

SAMHSA
Substance Abuse and Mental Health
Services Administration



MHTTC

Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

The purpose of the MHTTC Network is technology transfer - disseminating and implementing evidence-based practices for mental disorders into the field.

Funded by the Substance Abuse and Mental Health Services Administration (SAMHSA), the MHTTC Network includes 10 Regional Centers, a National American Indian and Alaska Native Center, a National Hispanic and Latino Center, and a Network Coordinating Office.

Our collaborative network supports resource development and dissemination, training and technical assistance, and workforce development for the mental health field. We work with systems, organizations, and treatment practitioners involved in the delivery of mental health services to strengthen their capacity to deliver effective evidence-based practices to individuals. Our services cover the full continuum spanning mental illness prevention, treatment, and recovery support.

CONNECT WITH US



MHTTCnetwork.org



[Sign-Up for Newsletter](#)



[MHTTC News](#)