



Universal Mental Health Screening Tools

Broadband

Tool	Reporter	Constructs Measured	Grade/Age	Administration Time	Cost	Scoring	Modality
Strengths and Difficulties Questionnaire (SDQ)	Student Caregiver Educator	Emotional Symptoms Conduct Problems Hyperactivity/Impulsivity Peer Relationships Prosocial Behavior	Ages 2-18+	5-10 minutes	Free	Manually Online	Print
Student Risk Screening Scale (SRSS-IE)	Educator	Externalizing Behaviors Internalizing Behaviors	Grades K-12	15-20 minutes	Free	Manually	Print

Resource	Reporter	Constructs Measured	Grade/Age	Administration Time	Cost	Scoring	Modality
Social, Academic, and Emotional Behavior Risk Screener (SAEBRS)	Student Educator	Social Behavior Academic Behavior Emotional Behavior	Grades K-12	1-3 minutes	No	Manually Online	Online
Youth Internalizing + Externalizing Problems Screeners (YIEPS)	Student	Internalizing Behaviors Externalizing Behaviors	Secondary school ages	1-3 minutes	Yes	Manually	Print
Devereux Student Strengths Assessment (DESSA-Mini)	Caregiver Educator	Self-Awareness Social-Awareness Self-Management Goal Directed-Behavior Relationship Skills Personal Responsibility Decision-Making Optimistic Thinking	Grades K-8	1 minute	No	Manually Online	Print

Resource	Reporter	Constructs Measured	Grade/Age	Administration Time	Cost	Scoring	Modality
Behavioral and Emotional Screening System (BASC-3 BESS)	Student Caregiver Educator	Adaptive Skills Externalizing Behaviors Internalizing Behaviors School Problems	Ages 3-18	5-10 minutes	Yes	Manually Online	Print
Panorama Social-Emotional Learning Questionnaire	Student	Grit Growth Mindset Self-Management Social Awareness Self-Efficacy Learning Strategies Social Perspective Taking Emotion Regulation Classroom Effort	Grades 3-12	N/A	No	Manually	Print Online

Universal Mental Health Screening Tools

Narrowband

Tool	Reporter	Constructs Measured	Grade/Age	Administration Time	Cost	Scoring	Modality
Generalized Anxiety Disorder – 7 (GAD-7)	Student	Symptoms of Anxiety	Ages 11-18	5 minutes	No	Manually	Print Online
Revised Child and Anxiety and Depression Scale (RCADS)	Student Caregiver	Separation Anxiety Generalized Anxiety Panic Social Phobia	Grades 3-12	5-10 minutes	No	Manually Online	Print

Tool	Reporter	Constructs Measured	Grade/Age	Administration Time	Cost	Scoring	Modality
Center for Epidemiologic al Studies Depression Scale for Children (CES-DC)	Student	Symptoms of Depression	Ages 6-23	5-10 minutes	No	Manually	Print
Children's Depression Inventory (CDI-2)	Student Caregiver Educator	Emotional Problems Functional Problems Negative Mood/Physical Interpersonal Problems	Ages 7-17	5-20 minutes	Yes	Manually Online	Print
Patient Health Questionnaire-9 (PHQ 9)	Student	N/A	Ages 11-18+	5 minutes	No	Manually	Print

Tool	Reporter	Constructs Measured	Grade/Age	Administration Time	Cost	Scoring	Modality
Spence Children's Anxiety Scale (SCAS)	Student Caregiver Educator	Obsessive-Compulsive Separation Anxiety Social Phobia/Anxiety Physical Injury Fears Panic Disorder/Agora	Ages 6-23	5-10 minutes	No	Manually	Print
Children's Depression Inventory (CDI-2)	Student Caregiver Educator	Emotional Problems Functional Problems Negative Mood/Physical Interpersonal Problems	Ages 7-17	5-20 minutes	Yes	Manually Online	Print
Patient Health Questionnaire-9 (PHQ 9)	Student	N/A	Ages 11-18+	5 minutes	No	Manually	Print

Universal Mental Health Screening Tools

School Climate

Tool	Reporter	Constructs Measured	Grade/Age	Administration Time	Cost	Scoring	Modality
ED School Climate Survey (EDSCLS)	Student Caregiver Educator	Engagement: Cultural and Linguistic Competence, Relationships, School participation Safety: Emotional Safety, Physical Safety, Bullying/Cyberbullying, Substance Abuse, Emergency Readiness Environment: Physical Environment, Instructional Environment, Physical Health, Mental Health, Discipline	Grades 5-12	10-30 minutes	No	Manually	Print
Identification with School (ISQ)	Student	Student Perception of School School Attachment	Grades 6-8	5-15 minutes	Yes	Manually Online	Print

Resource	Reporter	Constructs Measured	Grade/Age	Administration Time	Cost	Scoring	Modality
School Burnout Inventory (SBI)	Student	School Burnout Trajectory Cynicism Toward the Meaning of School Sense of Inadequacy at School	Ages 8-18+	5-15 minutes	No	Manually	Print

This product was prepared for the Great Lakes MHTTC by:
 Grace Nedved, *Graduate Student*
 Miranda Zahn, PhD, *Assistant Professor of School Psychology—University of South Dakota*