

Tele-Behavioral Health Consultation (TBHC) Primary Webinar Series: *Evidence Based Psychotherapy and Medication Management for Skin Picking and Other Repetitive Behaviors*

ACTIVITY DESCRIPTION

The **Tele-Behavioral Health Consultation Primary Care** enduring material seeks to provide primary care providers (PCPs) with the tools they need to increase their confidence and competence in managing psychiatric and behavioral health concerns in primary care.

TARGET AUDIENCE

This accredited continuing education activity is designed for primary care providers: physicians, physician assistants, and nurse practitioners in Nebraska.

EDUCATIONAL OBJECTIVES

At the conclusion of this enduring material, the participants should be better able to:

1. List criteria for skin picking and other repetitive behavior disorders, and common differential diagnoses.
2. Discuss the evidence and basis for Habit Reversal Therapy, and applications of behavioral intervention for repetitive behavior disorders.
3. Describe evidence-based medication interventions for skin picking and repetitive behavior disorders.

METHOD OF PARTICIPATION

Release Date: 7/17/2023

Expiration Date: 7/16/2024

CID: 60186

The estimated time to complete this enduring material is **60** minutes.

In order to receive continuing education credits, you must complete these steps prior to the activity expiration date:

1. View the entire presentation.
2. Sign into your account or create one www.unmc.edu/cce under **MyCCE Portal**
3. On your dashboard, Click **Evaluate an Activity**
4. Enter Activity Code **60186**
5. Complete the post-test with a score of 80% or better
6. Complete the online evaluation.

Your certificate will be saved in your UNMC CCE Account portal under **Certificates & Transcripts**.

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ACCREDITED CONTINUING EDUCATION



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PHYSICIANS/PHYSICIAN ASSISTANTS

The University of Nebraska Medical Center designates this enduring material for a maximum of 1.0 *AMA PRA Category 1 Credit*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

NURSES/NURSE PRACTITIONERS

The University of Nebraska Medical Center designates this activity for 1.0 ANCC contact hour. Nurses should only claim credit for the actual time spent participating in the activity.

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