

OUR RESEARCH & PRACTICE BRIEFS



Find our publications on topics relevant to the behavioral health field which contain informative perspectives and pragmatic strategies.



SUPPORTING THE YOUTH PEER WORKFORCE

Youth peer support specialists are a growing workforce yet face challenges with role definition and support. Learn how organizations can mitigate these challenges with specific training and supervision strategies.

CULTURAL CONSIDERATIONS IN APPLYING CBT

TO RACIAL AND ETHNIC MINORITY GROUPS
WITH SERIOUS MENTAL ILLNESS

Adapting evidence-based interventions like Cognitive Behavioral Therapy (CBT) to better consider culture may help to reduce mental health disparities among racial/ethnic minority groups. Discover how to make appropriate changes to how therapy is delivered without altering the theoretical underpinnings of CBT.

EFFECTIVE PROGRAMS TO ADDRESS TRAUMA IN SCHOOLS

School-based interventions are essential to providing youth with necessary support to address trauma. Learn about effective school-based interventions for trauma and the importance of creating a “trauma-informed” school community to optimize these interventions.

THE IMPORTANCE OF HUMAN RELATIONSHIPS, ETHICS, AND RECOVERY- ORIENTATED VALUES

IN DELIVERY OF CBT FOR PSYCHOSIS

Though Cognitive Behavioral Therapy for psychosis (CBTp) is an accepted evidence-based treatment, it can be perceived by providers as lacking emphasis on human relationships. Discover how CBTp can meet the stated needs of individuals seeking mental health services.

INTEGRATED CARE FOR OLDER ADULTS WITH SMI AND MEDICAL COMORBIDITY:

EVIDENCE-BASED MODELS AND FUTURE
RESEARCH DIRECTIONS

Despite higher acute and long-term healthcare costs, adults with Serious Mental Illness (SMI) experience greater barriers to preventive and routine health care. Read about how integrated health homes may increase access to preventive care and improve the quality of care for chronic medical conditions, but inconsistently achieve clinically significant results.

CULTURALLY AND LINGUISTICALLY RESPONSIVE CARE FOR EARLY PSYCHOSIS

Culturally Responsive Care (CRC) is an approach that is both respectful and responsive to cultural beliefs and practices, preferred languages, health literacy levels, and communication needs. Learn more about the principles and practice of CRC.



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PUBLISHED ARTICLES



- Training and Supporting Healthcare Leadership during the COVID Pandemic
- Applying Implementation Science in Mental Health Services: Technical Assistance Cases from the Mental Health Technology Transfer Center (MHTTC) Network
- Effects of Online Distance Learning on Clinicians' Violence Risk Knowledge and Competencies

TRAINING SUMMARIES



- School Mental Health Topics
- For Supervisors & Leadership
- Series Collections
- Provider Well-being
- Evidence-based Practices
- Disaster Behavioral Health
- Brief Behavioral Skills Modules
- Cultural Considerations and Equity
- Integrated Care
- Peer Support
- Substance Use-related Topics
- And more!

POSTERS PRESENTED



- Supporting Implementation Outcomes through Online Learning Communities: Lessons Learned from the Northwest Mental Health Technology Transfer Center
- Supporting Practitioners through Workforce Development: How do Training Strategies Impact Implementation Outcomes?
- Family Bridger Pilot Program: Preliminary Feasibility and Acceptability of a Peer Navigator Model of Support for Caregivers of Loved Ones Experiencing Early Psychosis
- Tailoring Evaluation Designs to Training & Technical Assistance Delivery Formats

