

## Tele-Behavioral Health Consultation (TBHC) Primary Webinar Series:

*Case Presentations: Anxiety, PTSD and Complex ADHD*

### ACTIVITY DESCRIPTION

The **Tele-Behavioral Health Consultation Primary Care** enduring material seeks to provide primary care providers (PCPs) with the tools they need to increase their confidence and competence in managing psychiatric and behavioral health concerns in primary care.

### TARGET AUDIENCE

This accredited continuing education activity is designed for primary care providers: physicians, physician assistants, and nurse practitioners in Nebraska.

### EDUCATIONAL OBJECTIVES

At the conclusion of this enduring material, the participants should be better able to:

- Identify symptoms of selective mutism with comorbid generalized anxiety disorder.
- Describe evidenced-based treatment interventions for selective mutism in an integrated primary care practice.
- Report the factors that contribute to Complex ADHD.
- Discuss practice guidelines for interdisciplinary behavioral and medication treatments for complex ADHD in a primary care practice.
- Explain the nuances to diagnosis and how evidence-based treatment changes for children with comorbid PTSD and ADHD vs either disorder alone.

### METHOD OF PARTICIPATION

Release Date: 7/17/2023

Expiration Date: 7/16/2024

**CID: 60187**

The estimated time to complete this enduring material is **60** minutes.

In order to receive continuing education credits, you must complete these steps prior to the activity expiration date:

1. View the entire presentation.
2. Sign into your account or create one [www.unmc.edu/cce](http://www.unmc.edu/cce) under **MyCCE Portal**
3. On your dashboard, Click **Evaluate an Activity**
4. Enter Activity Code **60187**
5. Complete the post-test with a score of 80% or better
6. Complete the online evaluation.

Your certificate will be saved in your UNMC CCE Account portal under **Certificates & Transcripts**.

## ACTIVITY DIRECTOR

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## ACCREDITED CONTINUING EDUCATION



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INTERPROFESSIONAL CONTINUING EDUCATION

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### PHYSICIANS/PHYSICIAN ASSISTANTS

The University of Nebraska Medical Center designates this enduring material for a maximum of 1.0 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### NURSES/NURSE PRACTITIONERS

The University of Nebraska Medical Center designates this activity for 1.0 ANCC contact hour. Nurses should only claim credit for the actual time spent participating in the activity.

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The below faculty have nothing to disclose:

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