

BIPOC Mental Health Resources

BIPOC Mental Health Resources from The Mental Health Coalition

The Mental Health Coalition has compiled a comprehensive list of resources for BIPOC individuals, including organizations created to support and raise awareness around BIPOC mental health and other intersecting identities as well as resources for locating culturally competent mental healthcare providers.

BIPOC Mental Health Resources from CCA

This document includes BIPOC resources, treatment directories for locating culturally competent mental healthcare providers, self-care for BIPOC, educational resources on racism and inequality, and guidelines for anti-racist allies.

Racial Equity and Cultural Diversity from the Mental Health Technology Transfer Center

This webpage includes a compilation of products and resources on cultural responsiveness, racial equity, and cultural diversity for the mental health workforce, curated by the MHTTC Cultural Responsiveness Working Group.

BIPOC Mental Health from Mental Health America

This resource provides mental health statistics, such as prevalence, access and treatment barriers, and beliefs/attitudes surrounding mental health, as well as general information categorized by population.