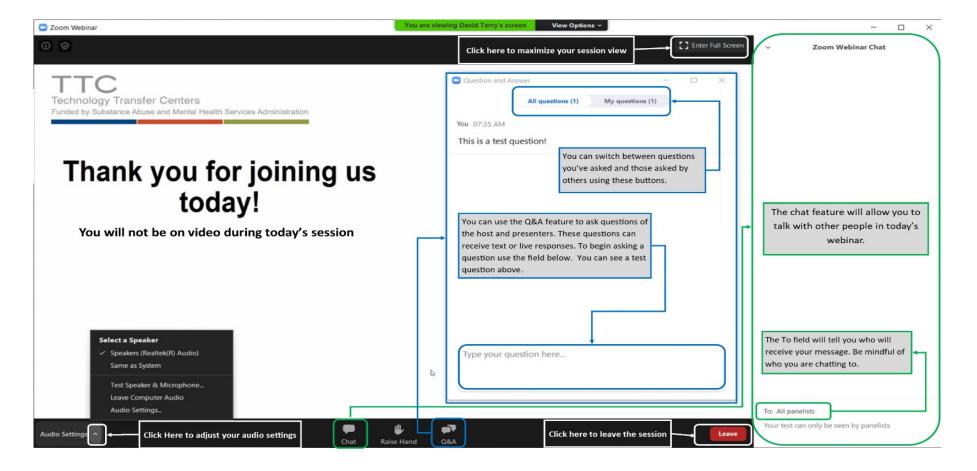
## **The Zoom Interface**



All attendees are muted. Today's session will be recorded.

## Supported Education Services that Support Entry into an Educational Program

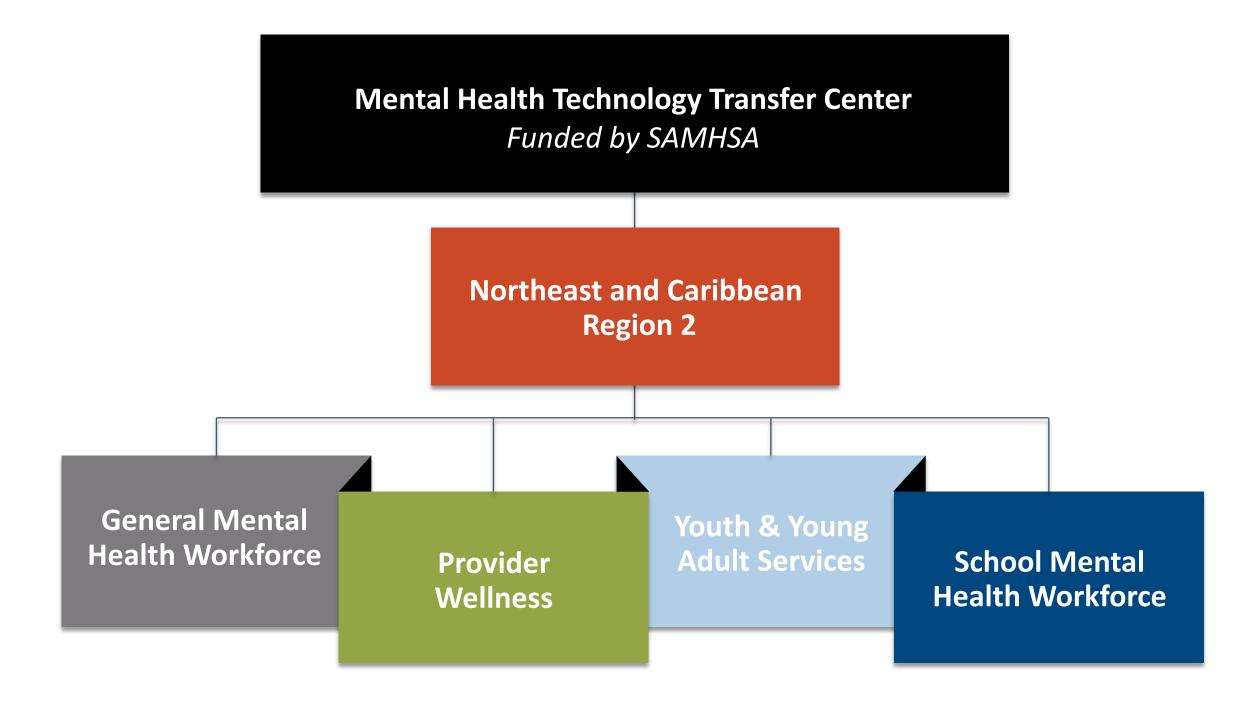
Brittany Stone Rutgers, SHP, Department of Psychiatric Rehabilitation & Counseling Professions

June 7, 2023



Northeast and Caribbean (HHS Region 2)

Mental Health Technology Transfer Center Network Funded by Substance Abuse and Mental Health Services Administration





Northeast and Caribbean (HHS Region 2)

**TC** Mental Health Technology Transfer Center Network Funded by Substance Abuse and Mental Health Services Administration

<b>EPBs</b> for serious mental health conditions	Wellness & Recovery for Providers and people with mental health conditions
School Mental Health Comprehensive, multi- tiered services & supports	Hispanic and Latiné mental health education

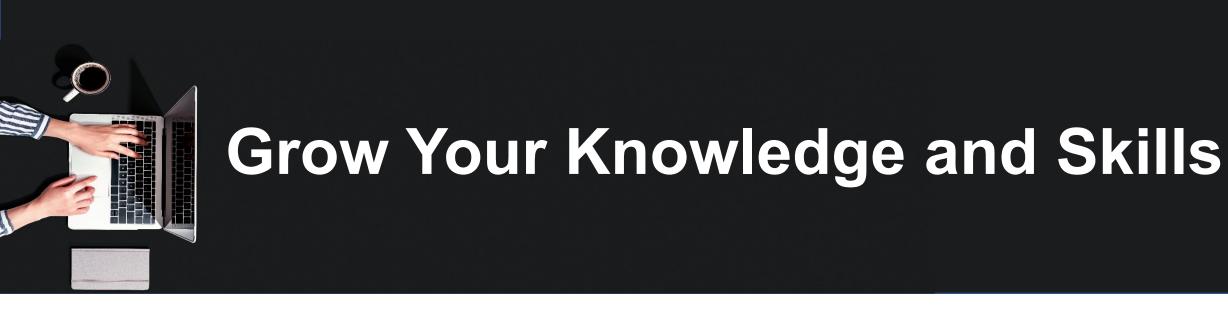
**Online Education Courses** 

Wellness Matters, IMR, Functional Thinking & more

#### **Services Available**

No-cost training, technical assistance, and resources





Keep up with the latest effective practices, resources, and technologies!

### Subscribe to receive our mailings. All activities are free!



## We Want Your Feedback

Our funding comes from the Substance Abuse and Mental Health Services Administration (SAMHSA), which requires us to evaluate our services. We appreciate your honest, ANONYMOUS feedback about this event, which will provide information to SAMHSA, AND assist us in planning future meetings and programs.

Feedback about this training will assist us in developing future trainings that are relevant to your professional needs. Therefore, your feedback counts!

Northeast and Caribbean (HHS Region 2

Mental Health Technology Transfer Center Network Funded by Substance Abuse and Mental Health Services Administration

## **Video Recording Information**

#### Please Note:

We will be recording this webinar and posting it to our website along with the presentation slides and any relevant resources.

## Disclaimer

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At the time of this presentation, Miriam Delphin-Rittmon served as Assistant Secretary for Mental Health and Substance Use at SAMHSA. The opinions expressed herein are the views of the speakers, and do not reflect the official position of the Department of Health and Human Services (DHHS), or SAMHSA. No official support or endorsement of DHHS, SAMHSA, for the opinions described in this presentation is intended or should be inferred.

This work is supported by grant H79SM081783 from the DHHS, SAMHSA.

## **Your Interactions With Us**

#### **Question and Answers**

- Q & A will occur at the end of the call.
- Type your questions in the Q & A feature in Zoom located on the task bar (hover over task bar).
- Note: your question may be visible to other participants.

#### **Chat and Polls**

- Throughout the webinar, we will be asking for your input.
- Use the Chat or Poll features in Zoom located on the task bar.
- You can control who can see your chat comments.

The MHTTC Network uses affirming, respectful and recovery-oriented language in all activities. That language is:

# STRENGTHS-BASED AND HOPEFUL

INCLUSIVE AND ACCEPTING OF DIVERSE CULTURES, GENDERS, PERSPECTIVES, AND EXPERIENCES

#### NON-JUDGMENTAL AND AVOIDING ASSUMPTIONS

INVITING TO INDIVIDUALS

PARTICIPATING IN THEIR

**OWN JOURNEYS** 

PERSON-FIRST AND

FREE OF LABELS

RESPECTFUL, CLEAR AND UNDERSTANDABLE

#### HEALING-CENTERED AND TRAUMA-RESPONSIVE

CONSISTENT WITH OUR ACTIONS, POLICIES, AND PRODUCTS

Adapted from: https://mhcc.org.au/wp-content/uploads/2019/08/Recovery-Oriented-Language-Guide\_2019ed\_v1\_20190809-Web.pdf

## 988 SUICIDE & CRISIS LIFELINE

#### For people experiencing:

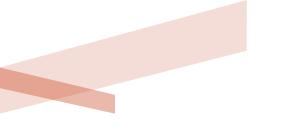
- Suicide, mental health, substance use crisis
- Emotional distress
- People concerned about someone in crisis

## **Meet Today's Presenters**



#### Brittany Stone, MS, LAC, CRC, NCC

Rutgers, SHP, Department of Psychiatric Rehabilitation & Counseling Professions Lecturer





- 60 minute webinar
- Part 2 of a 3 part SEd series
- The goal is to develop knowledge to assist students in accessing and entering the educational program of their choice.

### **OBJECTIVES**



Introduce the "Get" phase of SEd services.



Develop knowledge of the critical tasks associated with the "Get" phase of service.



Utilize resources for funding, transportation, and other essential admission related tasks.



### Choose-Get-Keep-Leave Model of Psychiatric Rehabilitation



Choose- the person evaluates what school/major/course of study is the right for them



Get- the person fills the requirements for entrance into the program of choice



Keep- the student identifies what they need to do or get to be satisfied and successful in their education

# The Phases of SEd Service

Leave- the person intentionally chooses and takes steps to pause, terminate, or complete their education.

## **REVIEW: Steps in the Choose Phase**

Clarifying	Clarifying Values: • Designing (or using) activities for values clarification • Inferring underlying themes of responses to activities • Stating the value
Analyzing	Analyzing Experiences to Clarify Interests & Skills: examining the person's reactions to the different experiences they had in similar settings or situations to the goal area • ask questions about the 3 categories: People, Places and Activities
Inferring	Inferring Personal Criteria • Describing the person's future preferences • Translating future preferences into specific, personal criteria

# Critical Tasks in the GET Phase of SEd Services

- Admissions requirements
  - Application
    - Personal statement (essay)
    - Recommendations
    - Transcripts
    - Application fee
  - Admission interview
- Entrance/Placement Exams
- Acceptance paperwork
- Funding
  - State and Federal Aid (loans & grants)
  - Scholarships
  - Vocational Rehabilitation funding
  - Loan default
  - Additional expenses (books/housing/supplies)

- Transportation
- Housing
- Registration
- Campus orientation
- Familiarization with learning management system
- Assessment of skills and strengths
  - Development of organizational and time management strategies
  - Honing of wellness strategies, update of WRAP
- Identification of community and natural supports

## Admission Requirements



• Application

- Personal statement (essay)
- Recommendations
- Transcripts
- Application fee
- Admission interview
- Entrance/Placement Exams
- Acceptance paperwork

## Admission Requirements

- Admission interview
- Entrance/Place ment Exams
- Acceptance paperwork

If the interview is virtual, consider the following items, do you have a:

Quiet space
Stable internet connection
Working camera and microphone

#### If the interview is at the educational setting, do you:

- Have a reliable way to get there
- Do you know how to get there
- Do you have a way to get home

#### If the interview is at the educational setting, do you:

- Do I need professional attire?
  - Clothes
  - Shoes
- Do I need supplies or materials?

Will I be doing a technical or hands on demonstration?



# Funding Education

## Funding Education

- Federal Student Aid
- State Aid
- Vocational Rehabilitation
- Scholarships
- Apprenticeships
- Private loans



## **Funding Education**

- Federal Student Aid
  - Grants: do NOT have to be repaid (unless, for example, you withdraw from school & owe a refund).
  - Work Study: allows you to earn money for your education.
  - Loans: allow you to borrow money for school. You must repay your loans, most are repaid with interest.

# Funding Education: Other Considerations

- Satisfactory Academic Progress
- Additional costs
- Justice System Involvement



# Transportation Planning

# **Campus Orientation**

# Overview: Steps in the GET Phase

- Know your deadlines
- Gather & submit required documents and fees
  - letters of recommendation, transcripts, personal statement, application

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- Fulfil admission requirements
  - Interview
  - Acceptance paperwork
  - Placement testing
- Identify funding sources
  - Grants
  - Loans
  - Scholarships
  - Work study or apprenticeships
- Consider the logistics
  - Transportation
  - Balancing responsibilities
  - Campus orientation

# SHARE

- What is one thing you'll try before next session?
- What is one thing you'd like more information about through this Supported Education series?



## Resources

#### Re-entry After Incarceration:

- Career OneStop: Job Search Help for Ex-Offenders
  - <u>https://www.careeronestop.org/ExOffender/default.as</u>
     <u>px</u>
- Clean Slate Clearing House
  - <u>https://cleanslateclearinghouse.org/</u>
- The Federal Bonding Program
  - <u>https://bonds4jobs.com/</u>
- The National Reentry Resource Center
  - <u>https://nationalreentryresourcecenter.org/</u>
- U.S. Department of Labor: Reentry Opportunities
  - https://www.dol.gov/agencies/eta/reentry
  - <u>https://www.dol.gov/agencies/eta/reentry/grantees</u>
  - https://www.dol.gov/agencies/eta/reentry/resources

#### **Financial Resources**

- Federal Student Aid
  - <u>https://studentaid.gov/</u>
- Getting Out of Default
  - <u>https://studentaid.gov/manage-loans/default/get-out</u>
- Federal Aid Eligibility
  - Satisfactory Academic Progress: <u>https://studentaid.gov/understand-aid/eligibility/staying-eligible</u>
  - Regaining Eligibility: https://studentaid.gov/understandaid/eligibility/regain
  - Eligibility for Students with Criminal Convictions: <u>https://studentaid.gov/understand-</u> aid/eligibility/requirements/criminal-convictions
- National Student Loan Data System
  - <u>https://nsldsfap.ed.gov/login</u>

## Resources: Accreditation & CTE

- Council for Higher Education Accreditation: <u>https://www.chea.org/</u>
  - Search Directory: <u>https://www.chea.org/search-programs-results-table?field\_program\_type%5B%5D=1058&country\_filter=US&administrative\_area\_filter=NY&search\_api\_fulltext\_city=</u>
- Database of Accredited Postsecondary Institutions and Programs: <u>https://ope.ed.gov/dapip/#/home</u>
- Apprenticeship USA: <u>https://www.dol.gov/apprenticeship/docs/</u> <u>RAPlanningTool20150727.pdf</u>

- Association for Career & Technical Education: <u>https://www.acteonline.org/</u>
- Advance CTE: <u>https://www.careertech.org/</u>
- CTE Policy Watch: <u>https://ctepolicywatch.acteonline.org/</u>
- National Skills Coalition: https://www.nationalskillscoalition.org/
- SNAP Education & Training webinar: <u>https://www.nationalskillscoalition.org/</u> <u>resources/webinars/sign-up-now</u>
- Workforce GPS: <u>https://www.workforcegps.org/</u>

## **Evaluation Information**

The MHTTC Network is funded through SAMHSA to provide this training. As part of receiving this funding we are required to submit data related to the quality of this event.

At the end of today's training please take a moment to complete a **brief** survey about today's training.





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Check out our latest podcast series!

### Flourishing at Work: A Plan for Helping Professionals

Search then Subscribe wherever you get your podcasts!

Spotify Apple Music Podbean

### Webinars Recordings

Did you miss a previous webinar or just want to watch one again? Access all of our recorded webinars!

The recording of this webinar will be made available in the Northeast and Caribbean Products & Resources Catalog on our website. To view this and all previously recorded webinars that are currently available go to the link below. Check back often as new additions are always being added.



\*Please allow 14 business days for all recordings to be made available.

### Certificate of Completion

A Certificate of Completion will automatically be emailed to all online participants within 7 days of webinar broadcast.

# **Connect With Us**

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Email: northeastcaribbean@mhttcnetwork.org

Website: <u>https://mhttcnetwork.org/centers/northeast-caribbean-mhttc/home</u>

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Twitter: @necmhttc

LinkedIn: @Northeast and Caribbean MHTTC







The purpose of the MHTTC Network is technology transfer - disseminating and implementing evidence-based practices for mental disorders into the field.

Funded by the Substance Abuse and Mental Health Services Administration (SAMHSA), the MHTTC Network includes 10 Regional Centers, a National American Indian and Alaska Native Center, a National Hispanic and Latino Center, and a Network Coordinating Office.

Our collaborative network supports resource development and dissemination, training and technical assistance, and workforce development for the mental health field. We work with systems, organizations, and treatment practitioners involved in the delivery of mental health services to strengthen their capacity to deliver effective evidence-based practices to individuals. Our services cover the full continuum spanning mental illness prevention, treatment, and recovery support.

#### CONNECT WITH US



MHTTCnetwork.org



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