

Culturally Responsive Training and Technical Assistance

The Great Lakes ATTC, MHTTC, and PTTC are dedicated to integrating cultural responsiveness into all our training and technical assistance offerings. We aim to help develop workforce competencies to provide equitable and inclusive care to all. The following provides an overview of our growing inventory of evidence-based trainings designed to improve the delivery of culturally responsive prevention, treatment, and recovery approaches.

Building Culturally Responsive and Trauma-Informed Mental Health Care for Latinx Communities

There is a growing need for trauma-informed and culturally responsive mental health services for Hispanics and Latinos. According to recent studies, this population faces a disproportionately high number of traumatic experiences and has greater difficulty accessing resources to cope with these experiences. This three-hour presentation will explore the historical context of racial-ethnic trauma among Latinos, review the need for trauma-informed services, and discuss how to implement strategies for delivering high-quality mental health services.

Clinical Applications of Cultural Elements for Hispanic and Latino Populations with Mental Health Disorders

This training developed by the National Hispanic and Latino Mental Health Technology Transfer Center aims to increase knowledge and application of culturally-informed therapeutic strategies to engage Hispanic and Latino clients in mental health treatment effectively. *Available in Spanish and English.*

Culturally and Linguistically Appropriate Services (CLAS) NIATx Change Leader Academy (CLA)

The NIATx model of process improvement provides a team-based framework for making and sustaining change. The National CLAS Standards are a set of 15 benchmarks that organizations can use to address healthcare disparities and build equity and inclusion. Many of us are familiar with the CLAS Standards but lack an effective strategy for putting them into action. The CLAS CLA teaches participants how to use NIATx tools to select, implement, and sustain a specific CLAS standard.

Culture: An Integral Part of Mental Health Services for Hispanics and Latinos

This training developed by the National Hispanic and Latino Mental Health Technology Transfer Center aims to increase awareness and enhance providers' abilities in using cultural elements by promoting cultural formulations when treating Hispanics and Latinos with mental health disorders.

Culture: An Integral Part of Mental Health Services for Hmong Populations

The Great Lakes ATTC and Network partners developed this training with stakeholders and subject matter experts from the Hmong community. This training aims to increase awareness and enhance providers' abilities to deliver culturally-informed services for Hmong clients seeking treatment for mental health or substance use disorders.

Cultural Responsiveness: Enhancing Organizational Practice for Leadership and Direct Practice Staff

This three-part training highlights the importance of cultural responsiveness in building effective communication and collaboration in partnerships. It introduces evidence-based practices and theoretical frameworks to equip participants with the tools and strategies needed to navigate cultural differences and promote cultural responsiveness.

Part 1: Foundations of Cultural Responsiveness: The first session of this series introduces two evidence-based practices, the National Standards for Culturally and Linguistically Appropriate Services (CLAS) in Health and Health Care and the NIATx model as aids to integrating cultural responsiveness into any organizational environment.

Part 2: Operationalizing Cultural Responsiveness using Hofstede's Cultural Dimensions: This session delves into cultural responsiveness using Hofstede's Cultural Dimensions as a framework. Participants gain an understanding of how cultural dimensions shape attitudes, behaviors, and interactions across cultures.

Part 3: Case Studies: Practical Application with Varied Cultural Groups: In this session, participants will gain hands-on experience from a case study and apply learned concepts to a real-world scenario, reinforcing the theoretical understanding with practical application. In addition, the session will present the unique contributions of cultural experts and those with lived experiences along with the value and insights each brings to fostering cultural responsiveness.

Effective Family Therapy with Adolescents with Substance Use Disorders

Adolescent recovery is enhanced if the family is effectively integrated into treatment. This two-hour skill-building workshop covers various topics aimed at effectively integrating the family into adolescent treatment. Topics include research-based strategies to engage the family and address reluctance to participate. The presentation also covers helping families understand substance use disorder treatment, their role in the adolescent's recovery, and evidenced-based family therapy approaches to adolescent recovery.

Integrating Cultural Responsiveness and Evidence-Based Practices With Black/African American and Latinx Adolescents with Substance Use Disorders

This presentation focuses on substance use disorder treatment for Latinx, African American, and other youth of color. Topics covered include engaging Latinx and African American adolescents in substance use disorder treatment, evidence-based approaches for working with adolescents of color, and the integration of culture and evidence-based practices, such as contingency management, feedback-informed treatment, culturally-modified trauma-focused cognitive behavioral therapy, and *Familia Adelante*.

Recruit, Hire, Retain, Promote (RHRP): Culturally-Responsive Workforce Enhancement

Human services providers are struggling to hire and retain the staff they need to fulfill their missions. Organizations continue to face challenges in staffing shortages, competition for talent with other industries, and the high costs of staff turnover. Sessions 1–5 in this series feature the National CLAS Standards, workforce wellness, and professional coaching/mentoring best practices. Each session focuses on how these cultural elements affect your organization's capacity to recruit, hire, retain, and promote (RHRP) the best possible team. Sessions 6–10 follow as a NIATx Change Leader Academy (CLA) focused on the RHRP continuum and will provide tools for making data-driven changes to improve recruitment and hiring.

Substance Use Disorder Treatment with Black and African American Adolescents and Transition-Age Youth

Much has been written about substance use disorder treatment for adolescents and adults, but little has been written about specialist treatment for transition-age youth (emerging adults between the ages of 18 to 25). Most transition-age youth do not view themselves as adolescents, and often do not feel fully adult. Topics covered in this skill-building workshop include the unique treatment needs of adolescents and transition-age youth, how treatment differs for each group, the developmental tasks of transition-age youth and implications for substance use disorders treatment, and strategies to engage and help adolescents and transition-age youth successfully complete treatment.

Worldview Dynamics: The Intersection of Culture, Faith, History, and Mental Health

When we look at integrated systems of learned behavior, the philosophical maps of how we view reality, and the history that brought us to this moment, we then may be able to recognize why we are the way we are and what shaped us.

