

# WELCOME! WE WILL BEGIN MOMENTARILY

# BEST PRACTICES FOR SUCCESSFUL REENTRY FROM CRIMINAL JUSTICE SETTINGS FOR PEOPLE LIVING WITH MENTAL HEALTH CONDITIONS AND/OR SUBSTANCE USE DISORDERS









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At the time of this presentation, Dr. Miriam E. Delphin-Rittmon served as Assistant Secretary for Mental Health and Substance Use in the U.S. Department of Health and Human Services (DHHS) and the Administrator of SAMHSA. The opinions expressed herein are the views of the speakers, and do not reflect the official position of DHHS or SAMHSA. No official support or endorsement of DHHS, SAMHSA, for the opinions described in this presentation is intended or should be inferred.



The MHTTC Network uses affirming, respectful and recovery-oriented language in all activities. That language is:

STRENGTHS-BASED AND HOPEFUL

INCLUSIVE AND
ACCEPTING OF
DIVERSE CULTURES,
GENDERS,
PERSPECTIVES,
AND EXPERIENCES

HEALING-CENTERED AND TRAUMA-RESPONSIVE

INVITING TO INDIVIDUALS PARTICIPATING IN THEIR OWN JOURNEYS

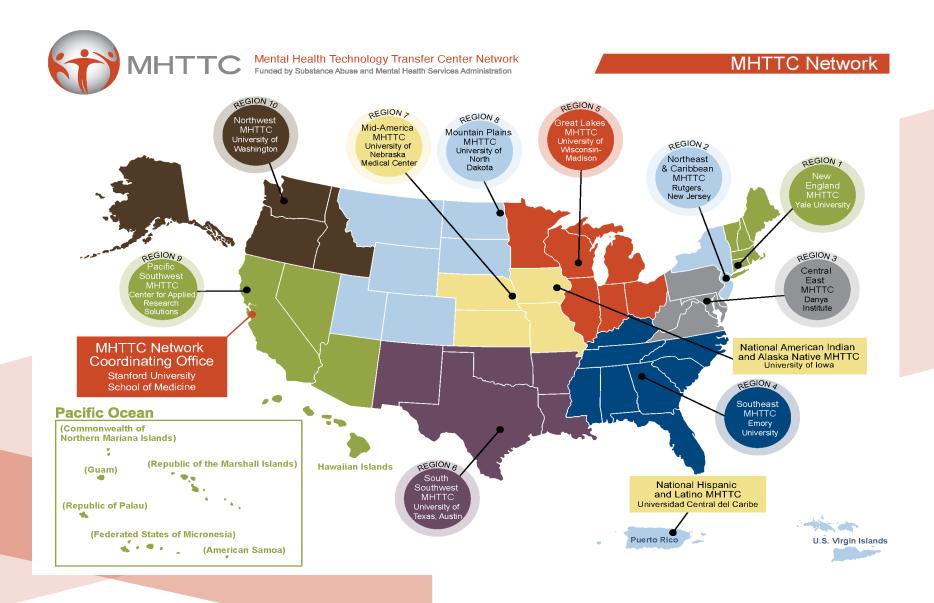
PERSON-FIRST AND FREE OF LABELS

NON-JUDGMENTAL AND AVOIDING ASSUMPTIONS

RESPECTFUL, CLEAR AND UNDERSTANDABLE

CONSISTENT WITH OUR ACTIONS, POLICIES, AND PRODUCTS

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# National Mental Health and Substance Use Policy Laboratory

Best Practices for Successful Reentry From Criminal Justice Settings for People Living With Mental Health Conditions and/or Substance Use Disorders

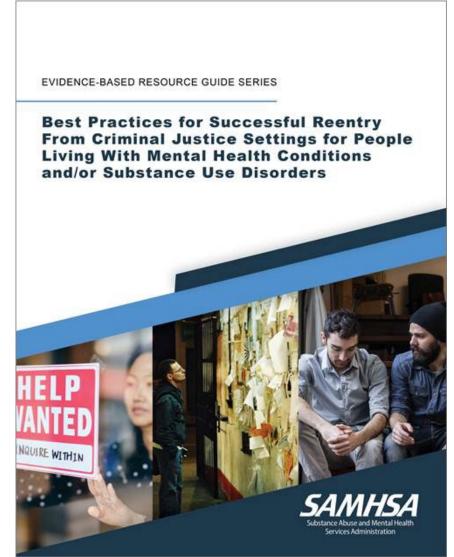
September 7, 2023



# Welcome



**Dr. Joseph Bullock**Senior Public Health Advisor
SAMHSA





# **Evidence-Based Resource Center Guides**



SAMHSA's vision for the guides – and the underlying foundation – is to:

- Reflect scientific rigor and make recommendations from the evidence base.
- Provide expert consensus.
- Be comprehensive and modular for use by practitioners, administrators, and other stakeholders.
- Be accessible to the field.



# Overview of the Issue

Association of Lifetime Mental Health Conditions and SUDs With Lifetime Incarceration; Odds Ratios Adjusted for Sociodemographic and Other Disorders

Any Diagnosis

4.1\*
times the odds
of lifetime
incarceration

Any Mood Disorder

1.2
times the odds
of lifetime
incarceration

Any Anxiety Disorder

1.3\* times the odds

of lifetime incarceration

Any SUD

4.2\*
times the odds
of lifetime
incarceration

Comorbid SUD and Mental Health

6.7\*

of lifetime incarceration

\*p≤.001

### Source:

Moore, K. E., Oberleitner, L. M., Zonana, H. V., Buchanan, A. W., Pittman, B. P., Verplaetse, T. L., Angarita, G.A., Roberts, W., McKee, S. A. (2019). Psychiatric disorders and crime in the US population: Results from the National Epidemiologic Survey on Alcohol and Related Conditions Wave III. *The Journal of Clinical Psychiatry*, 80(2), 15899. https://doi.org/10.4088/JCP.18m12317



# Overview of the Issue

### **Key Elements of Reentry**

- Reentry planning (Collaborative Comprehensive Case Plans) across systems
- Warm hand-off to community providers to increase engagement
- Continuity of care; access to continuum of behavioral health services including harm reduction services
- Access to government identification (e.g., photo ID to obtain post-release treatment and government benefits)
- Medication, including Naloxone, and prescription access upon release
- Timely access to benefits, including Medicaid, Medicare, private health insurance, Supplemental Security Income/Social Security Disability Insurance (SSI/SSDI), Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF), veteran's benefits, etc.
- Peer support services
- Gainful employment; employment services
- Safe, secure, affordable, stable housing
- Other support services including transportation, childcare, legal services

Adapted from: SAMHSA, Criminal Justice System Intercept 4 - Transitioning back into the Community, 2022

- Encounter barriers to mental health and substance use treatment, stable and safe housing, meaningful employment, and other recovery support services
- Reentry planning and support should begin during a term of incarceration and continue post-release to address the needs of each individual and promote strong linkages to care or continuity of care.



# Overview of the Guide

## **Purpose of the Guide**

- To provide information and implementation guidance on three interventions and practices that may be useful in working with people living with mental health conditions and/or substance use disorders reentering the community from jail or prison.
- To provide resources related to evaluation.

### Structure

- Issue Brief
- What Research Tells Us
- Guidance for Selecting and Implementing Evidence-Based Interventions
- Examples of Organizations Implementing Evidence-Based Interventions
- Resources for Evaluation

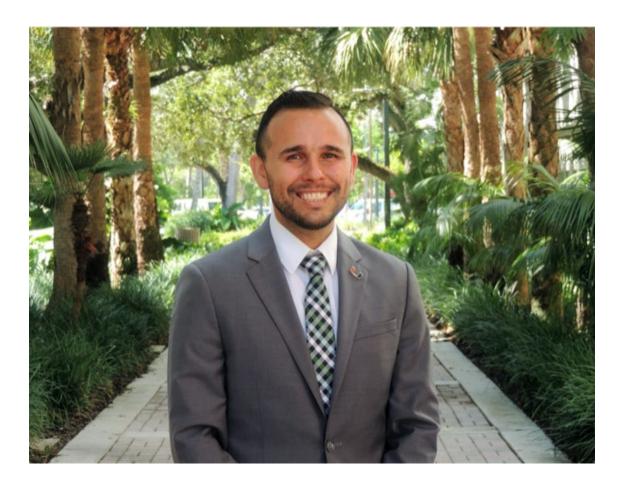
**Developed in collaboration with national experts** 

Systematic review of the evidence

**Features case examples** 



# The Role of Expert Input



Angel Sanchez, JD
Second Chance Fellow
Bureau of Justice Assistance
U.S. Department of Justice
Technical Expert Panel Member



# The Role of Expert Input



Elizabeth Adelman
Communicable Disease Supervisor,
Southern Nevada Health District



Caitlin Bouchard, MA
Clinical Director/Psychologist, Rhode Island
Department of Corrections



**Tony Cantillo**Warden, Maine Department of Corrections



**Sean Clark, JD**National Director, Veterans Justice Programs,
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Project Director, Yale University Reentry
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Deputy Chief, Services Research Branch,
National Institute on Drug Abuse



Barry Zack, MPH
The Bridging Group
Principal Consultant

# Evidence-Based Approaches for Reentry Populations Living With Mental Health Conditions and/or Substance Use Disorders

Reviewed systematic reviews of peer-reviewed literature on populations experiencing mental health conditions and/or substance use disorders who are reentering the community from criminal justice settings

Identified potential interventions and discussed with SAMHSA, subject matter experts, and TEP

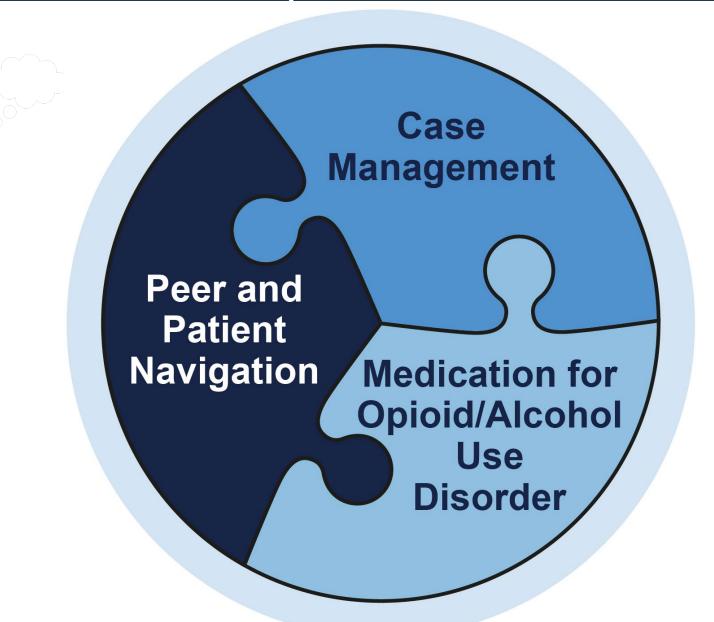
Identified three behavioral health interventions/approaches for inclusion

Screened abstracts for each intervention/approach (676 total)

Extracted information and synthesized findings



# Evidence-Based Approaches for Reentry Populations Living With Mental Health Conditions and/or Substance Use Disorders





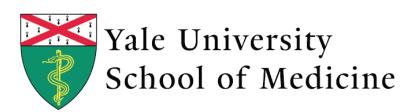
# **Implementation Examples**













# **Serving Children and Adults in Need**



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# **Felton Institute**



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# **Gandara Mental Health Center**



# Indira Andrade, LMHC

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# **Forensic Drug Diversion Clinic in New Haven**



Sherry McKee, PhD
Professor, Psychiatry
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# **Guidance for Selecting and Implementing Interventions**

Implementation considerations and strategies

- For organizations, coalitions, communities
- For clinicians and other staff members

Implementation resources

 MOUD/MAUD, case management, peer and patient navigation, reentry supports

# **Sample Key Resources**

- The National Reentry Resource Center,
   Building Second Chances: Tools for Local
   Reentry Coalitions
- SAMHSA's GAINS Center for Behavioral Health and Justice Transformation, Sequential intercept Model (SIM)
- SAMHSA's <u>Guidelines for Successful</u>
   <u>Transition of People With Mental or</u>
   <u>Substance Use Disorders From Jail and</u>
   <u>Prison: Implementation Guide</u>
- SAMHSA's <u>Use of Medication-Assisted</u>
   <u>Treatment for Opioid Use Disorder in</u>
   <u>Criminal Justice Settings</u>



# **Resources for Evaluation**



**FORMATIVE EVALUATIONS** 



FIDELITY EVALUATIONS



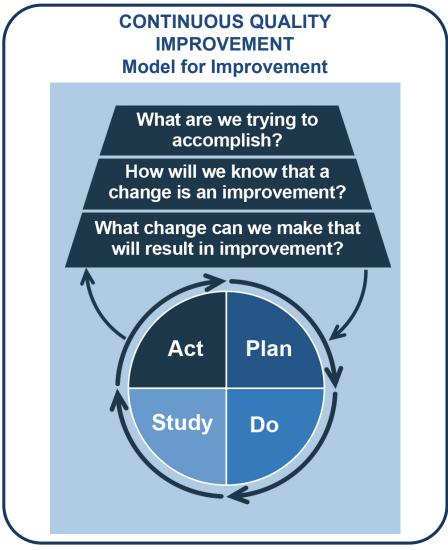
**PROCESS EVALUATIONS** 



**OUTCOME EVALUATIONS** 



**IMPACT EVALUATIONS** 

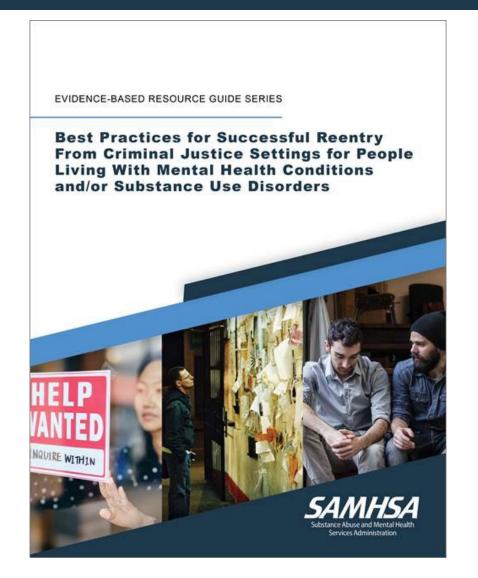




# **Conclusions**

 The guide is now available on the SAMHSA Store: <a href="https://www.samhsa.gov/res">https://www.samhsa.gov/res</a>
 ource/ebp/best-practicessuccessful-reentry-criminaljustice-settings-peopleliving-mental-health

 For more information, contact ebprc@samhsa.hhs.gov





# **Next Steps**

The MHTTC Network is funded through SAMHSA to provide this training. As part of receiving this funding we are required to submit data related to the quality of this event.

Please take a moment to complete a **brief** survey about today's session.

Survey: <a href="https://ttc-gpra.org/P?s=813516">https://ttc-gpra.org/P?s=813516</a>

### Within a week:

- The recording of today's session will be available on mhttcnetwork.org.
- Attendees will receive a follow-up email with instructions for downloading a certificate of completion.



# THANK YOU