# Supporting the Mental Well-Being of LGBTQIA+ Youth in Schools

Navigating Context Paralysis and Legislation

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This work is supported by grants under Funding Opportunity Announcement (FOA) No. SM-18-015 from the DHHS, SAMHSA.

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STRENGTHS-BASED AND HOPEFUL

INCLUSIVE AND
ACCEPTING OF
DIVERSE CULTURES,
GENDERS,
PERSPECTIVES,
AND EXPERIENCES

HEALING-CENTERED/TRAUMA-RESPONSIVE

INVITING TO INDIVIDUALS PARTICIPATING IN THEIR OWN JOURNEYS

PERSON-FIRST AND FREE OF LABELS

NON-JUDGMENTAL AND AVOIDING ASSUMPTIONS

RESPECTFUL, CLEAR AND UNDERSTANDABLE

CONSISTENT WITH OUR ACTIONS, POLICIES, AND PRODUCTS

#### Our Panelists:



**Shelley Craig, PhD** 



**Jordan Mix** 



Leah Love, MSSA, LISW, LCSW



**Jabari Lyles** 



Alison DeLizza, PhD

## Navigating Context Paralysis and Legislation

Panel Moderator: Alison DeLizza, PhD

Panelists: Jordan Mix

Jabari Lyles

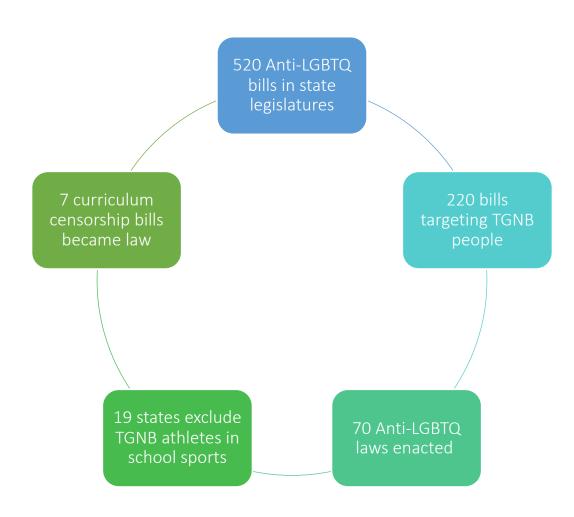
Shelley Craig, PhD

Leah Love, MSSA, LISW, LCSW,

### Context Paralysis

The reluctance to engage with issues when the cultural context may make doing so difficult

#### What is our context in 2023?



## What does the context do?

1/3 say mental health is worse because of anti-LGBTQ policies

2/3 say just hearing about laws banning people from discussing LGBTQ people at school made their mental health worse

85% of youth pay somewhat or a lot of attention to the media about LGBTQ+ rights

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