

# TIC and Cross-Sector Collaboration: Open Office Hours

A Collaboration Between:



# Presenters



Aimee Rachel, LMSW  
TIC Clinical Coordinator  
Texas Association of Community Health Centers



Aniela Brown, MSW  
TIC Clinical Coordinator  
Texas Association of Community Health Centers

# Objectives



- 1. Discover how universally integrating TIC throughout organizations can impact patient-centered care.**
- 2. Explain why both internal and external service integration is important to advancing TIC.**
- 3. Determine how individuals at their particular organization can adopt one (1) provided strategy into current practice.**

# Self-Care



At times, the materials presented in this session can be difficult to **view** or **hear**.

Please take a **break** at any time and seek decompression support if needed  
*(breathing exercise, turning camera off, taking a pause, etc.).*



# Review of Impact

# Building blocks of care





# 4 R's

REALIZE



RECOGNIZE

RESIST



RESPOND



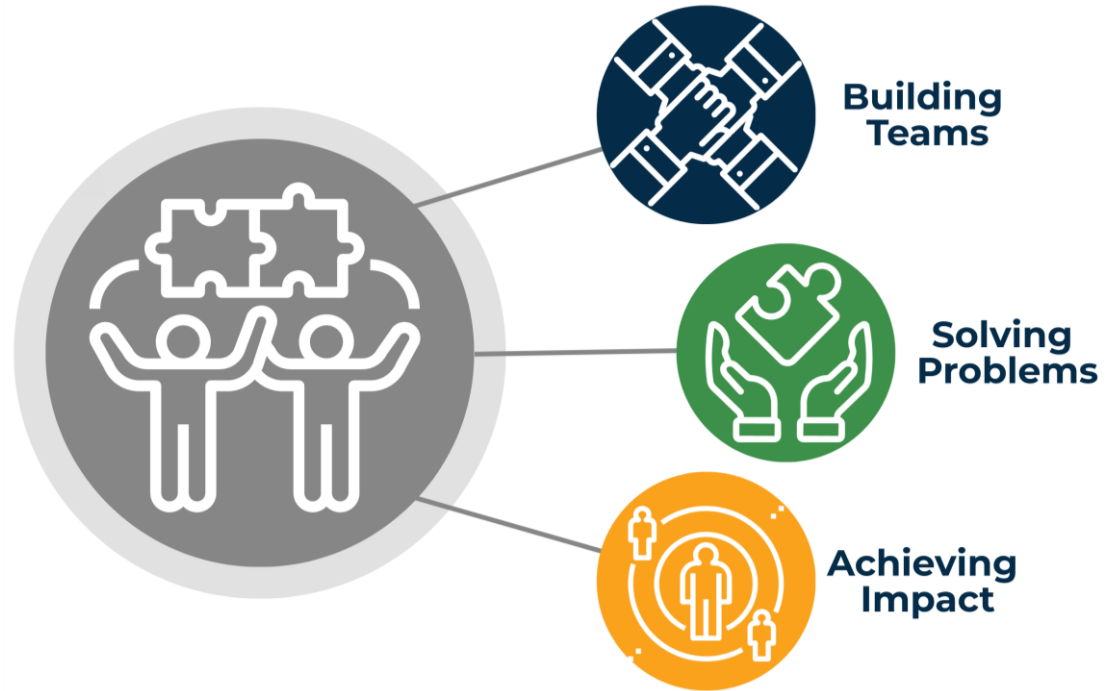
Adapted from: SAMHSA's Concept of Trauma and Guidance for a Trauma-Informed Approach, 2014





# Strategies

# Foundations of Collaboration



Reference: [Stanford Social Innovation Review, 2023](#)



# Building Teams





# Solving Problems





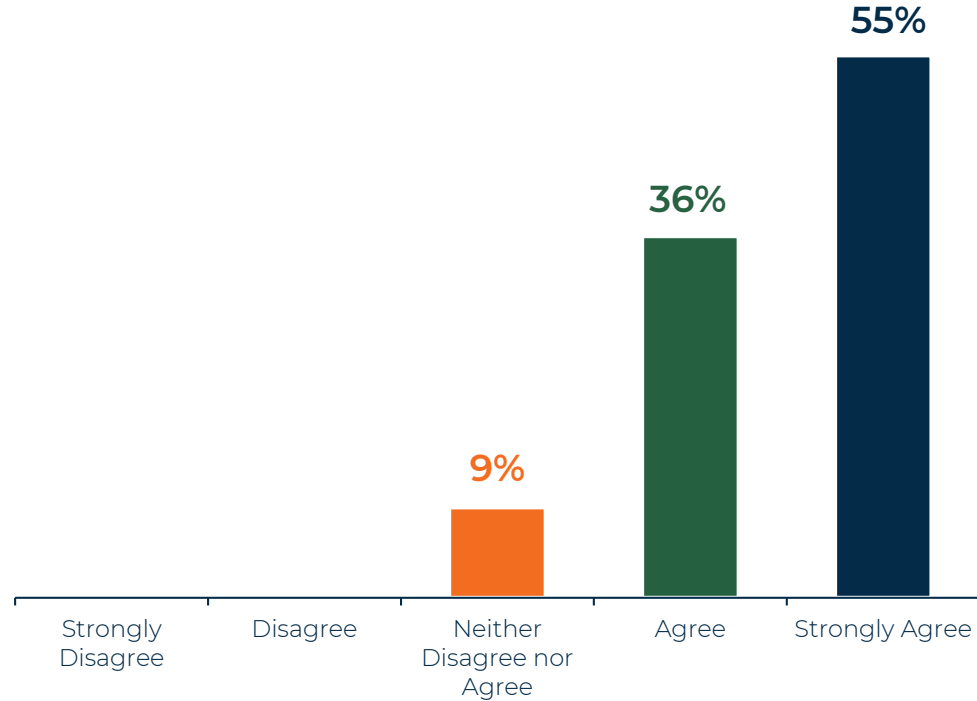
# Achieving Impact



# Culture



# Question 1



# Trauma Informed Care Connection:

## How do we move from agree to strongly agree?



**Building Teams:**  
Transparency  
Trust  
Safety



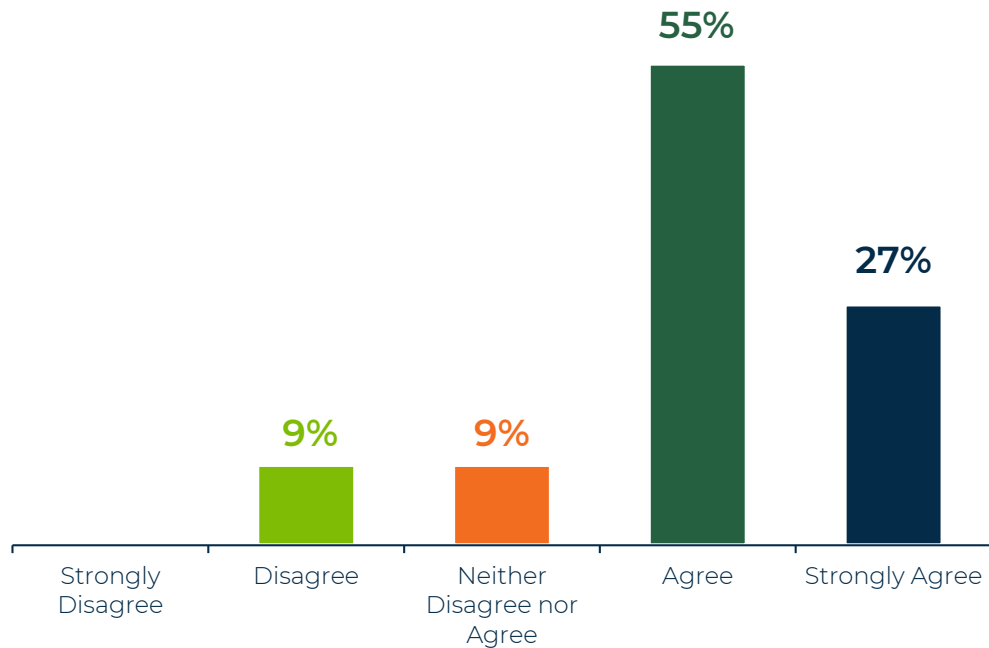
**Solving Problems:**  
Choice  
Collaboration  
Peer Support



**Achieving Impact:**  
Empowerment  
Historical, Gender, &  
Cultural Factors



# Question 2



# Trauma Informed Care Connection:

## How do we move from agree to strongly agree?



**Building Teams:**  
Transparency  
Trust  
Safety

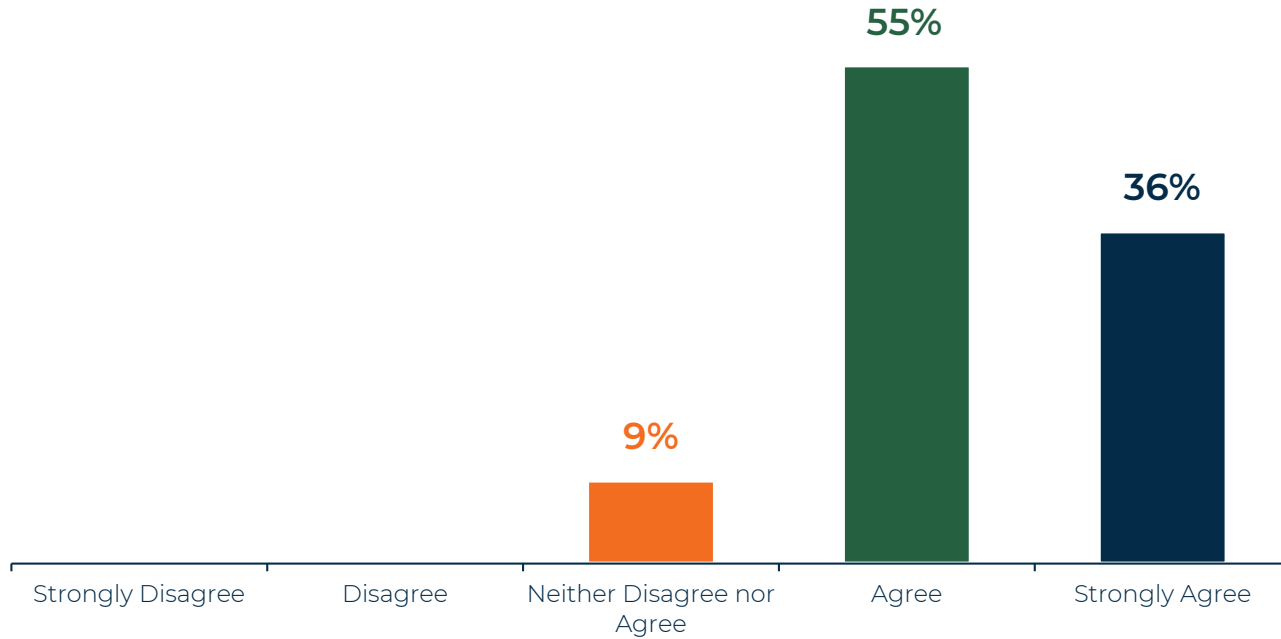


**Solving Problems:**  
Choice  
Collaboration  
Peer Support



**Achieving Impact:**  
Empowerment  
Historical, Gender, &  
Cultural Factors

# Question 3



# Trauma Informed Care Connection:

## How do we move from agree to strongly agree?



**Building Teams:**  
Transparency  
Trust  
Safety

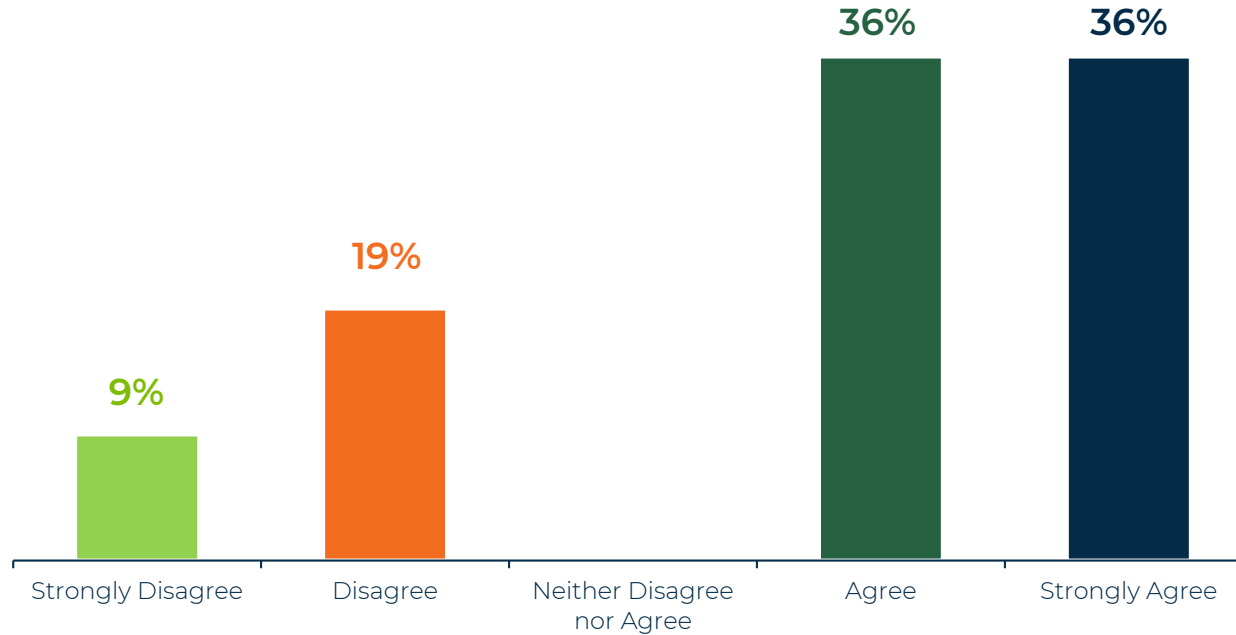


**Solving Problems:**  
Choice  
Collaboration  
Peer Support



**Achieving Impact:**  
Empowerment  
Historical, Gender, &  
Cultural Factors

# Question 4



# Trauma Informed Care Connection:

## How do we move from agree to strongly agree?



Building Teams:  
Transparency  
Trust  
Safety

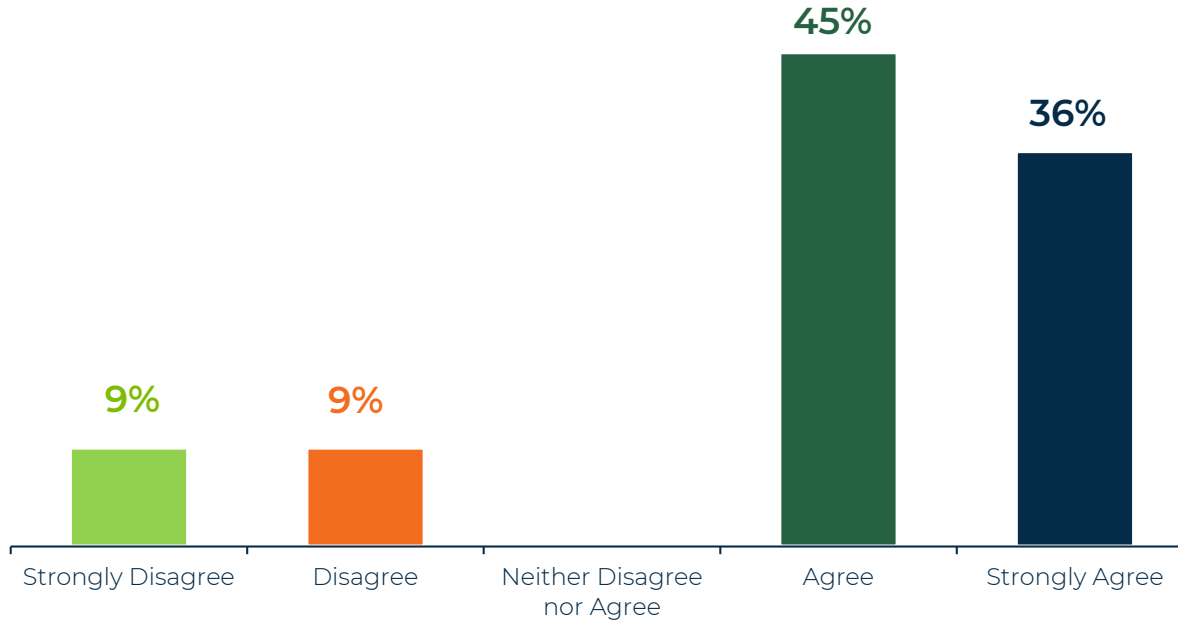


Solving Problems:  
Choice  
Collaboration  
Peer Support



Achieving Impact:  
Empowerment  
Historical, Gender, &  
Cultural Factors

# Question 5



# Trauma Informed Care Connection:

## How do we move from agree to strongly agree?



Building Teams:  
Transparency  
Trust  
Safety



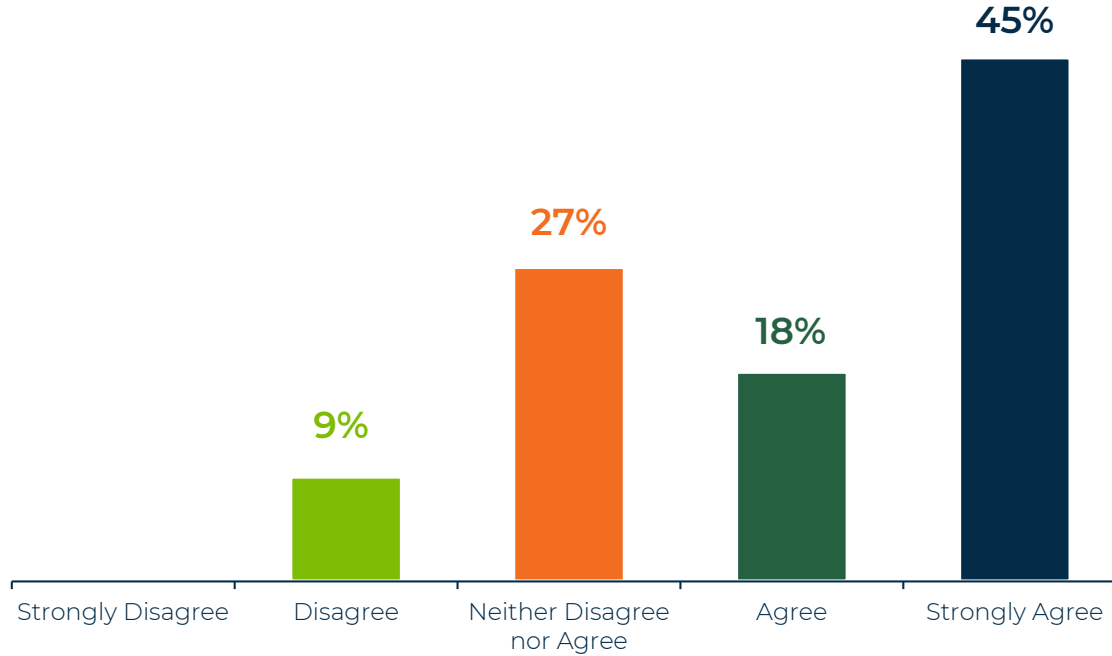
Solving Problems:  
Choice  
Collaboration  
Peer Support



Achieving Impact:  
Empowerment  
Historical, Gender, &  
Cultural Factors



# Question 6



# Trauma Informed Care Connection:

## How do we move from agree to strongly agree?



Building Teams:  
Transparency  
Trust  
Safety

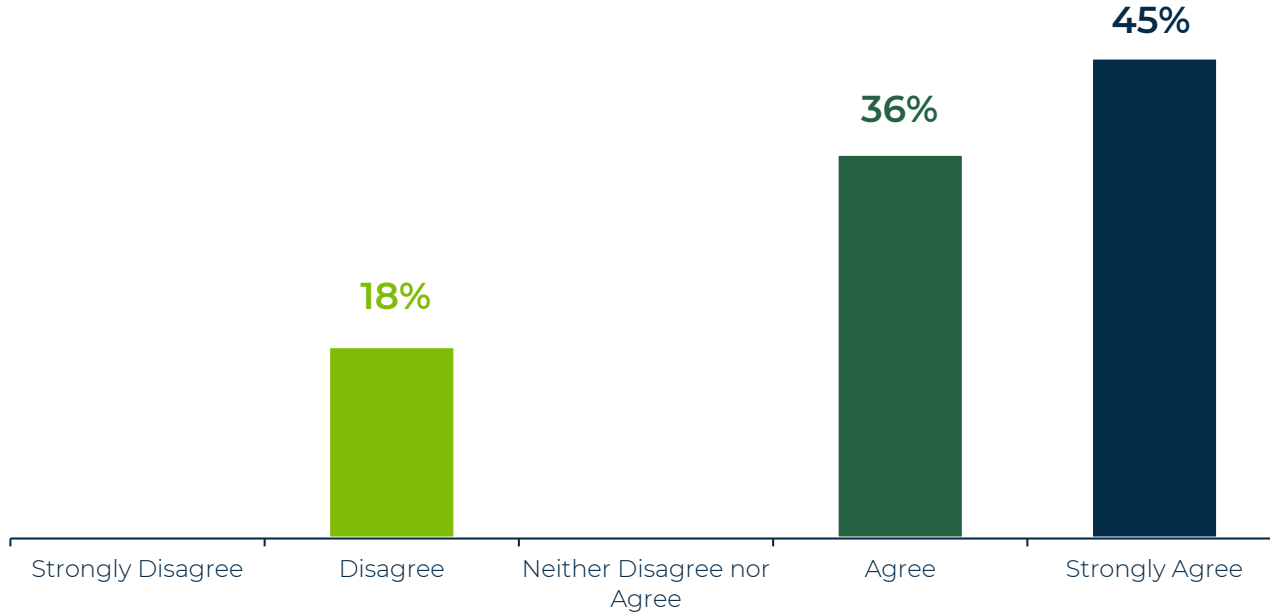


Solving Problems:  
Choice  
Collaboration  
Peer Support



Achieving Impact:  
Empowerment  
Historical, Gender, &  
Cultural Factors

# Question 7



# Trauma Informed Care Connection:

## How do we move from agree to strongly agree?



**Building Teams:**  
Transparency  
Trust  
Safety

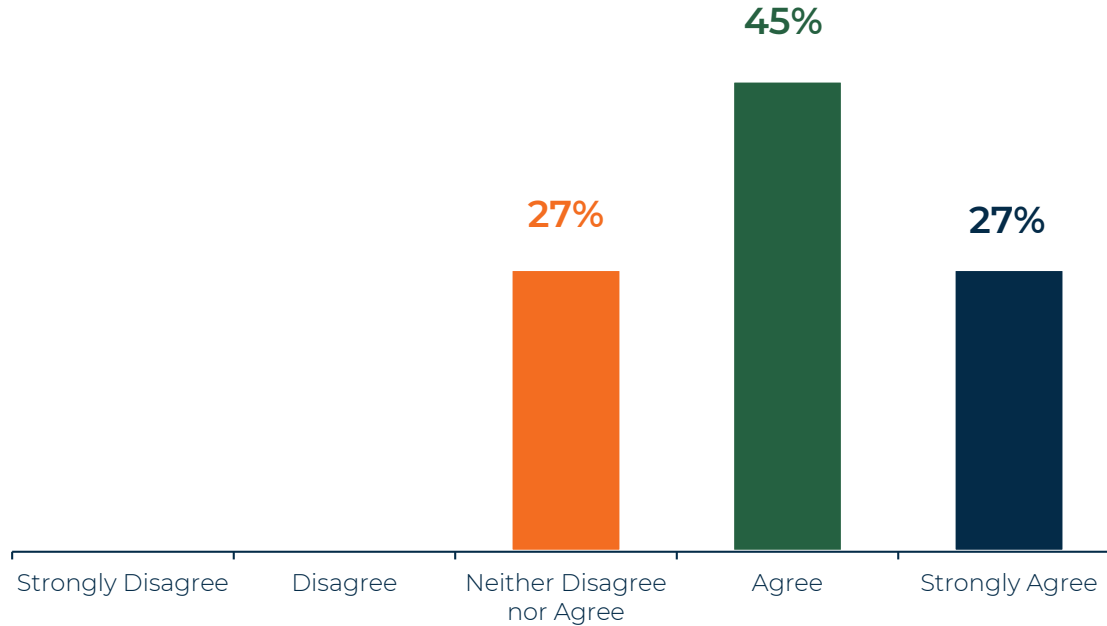


**Solving Problems:**  
Choice  
Collaboration  
Peer Support



**Achieving Impact:**  
Empowerment  
Historical, Gender, &  
Cultural Factors

# Question 8



# Trauma Informed Care Connection:

## How do we move from agree to strongly agree?



**Building Teams:**  
Transparency  
Trust  
Safety

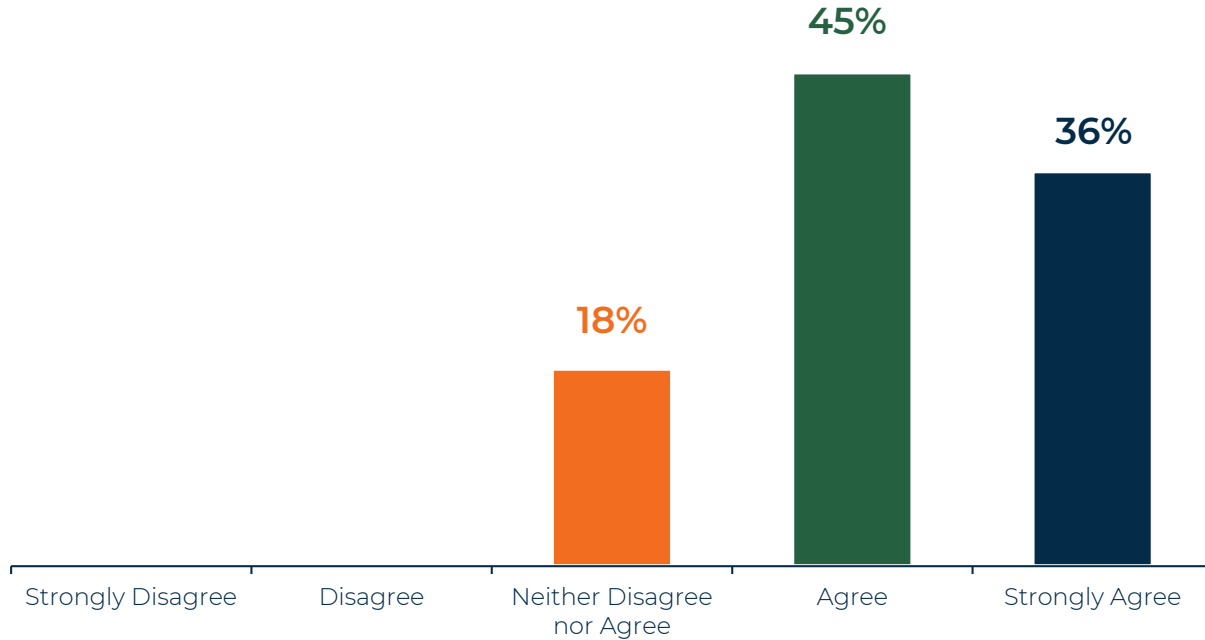


**Solving Problems:**  
Choice  
Collaboration  
Peer Support



**Achieving Impact:**  
Empowerment  
Historical, Gender, &  
Cultural Factors

# Question 9



# Trauma Informed Care Connection:

## How do we move from agree to strongly agree?



Building Teams:  
Transparency  
Trust  
Safety



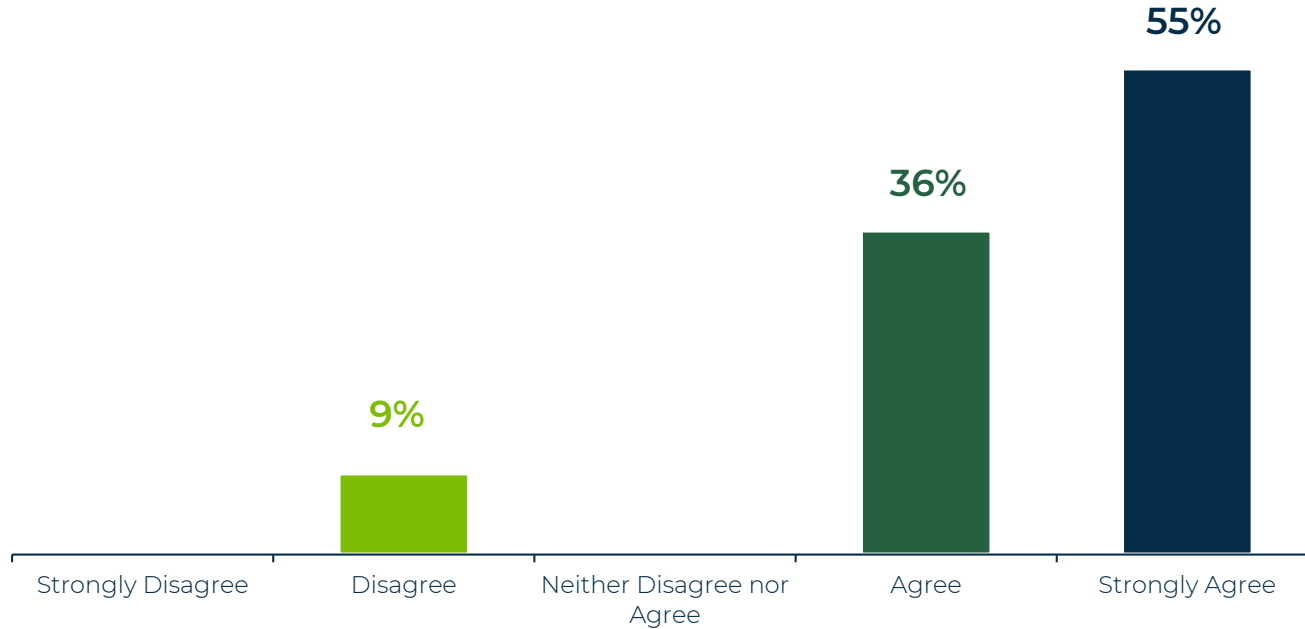
Solving Problems:  
Choice  
Collaboration  
Peer Support



Achieving Impact:  
Empowerment  
Historical, Gender, &  
Cultural Factors



# Question 10



# Trauma Informed Care Connection: How do we move from agree to strongly agree?



Building Teams:  
Transparency  
Trust  
Safety



Solving Problems:  
Choice  
Collaboration  
Peer Support



Achieving Impact:  
Empowerment  
Historical, Gender, &  
Cultural Factors



# Questions



# Next Up:

## TIC Didactic Session:

- Session 4: TIC and Care for Individuals with Chronic Diseases
- Tuesday, October 10, from 12:00-1:00pm CST

## TIC Open Office Hours:

- Session 4: TIC and Care for Individuals with Chronic Diseases
- Tuesday, October 24, from 12:00-1:00pm CST

# Thank you!



Aimee Rachel, LMSW  
TIC Clinical Coordinator  
[arachel@tachc.org](mailto:arachel@tachc.org)

Aniela Brown, MSW  
TIC Clinical Coordinator  
[abrown@tachc.org](mailto:abrown@tachc.org)