



## 2024 Mountain Plains Leadership Academy – Program #24CE00097

**Session 1 \_ The Heart of Leadership**  
**April 22, 2024 – April 24, 2024 · Boulder, CO**

**Session 2 \_ The Business of Leadership**  
**September 23, 2024 – September 25, 2024 · Boulder, CO**

**Target Audience: This accredited continuing education activity is designed for directors, supervisors, upcoming supervisors in the Behavioral Health, and Substance Use Disorder fields.**

### **Global Objectives:**

- Forge meaningful mentorship relationships with experienced leaders in the field of rural behavioral and substance use disorder management.
- Identify your own leadership style, recognizing strengths and areas for development.
- Discuss how to nurture high-performing individuals within your team.
- Implement strategies to cultivate a supportive and positive leadership culture within your organization.

Leadership shortages in the rural behavioral health and substance abuse workforces continue to pose significant challenges for individuals and their communities throughout HHS Region 8 states of Colorado, Montana, North Dakota, South Dakota, Utah, and Wyoming.

The Mountain Plains Mental Health Technology Center (MHTTC) Leadership Academy was formed to address these gaps and for the past five years, the Academy has served the rural behavioral health workforce and their communities by providing provided customized training to effectively meet leaders where they are and provide them with a map that helps them navigate the leadership challenges they have taken on.

This year, in response to both participant feedback from the 2023 Leadership Academy, and shared concerns about the escalating impact of opioid and stimulant abuse throughout rural communities in our region, we have reformatted the Academy to offer a 6-month Leadership Intensive experience to providers in HHS Region 7 and 8 states, working in the behavioral health, mental health, and substance abuse fields. This intensive is the result of a collaboration between the Mountain Plains MHTTC, Mid-America MHTTC, and the Mountain Plains Rural Opioid Technical Assistance Center (ROTAC).

This collaboration allows us to expand our training offering to include two in-person events, with a training curriculum that addresses both the soft and hard skills needed to be an effective leader, one-on-one coaching, group mentoring, and ongoing monthly training.

Below is a preview of the 2024 Mountain Plains Leadership Academy Schedule:

**April 22, 2024 – April 24, 2024 · Boulder, CO**

**Session 1 \_ The Heart of Leadership**

Some of the topics we will cover include Interpersonal Style, Leadership Skills and Competencies, Situational Leadership, and Building Strong Teams.

**APRIL 22<sup>nd</sup> – Afternoon & Evening**

Group Get Together – Introductions  
Group Dinner – Chautauqua, Boulder, CO

**APRIL 23<sup>rd</sup> – Day 1**

Continental Breakfast Provided  
Morning Session  
Lunch Provided  
Afternoon Session

**APRIL 24<sup>th</sup> · Day 2**

Continental Breakfast Provided  
Morning Session  
Individual Mentoring Sessions  
Lunch  
Individual Mentoring Sessions  
Afternoon Session

**Monthly Leadership Training (1 hour) – May | June | July | August**

**Monthly Mentoring (1 hour)**

**Individual Mentoring or Group Mentoring**

**(1 – 2x | month) – May | June | July | August | September**

**September 23 – September 25, 2024 · Boulder, CO**

**Session 2 \_ The Business of Leadership**

Some of the topics we will cover include Leadership and Management Skills, Cultural Competence, Ethical and Legal Considerations, and Collaboration and Networking.

**SEPTEMBER 23<sup>rd</sup> – Afternoon & Evening**

Group Get Together  
Group Dinner – Chautauqua, Boulder, CO

**SEPTEMBER 24<sup>th</sup> – Day 1**

Continental Breakfast Provided  
Morning Session  
Lunch Provided  
Afternoon Session

**SEPTEMBER 25<sup>th</sup> – Day 2**

Continental Breakfast Provided  
Morning Session  
Lunch  
Afternoon Session – Wrap-Up



Mountain Plains  
MHTTC

Mental Health Technology Transfer Center Network  
Funded by Substance Abuse and Mental Health Services Administration



MOUNTAIN PLAINS  
RURAL OPIOID TECHNICAL ASSISTANCE CENTER



Mid-America (HHS Region 7)  
MHTTC

Mental Health Technology Transfer Center Network  
Funded by Substance Abuse and Mental Health Services Administration



## Who We Are Looking For:

1. New and emerging rural leaders who live and or are working in the behavioral health and/or substance abuse & treatment fields in the HHS Region 8 states of Colorado, Montana, North Dakota, South Dakota, Utah, and Wyoming and HHS Region 7 states of Iowa, Kansas, Missouri, and Nebraska.
2. Must be working in a leadership position.
3. **Twenty** participants are willing to commit to full participation in the 6-month intensive program.

## What We Offer:

1. A free, customized curriculum adapted to meet the unique needs of rural leaders and facilitated by trainers in the behavioral health and substance use disorder fields, as well as private and public sector fields, with extensive leadership experience.
2. Continuous on-going support for the full 6-month period.
3. 8.25 CEU APA and LADC credits are available for Session 1. CEU credits for Session 2 are pending.
4. Travel, lodging, and all meals (excluding dinner on Tuesday evening 4/23 and 9/23) will be covered, per WICHE travel policy. Applicants will receive more detailed information upon acceptance.

To submit an application for this year's Academy, please visit:

<https://wiche.zoom.us/meeting/register/tJEsdO6srzwrH9BvvkMVcw44BxaZGB9UzLTT>

## Application Schedule:

Application Deadline: **March 22, 2024**

Notification of Acceptance: **March 29, 2024**

## ACCREDITED CONTINUING EDUCATION



JOINTLY ACCREDITED PROVIDER™  
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, this activity has been planned and implemented by University of Nebraska Medical Center and Western Interstate Commission for Higher Education (WICHE). University of Nebraska Medical Center is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

## PSYCHOLOGISTS/LICENSE MENTAL HEALTH PROVIDERS



Mountain Plains  
MHTTC

Mental Health Technology Transfer Center Network  
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**MOUNTAIN PLAINS**  
RURAL OPIOID TECHNICAL ASSISTANCE CENTER



Mid-America (HHS Region 7)  
MHTTC

Mental Health Technology Transfer Center Network  
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Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs. This activity has been approved for **8.25** credit hours of continuing education credit.

## LADC

This activity meets the criteria of an approved continuing education program for Licensed Drug and Alcohol Counselors (LADC).