

# COLLABORATIVE COMMUNICATION

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in conjunction with

Region 10 MHTTC

# Learning Objectives

- Develop openness towards different perspectives as a means to build cultures of mutual respect and dignity.
- Enhance communication to minimize confusion and build more functional relationships.
- Identify opportunities for collaboration, shared decision making, and person-centered engagement.

**Big Question: How can we communicate in ways that build collaboration through connection?**

# Quote to Ponder

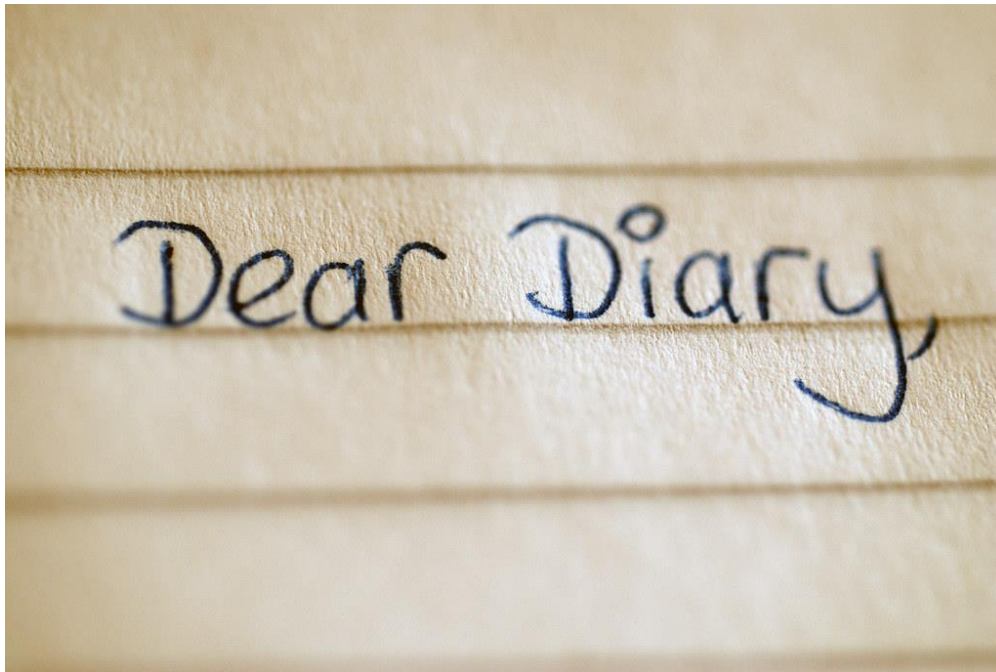
*"None of us, including me, ever do great things. But we can all do small things, with great love, and together we can do something wonderful."*

*– Mother Teresa"*



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# Dear Diary



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Journal about  
your experience  
through this  
Learning  
Community

# IceBreaker



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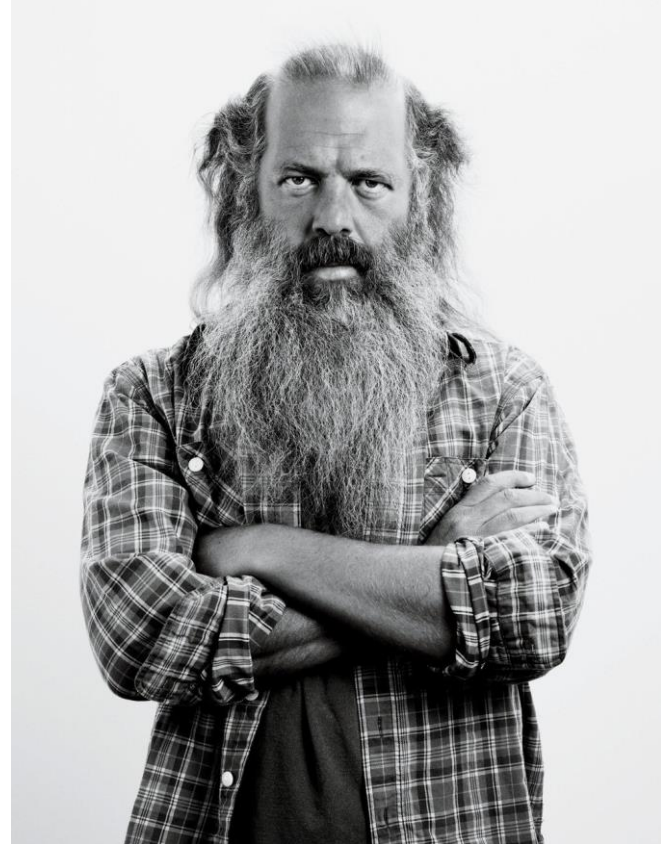




# Collaboration

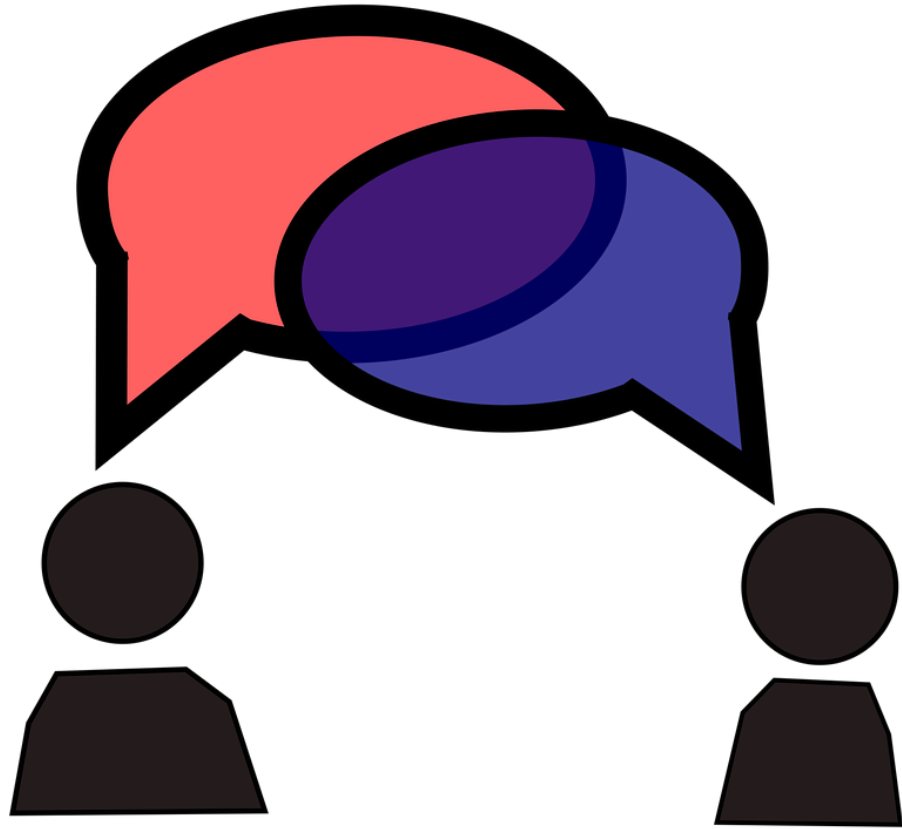
“Collaboration is everyone working together on the best thing for the whole thing... If you’re invested in the collaboration, you want the best idea win, **NOT YOUR IDEA TO WIN.**”

-Rick Rubin, “The Creative Act: A Way of Being”



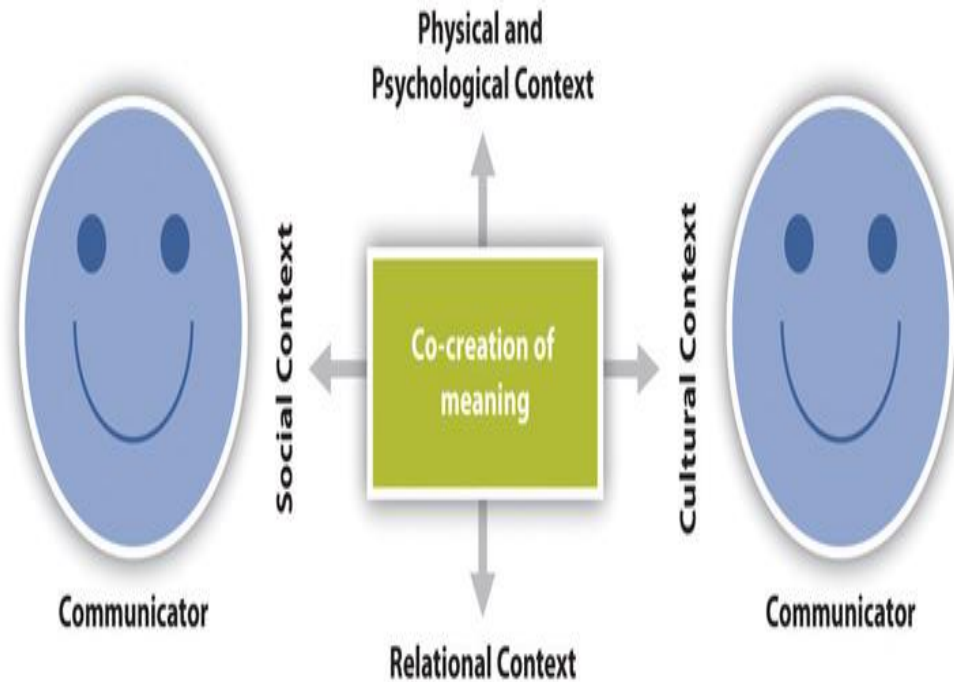
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# Communication



1. Listen Better
2. Process Better
3. Respond Better

# Cultural Context



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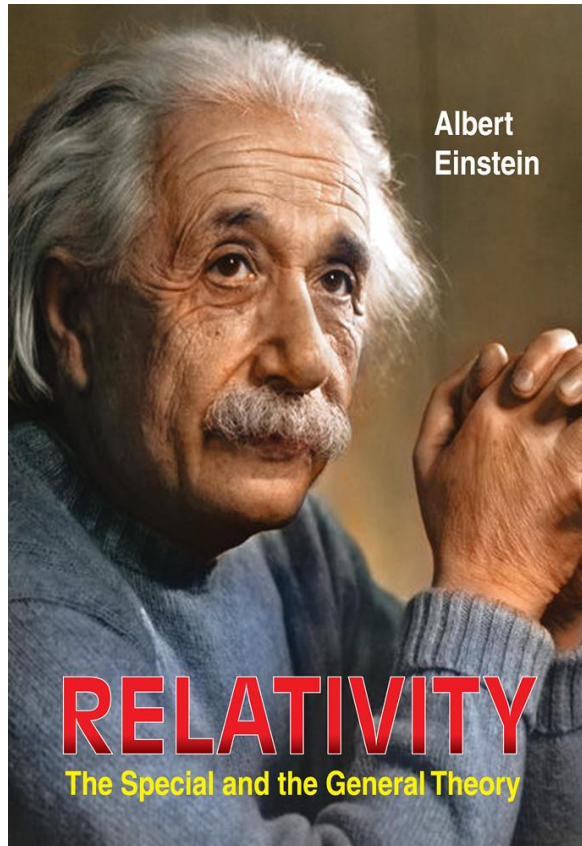


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# Cultural Relativity



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Affirming and acknowledging that everyone sees, experiences, and engages the world differently, depending on how they were socialized.

# Reflexive Response



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# Increased Collaboration



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## Some questions to ask yourself

1. What made me respond in that way?
2. What stopped me from reacting another way?
3. What did I want to say?
4. What response did the other person give?
5. How could I have responded better?
6. What happens if I attempt and still not get heard or get the response I want?



# In Closing...



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Northwest MHTTC

<https://mhttcnetwork.org/center/northwest-mhttc/>

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