

# CULTURAL COMPETENCE



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# CULTURAL HUMILITY & --- RESPONSIVENESS

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in conjunction with

Region 10 MHTTC

# Learning Objectives

- Learn ways to validate the experience of others while identifying your own “blind spots” to increase empathy for those we serve.
- Acknowledge the need for cultural awareness and understanding, through self-reflection to create change and more supportive workplace environments.
- Develop the ability to reframe interactions with others as one of collaborative equals.

**Big Question: How can we be MORE than culturally competent?**

# Quote to Ponder

*"Cultural differences should not separate us from each other, but rather cultural diversity brings a collective strength that can benefit all of humanity."*

- Robert Alan



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# IceBreaker



## In Breakout rooms...

Discuss these questions...

What was the last cultural conflict you have seen on social media?

How much did you engage in it?

How did you feel afterwards?

# Diverse Tapestry



Tell me some things about you that I can't find out on Google...



# Cultural Humility and Responsiveness Cultural Competence



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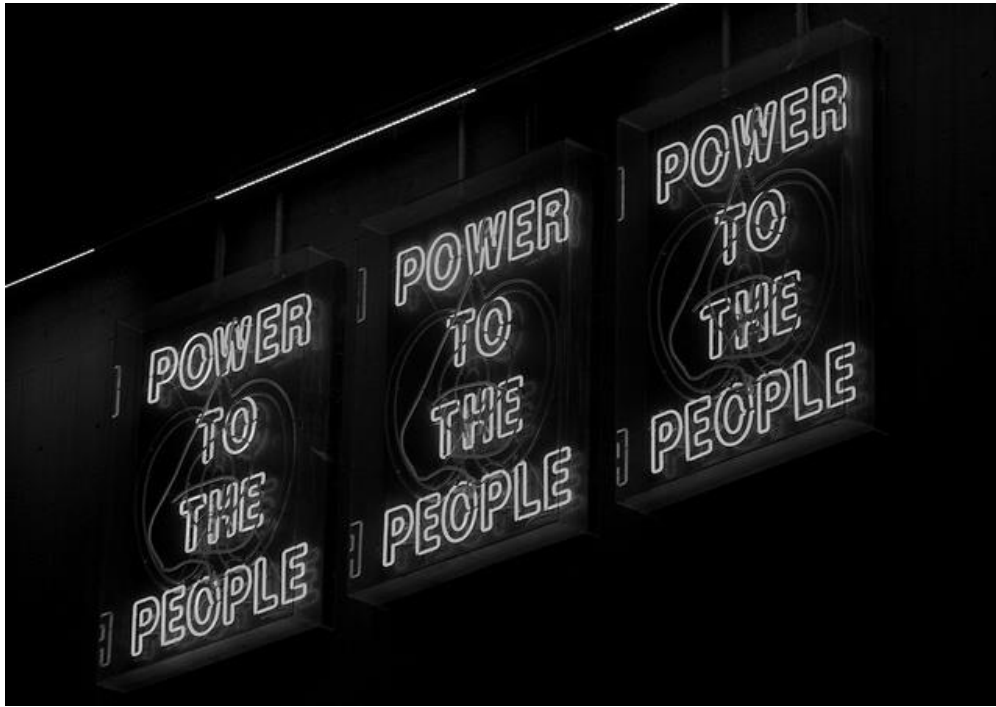
# Cultural Competence



**“Respecting Differences”**

**What does that mean?**

# POWER





# Cultural Humility and Awareness

Self-Awareness  
and  
Readiness

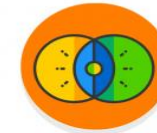
## Just Culture



investigate for  
safety



respect others  
flatten hierarchies



embrace different  
perspectives



champion  
innovation



be fair  
be consistent



seek improvement  
welcome challenge



strive for learning  
be kind



trust  
encourage curiosity



be transparent  
embrace different perspectives

# Cultural Tailoring



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- Self-Awareness
- Positionality

# Responsiveness through **EMPATHY**

## 5 Ways to Build the SKILL of Empathy

1. Actively Listen
2. Acknowledge and Validate
3. Cultivate Curiosity
4. Practice Perspective-Taking
5. Advocacy



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# In Closing...

Being humble means  
**recognizing we are not  
on earth to see how  
important we can become,**  
but to see how much  
**difference we can make  
in the lives of others.**

*Gordon B. Hinckley*

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[www.lewisfamilyconsulting.net](http://www.lewisfamilyconsulting.net)

Northwest MHTTC

<https://mhttcnetwork.org/center/northwest-mhttc/>

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