



South Southwest (HHS Region 6)

MHTTC

Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration



New England (HHS Region 1)

MHTTC

Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

Person-Centered Recovery Planning Webinar Session 1

yale
program
for
recovery
and
community
health



The University of Texas at Austin
**Texas Institute for Excellence
in Mental Health**
School of Social Work

Acknowledgement

Presented in 2024 by the Mental Health Technology Transfer Center (MHTTC) Network.

This presentation was prepared for the South-Southwest Mental Health Technology Transfer Center (MHTTC) and the New England Mental Health Technology Transfer Center (MHTTC) Network under a cooperative agreement from the Substance Abuse and Mental Health Services Administration (SAMHSA). All material appearing in this publication, except that taken directly from copyrighted sources, is in the public domain and may be reproduced or copied without permission from SAMHSA or the authors. Citation of the source is appreciated. Do not reproduce or distribute this publication for a fee without specific, written authorization from South Southwest MHTTC or the New England MHTTC.

At the time of this publication, Miriam E. Delphin-Rittmon, Ph.D, served as Assistant Secretary for Mental Health and Substance Use in the U.S. Department of Health and Human Services and the Administrator of the Substance Abuse and Mental Health Services Administration.

The opinions expressed in the presentation are the views of our speakers and do not reflect the official position of the Department of Health and Human Services or SAMHSA.

This work is supported by grants SAMHSA # 6H79SM081778-05 and SAMHSA #1H79SM081775-01

Presented 2024

The MHTTC Network uses affirming, respectful and recovery-oriented language in all activities. That language is:

**STRENGTHS-BASED
AND HOPEFUL**

**INCLUSIVE AND
ACCEPTING OF
DIVERSE CULTURES,
GENDERS,
PERSPECTIVES,
AND EXPERIENCES**

**HEALING-CENTERED AND
TRAUMA-RESPONSIVE**

**INVITING TO INDIVIDUALS
PARTICIPATING IN THEIR
OWN JOURNEYS**

**PERSON-FIRST AND
FREE OF LABELS**

**NON-JUDGMENTAL AND
AVOIDING ASSUMPTIONS**

**RESPECTFUL, CLEAR
AND UNDERSTANDABLE**

**CONSISTENT WITH
OUR ACTIONS,
POLICIES, AND PRODUCTS**

Housekeeping Items

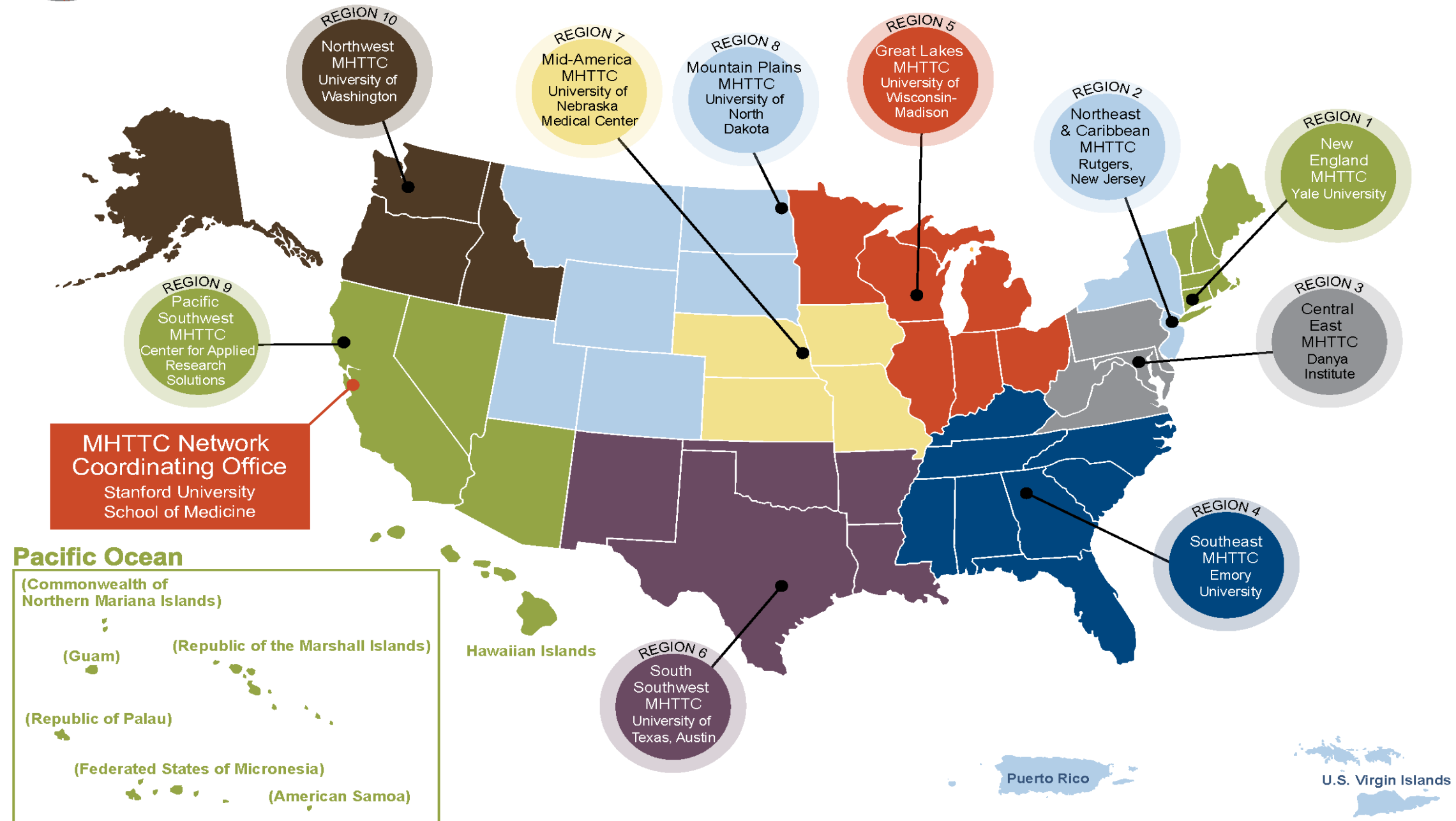
- We have made every attempt to make today's presentation secure. If we need to end the presentation unexpectedly, we will follow-up using your registration information.
- Attendees are able to unmute and share.
- Have a question or comment? Use the Chat.
- For participants who attend today's session, a certificate for 1.0 CEUs will be emailed to you within the next 2 days.
- Registrants are responsible for checking with their licensing or credentialing board to ensure acceptance of the CEUs issued.
- This session will be recorded.



MHTTC

Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

MHTTC Network





South Southwest (HHS Region 6)

MHTTC

Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration



New England (HHS Region 1)

MHTTC

Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

Person-Centered Recovery Planning Webinar Session 1

yale
program
for
recovery
and
community
health



The University of Texas at Austin
**Texas Institute for Excellence
in Mental Health**
School of Social Work

Presenter:



Janis Tondora, Psy.D., is an Associate Professor in the Department of Psychiatry at the Yale School of Medicine. Her work involves supporting the implementation of person-centered practices that help people with behavioral health concerns and other disabilities to get more control over decisions about their services so they can live a good life as they define it. She has provided training and consultation to over 25 states seeking to implement Person-Centered Recovery Planning and has shared her work with the field in dozens of publications, including her 2014 book, *Partnering for Recovery in Mental Health: A Practical Guide to Person-Centered Planning*. Janis' consultation and publications have been widely used by both public and private service systems to advance the implementation of recovery-oriented practices in the U.S. and abroad. She is a life-long resident of Connecticut where she lives with her husband and beloved labradoodles after recently becoming an empty-nester with two children in college.



Amanda Bowman, LCSW-S, PSS (she/her) is a clinical social worker, certified peer specialist supervisor, and WRAP® facilitator, using her professional and lived experience with mental health challenges to promote person-centered practices in behavioral health care. Coming from direct social work practice and administrative leadership within the public mental health system, she joined Via Hope in 2013, where she served as Recovery Institute Director until 2023. In this role, she oversaw the development and delivery of organizational change programs, which included statewide initiatives to support the implementation of person-centered planning, peer support services, and trauma-responsive work environments. Now the owner of Sidecar Consulting, Amanda uses her passion for participatory learning methods to facilitate collaborative learning events and serves as a subject matter expert for programs designed to support change within and across agencies. She has called Austin home since 2000 when she moved from Louisiana to obtain a Master's degree at UT. Outside of work, you may find Amanda with her family hiking the Barton Creek Greenbelt or enjoying live music.



Amy Pierce (she/her) is an international trainer and consultant has been working in the Peer Movement in the State of Texas for over two decades. She currently serves as Recovery Institute Associate Director at Via Hope by serving as a subject matter expert on the implementation of peer services and other recovery-oriented practices. She has extensive experience in the peer support sector, having started the first peer support program in the state hospitals in Texas, working as a peer support worker in a community mental health agency, and the Program Coordinator for a transitional peer residential housing project



Evaluation

Scan the QR code to provide your valuable feedback through our evaluation survey.
Your input helps us improve our services. Thank you for your participation!





MHTTC

Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

The MHTTC provides a comprehensive range of technical assistance services, catering to universal, targeted, and intensive needs. Our offerings encompass dynamic webcasts, informative clinical briefs, engaging podcasts, concise fact sheets, and personalized intensive consultations. We actively disseminate our wealth of resources through our user-friendly website and vibrant social media platforms, ensuring widespread accessibility and impact.

