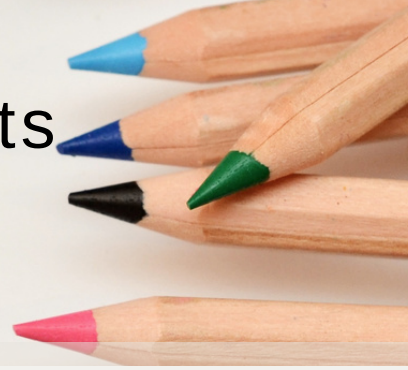


Project AWARE TA Tidbits

April 2024



Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration



Project AWARE TA Tidbits are technical assistance updates aimed at providing a birds-eye view of the impactful technical assistance, training, and collaboration/relationship-building activities each one of our Centers lead with Project AWARE grantees in their regions.

NEW ENGLAND MHTTC

Our Center is continuing to support our Project AWARE grantees with various activities, including: developing implementation plans, sharing resources, and providing peer networking opportunities to strategize around federal reporting requirements, workforce challenges, and communication strategies.

CENTRAL EAST MHTTC

Our Center, in collaboration with the National Center for School Mental Health, continues to lead a school mental health webinar series with a focus on advancing high quality, sustainable school mental health from a multi-tiered system of support, trauma sensitive, and culturally responsive and equitable lens. The upcoming session in May focuses on using data to promote equity. Project AWARE grantees are invited to attend.

GREAT LAKES MHTTC

Our Center continues our series of interactive learning sessions for Project AWARE grantees, with a focus on working towards sustainability of Project AWARE initiatives. Each session will combine presentation, peer learning, and discussion. We held a session on March 28 on Organizational Capacity and Communications and have another coming up on April 25 on Partnerships and Engagement (Including with Youth and Parents).

MID-AMERICA MHTTC

Our Center has supported our Project AWARE teams as some of their grants are sunseting, through partnering on meetings, proposals, and presentations around funding and sustainability. Upcoming, we are supporting AWARE grantees to attend the first Middle America SMH Conference at the end of May. We will also be hosting a 2 day summit for early childhood educators in our KS AWARE group.

PACIFIC SOUTHWEST MHTTC

Our Center has a regional AWARE peer support session coming up on May 8th during which all AWARE grantees in our region are welcomed to join and connect, sharing project implementation challenges and wins. We also have been working intensively with Project AWARE Nevada to support their project's sustainability funding, and recently highlighted Project Cal-Well (CDE)'s Family Guide they produced as a part of our Trauma-Informed Approaches & Practices series. Looking ahead, we will be working on providing a Classroom WISE coaching series ONLY for AWARE grantees in our region (most likely happening this summer).

NORTHEAST & CARIBBEAN MHTTC

In the past 2 months, our Center has engaged in various activities with our Project AWARE grantees. We conducted Key Informant Interviews (KII) and Needs Assessments to better understand community needs. Additionally, we've facilitated AWARE Community of Practice sessions to review School Mental Health (SMH) implementation plans. Over the next 2 months, we're also providing targeted Technical Assistance (TA) based on identified needs, including delivering training and coaching support as well as introducing Classroom WISE. Our collaborative efforts aim to strengthen mental health support systems.

SOUTHEAST MHTTC

Our Center is helping to plan and host a preconference gathering for Project AWARE leaders at the 2024 Southeastern School Behavioral Health Conference in Myrtle Beach, SC. We also recently hosted a virtual meeting for Project AWARE leaders to discuss challenges and opportunities as well as facilitate peer learning.

SOUTH SOUTHWEST MHTTC

At the request of Region 6 Project AWARE grantees, our Center has offered a Supporting Students Exposed to Trauma (SSET) training and Learning Community that began in January 2024. Later this spring, in partnership with the National Center for SMH, a school-mental health landscape analysis will be completed as well as a three-tiered SHAPE training for AWARE grantees.

MOUNTAIN PLAINS MHTTC

Our Center continues to lead a shared space with Project AWARE grantees monthly to collaborate and troubleshoot concerns; this also provides opportunity for TA support. A Community of Practice event was offered recently to build capacity of school personnel to promote positive mental health in indigenous youth. Additionally, an in-person neurodevelopmentally informed training was held in Boulder, Colorado in April to help participants become more trauma-sensitive. Upcoming trainings will address necessary components of MTSS to expand mental health services to students. In addition, an in-person Anti-Bullying and Safe Schools Summit will be held in North Dakota in August.

NORTHWEST MHTTC

Halfway through the 2024 Virtual Speaker Series: Promoting a Positive School Climate for Student Mental Health, nearly 400 people have participated in the series, including AWARE grantees! Dr. Nikole Hollins-Sims presented two wonderful sessions to kick off 2024. This month, Dr. Rhonda Nese will present Bullying Prevention in Elementary and Middle Schools: Foundations and Student Ownership. Over 300 people are registered for this upcoming session, confirming the need for tools to create safer and more respectful school communities.