The heART of Reflective Supervision:

Attunement, Reflection, and Togetherness

May 22, 2024

12:00pm - 1:00pm CDT

The South Southwest Mental Health Technology Transfer Center is excited to host a free, onehour event on Reflective Supervision, specifically designed for newcomers or those with up to three years of experience. This webinar is open to early childhood mental and behavioral health providers in HHS Region VI states: Arkansas, Louisiana, New Mexico, Oklahoma, and Texas. Nat Vikitsreth, a nationally recognized decolonized therapist, trans rights activist, and podcast host, will lead the presentation. The webinar aims to help early childhood providers understand Reflective Supervision's importance for growth, connection, and effective care. Participants can expect insights on attunement, reflection, and collaborative learning, enhancing their practice and fostering meaningful connections.



Speaker: Nat Vikitsreth, LCSW





