



# Functional Contextual Thinking and Its Application for School Mental Health

Functional Contextual Thinking (FCT) is a framework for addressing school related internalized and externalized problem behaviors by selecting effective strategies and supports for students. FCT is a user-friendly, brief, and informal method designed to quickly help school professionals hypothesize the function of the student's behavior as part of their regular practice.



Responding to challenging behaviors based on the scientific understanding of behavior rather than pre-existing assumptions will lead to better outcomes for students.

Each module introduces new content and builds skills in a step-by-step fashion, along with opportunities to practice and helpful resources. Throughout the modules, application examples and case scenarios help attendees practice the use of the FCT framework. Strategies are provided to minimize and discourage problem behavior and teach replacement skills.

Access the Course: [bit.ly/3zGIOrt](https://bit.ly/3zGIOrt)