

Frequently Asked Questions:

Children's Mental Health

How do I find the LMHA in my county?

- Call 2-1-1
- Visit Health and Human Services at <https://resources.hhs.texas.gov/pages/find-services>
- Visit mentalhealthtx.org

Can everyone get YES waiver services?

- Youth ages 3-18 who meet qualifications through the local mental health authorities can receive YES waiver

What's my role in getting a child connected to services?

- Providing information to parents, collaborating with the local mental health authority on ensuring appropriate documentation is available to qualify them for services, participating in CRCG's

Can children with IDD get services?

- Yes!

Substance Use Treatment for Youth

How do I get my child into a drug treatment program?

- Contact the SUD treatment facility directly or contact your local OSAR by using the following link (the site provides resource links at the bottom of the page for the following):
 - State Funded Substance Use Programs in Texas.
 - Link to find local OSAR provider.
 - Link to find local Mental Health Authority of Local Behavioral Health Authority.
 - You may also contact 211 Texas. Dial 2-1-1 or call 877-541-7905.
 - <https://www.hhs.texas.gov/services/mental-health-substance-use/youth-substance-use/youth-substance-use-treatment-services>

My child has a mental health diagnosis along with using drugs, can I get help for both?

- Yes, many programs offer a Co-Occurring Psychiatric and Substance Disorder program where they can receive treatment for substance use and case-management and counseling for their mental health disorder.

Prevention and Behavioral Health Promotion Programs

How do I find prevention services in my county?

- For a broad overview of prevention services near you, please visit TurnToSupportsTX.org
- For a unique search of prevention providers/services near you, please visit texaspreventiontraining.org/provider-directory

Are prevention programs/services free?

- Yes!