

SCHOOL MENTAL HEALTH YEAR 4: 2021-2022

REGION 10

Northwest
MHTTC
University of
Washington

The School Mental Health Supplement to the Northwest MHTTC supports the school mental health workforce across Region 10, which includes the states of **Alaska, Idaho, Oregon and Washington.**

HIGHLIGHTS



5,769

Participants



97%

Would recommend
trainings to others



58

Events



96%

Were satisfied with
the trainings

TOP 3 ATTENDED VIRTUAL EVENTS



2022
SPEAKER
SERIES

685

ATTENDEES



Dr. Kimberly Arnold



Dr. Brian Boyd



*Dr. Patricia (Trish)
Jennings*



Dr. Walter Gilliam



Dr. Tunette Powell



Leading with Youth Voice Part I and II
Kristin Thorp & Matt Leavitt
426 ATTENDEES



Anxiety and the Return to School
Dr. Kendra Read & Dr. Jennifer Blossom
237 ATTENDEES



<https://bit.ly/NWSMH>

This work is supported by grant SM 18-015 from the Department of Health and Human Services, Substance Abuse and Mental Health Services Administration.



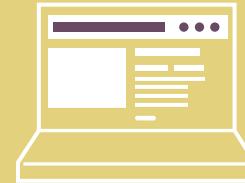
7,284
SUBSCRIBED



24,506
YOUTUBE VIEWS



56 E-NEWS
ANNOUNCEMENTS



8,432
WEB CLICKS



I AM SO GRATEFUL TO NOT FEEL ISOLATED IN WHAT I DO.

It was a reminder to stay anchored in my roots for sustenance and to use that information to assist the families and communities that we serve.

Thank you for the information and the support. Please know that I appreciate all that you do. This was a very special time and I have been able to take that energy on all that we do.

*-Terehasa Lee-MChunganji
Anchored in Our Roots participant*



PASCO SCHOOL DISTRICT

"Being in a public school district mental health is at the forefront of the work I do. NW MHTTC provides training that has allowed me to expand my mental health knowledge.

This forum has allowed me to easily access information from experts across the state, gain ideas, resources, and participate in a community that is implementing evidence-based practices."

*-Kara Lamb
MTSS-SEB District Coach*

OREGON DEPARTMENT OF EDUCATION (ODE)

"ODE and the Mental Health in Education Team are grateful for the NW MHTTC team's continued partnership, collaboration, and tireless effort. We are strengthening Oregon's mental health literacy as a result of this partnership and look forward to continuing to work together!"

*-B Grace Bullock, Ph.D.
Director of Mental and Behavioral Health*



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<https://bit.ly/NWSMHsignup>



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