



South Southwest (HHS Region 6)

MHTTC

Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

NATIONAL COUNCIL
for Mental Wellbeing

HEALTHY MINDS • STRONG COMMUNITIES

YOUTH MENTAL HEALTH FIRST AID INSTRUCTOR TRAINING EVENT

UPCOMING VIRTUAL COHORTS



This YMHFA Instructor training is a skills-based course that teaches caring professionals and caregivers, who regularly interact with young people, how to train others to identify, support and respond to a young person in crisis and non-crisis mental health situations. Participants will leave with a deeper understanding of adolescent development, common signs and symptoms of mental health needs, and a five-step action plan to address/support a young person in need.

July 17-19, 2023

8:30am - 5:00pm CT

Complete Interest Form [HERE](#)

For questions contact amanda.boquist@austin.utexas.edu.

REMINDERS

- There will be 2 cohorts, with 16 participants each. Instructors will need to teach at least 3 times per year to keep their certification active. Please consider this when registering.
- In addition to the 3-day training, there will be a required 8 hours of pre/post work to be completed by each participant.

**18 CEUs
Available**

