


# About Us

The Mental Health Technology Transfer Center (MHTTC) Network is about technology transfer.

We disseminate and implement evidence-based practices for mental disorders into our field. 

**Our target workforce includes** behavioral health and primary care providers, school and social service staff, and others whose work has the potential to improve behavioral health outcomes for individuals with or at risk of developing serious mental illnesses.



# Contact Us

**FREE TRAINING  
& RESOURCES**

Visit our website

[MHTTCnetwork.org/northwest](https://MHTTCnetwork.org/northwest)



Reach us

[northwest@mhttcnetwork.org](mailto:northwest@mhttcnetwork.org)

206-744-9327

Follow us

@NorthwestMHTTC



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Mental Health Technology Transfer Center Network  
Funded by Substance Abuse and Mental Health Services Administration

**PROUDLY SERVING**  
ALASKA, IDAHO  
OREGON & WASHINGTON

# Focus Areas



## Evidence-Based

### Practices for Psychosis

Including CBT for psychosis and Assertive Community Treatment (ACT).

**MHTTC National Area of Focus**



## Integrated Care

Integrating mental health, substance abuse, and primary care services to care for people with multiple healthcare needs.



## Equity & Resiliency

Addressing the well-being of providers. Supporting topics & speakers to impact health disparities and inequities.



## School Mental Health

Provide training, build infrastructure, and promote mental health services in schools and systems.

**[Visit here](#)**

*...and many more!*

# Free Resources

## Live, informative learning

- Webinars
- Learning Communities
- Culturally-specific topics
- Speaker series
- Focus on equity
- Intensive implementation
- Leadership events



## Dozens of Online courses

- [Violence Risk Assessment and Management](#)
- [The Psychiatrist's Guide to Population Management of Diabetes](#)
- [CBT for Psychosis e-Primer](#)
- [Empowering Wellness in Mental Health](#)
- [Introduction to Assertive Community Treatment](#)

 [HealthKnowledge.org](#)

*...and more in development!*



## Available on our website

- [Training announcements](#)
- [Archived webinars & Publications](#)
- Our Podcast: ["Putting It Together"](#)
- [Resource library & Network products](#)
- [News from the field](#)



Northwest (HHS Region 10)

**MHTTC**

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# Our Goals



## Practices that work

Accelerate adoption and implementation of culturally-relevant and evidence-based practices (EBPs)



## Workforce Support

Heighten awareness, knowledge, and skills of the workforce addressing the needs of individuals living with mental health issues.



## Build Connections

Foster alliances with culturally diverse practitioners, researchers, policymakers, family members, and consumers of mental health services.



## Training Access

Ensure availability and delivery of free, publicly available training and technical assistance to Region 10 providers and beyond.