

# Telehealth Interactive Quick-guide

what you need to know to get up and running with telehealth — quickly and efficiently

**Successful telehealth implementation requires understanding how technology, billing, and policy and licensure work independently and together.**

## 1. TECHNOLOGY

Patient Sessions — Focus on **VIDEO**

**ZOOM**

**FACETIME**

- Desktop Computer / Laptop
- Built-in Camera or External Camera
- Internet Connection — More Bandwidth = Better Video

## MOBILE APPS



Zoom & Facebook (FaceTime & Messenger) have mobile apps that offer similar functionality using your cell phone. Service is often not as reliable.

**Digital Literacy**  
the nuts & bolts of getting started on the computer.

## 2. BILLING

Reimbursement — Know Your **BILLING CODES**

What is your insurance company's code for Telehealth?

Telehealth Speak  
[Glossary of common terms](#)

What email do I use?

How To Set Appointments

**Still have ???? Join us for a little TLC**

[Telehealth Learning & Consultation \(TLC\) Tuesdays](#)



A weekly invitation to listen and ask questions about telehealth implementation from colleagues who have successfully integrated telehealth technology into their practices.

**Tuesday, 9 am MST**

a collaboration between Mid-America MHTTC  
Mountain Plains MHTTC and Mid-America ATTC

## 3. POLICY & LICENSURE

Keep Up With State and National **GUIDELINES**



Licensure Related Matters and COVID19



@MPMHTTC



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[Mental health care adapts to telehealth](#)

This article discusses the impact social distancing and stay-at-home warnings are having on behavioral health treatment.

[Telehealth benefits for Medicare beneficiaries expanded](#)  
Health care providers, such as doctors, nurse practitioners, clinical psychologists, and licensed clinical social workers will be able to offer telehealth to Medicare beneficiaries.

### Disclaimer:

At the time of this publication, Elinore F. McCance-Katz served as SAMHSA Assistant Secretary. The opinions expressed herein are the views of Dennis Mohatt and Genevieve Berry and do not reflect the official position of the Department of Health and Human Services (DHHS), SAMHSA. No official support or endorsement of DHHS, SAMHSA for the opinions described in this document is intended or should be inferred.