



MHTTC Grief Sensitivity Virtual Learning Institute
Beyond “Sorry for your loss”: Supporting students in their grief recovery Part 1
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Resource List

Books:

- On Death and Dying – Kubler-Ross, E.
- Grief Counseling and Grief Therapy – Worden, W.
- It’s OK that You’re Not OK – Devine, M.
- Modern Loss: Candid Conversations about Grief – Soffer and Birkner

Children’s Books:

- When Someone Very Special Dies: Children Can Learn to Cope with Grief (Drawing Out Feelings Series) – Heegaard, M.
- The Invisible String – Karst, P.
- The Memory Box: A Book about Grief – Rowland, J.
- Eddie’s Brave Journey: How One Little Elephant Learned All about Grief – Pearlman Wolfson, R.
- The Thing about Jellyfish – Benjamin, A.
- When Dinosaurs Die: A Guide to Understanding Death – Krasny Brown, L.; Brown, M.
- The Sad Dragon: A Dragon Book about Grief and Loss – Herman, S.
- Brave Bart: A Story for Traumatized and Grieving Children – Sheppard, C.

Other Resources:

- Sesame Street in Communities – Topic: Helping Kids Grieve
 - <https://sesamestreetincommunities.org/topics/grief/>
- Our House Grief Support Center
 - <https://www.ourhouse-grief.org/grief-pages/>
- The Dougy Center
 - <https://www.dougy.org>
- The National Child Traumatic Stress Network (NCTSN)
 - <https://www.nctsn.org/what-is-child-trauma/trauma-types/traumatic-grief>
- Childhood Traumatic Grief (CTG) Web
 - <http://ctg.musc.edu/>
- Supporting children with traumatic grief – article for educators – Cohen
 - <https://tfcbt.org/wp-content/uploads/2014/07/SPI4008271.pdf>

Notable Instagram Accounts on the Topic of Grief:

- @griefandgrits – Randi Pearlman Wolfson
 - @refugeingrief – Megan Devine
 - @snapshotsoflifeafterloss – a photo/video project
 - @griefkid – the grief journey of Grief Kid through fun sketches
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