# **Cultural Considerations in Early Psychosis Care**

## March 31, 2021

#### **DETAILS & LOGISTICS**

Time: 11:00am—12:30pm EDT Where: Virtual (Adobe Connect)

#### **COURSE DESCRIPTION**

The onset of early psychosis experiences (e.g., experiencing subthreshold or full symptoms of delusions, hallucinations, disorganization, etc.) generally occurs between the ages of 15-25, making adolescence and young adulthood critical periods for intervention. As early psychosis services develop around the world, it is imperative that these services are accessible to all and responsive to the needs of diverse youth and families, especially those from marginalized groups who have been historically underserved by mental health services. This webinar will highlight important cultural considerations (broadly defined) to integrate into early psychosis work, discuss how these factors have been addressed to date, offer practical suggestions, and propose next steps for the field.

#### **OBJECTIVES**

- Define intersectionality as it relates to early psychosis care
- Describe how culture can impact the course of early psychosis experiences and treatment engagement
- Understand the importance of working with culturally diverse youth and families in early psychosis care
- Describe early psychosis cultural considerations related to: outreach/education, screening/assessment, and treatment
- Identify at least one method to explore cultural issues related to early psychosis with youth and families

### **SPEAKER**



Joseph DeLuca, Ph.D., is an NIMH-T32 Postdoctoral Fellow at the Icahn School of Medicine at Mount Sinai in New York City, specializing in psychosis-risk and the early stages of psychosis. He earned his Ph.D. in Clinical Psychology at the City University

of New York Graduate Center and completed his predoctoral internship at the University of Maryland School of Medicine. Dr. DeLuca's research and clinical interests include screening and treatment for psychosis-spectrum symptoms, particularly with youth and families, as well as stigma, the role of culture and context in psychosis, and the intersection of mental illness and the criminal justice system.

### WHO SHOULD ATTEND?

Clinicians and practitioners working in mental health services, specifically those serving youth and young adults, including but not limited to: community mental health settings; private practice settings; inpatient and intensive day treatment settings; school and university settings; juvenile detention and adult correctional settings. Human services students and trainees may also benefit from this presentation.

Registration questions, <u>Training@danyainstitute.org</u>
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