Supporting Children of Incarcerated Parents: A Webinar for Caregivers

May 3, 2021

DETAILS & LOGISTICS

Time: 2:00pm—3:00pm EDT

Where: Virtual (Adobe Connect webinar)

REGISTER

COURSE DESCRIPTION

Children of incarcerated parents often face a myriad of emotional, psychological, and educational challenges and their caregivers often experience heightened levels of stress. The focus of this webinar is to highlight the needs of children of incarcerated parents and discuss the factors that can impact their adjustment. Strategies that can be utilized to support the social and emotional well-being of youth who have been affected by incarceration will be shared.

OBJECTIVES

- Describe the impact of incarceration on youth
- Describe factors that can impact adjustment to parental incarceration
- Identify strategies that can be used to support children of incarcerated parents

WHO SHOULD ATTEND?

Caregivers

SPEAKER:



Dana Cunningham, Ph.D. is a licensed psychologist and Faculty Consultant at the University of Maryland School of Medicine in the Department of Psychiatry. Dr. Cunningham is the Program Director of the Prince George's School Mental

Health Initiative, which is a school-based mental health program designed to support the emotional and behavioral needs of students in special education. Dr. Cunningham is also the Vice President of Community Outreach and Engagement for Black Mental Wellness, Inc. She obtained her bachelor's degree from Spelman College and completed her doctoral training in Clinical Psychology at Southern Illinois University at Carbondale. Dr. Cunningham's clinical and research interests include trauma, children of incarcerated parents, and increasing access to care for underserved youth.

This presentation is provided in partnership with the Mental Health Association of Maryland.



Registration questions, <u>training@danyainstitute.org</u> 240-645-1145 **REGISTER NOW**