



## Combating Early Psychosis Stigma

June 23, 2021

### DETAILS & LOGISTICS

**Time:** 11:00am—12:30pm EDT  
**Where:** Virtual (Adobe Connect)

### COURSE DESCRIPTION

Stigma – which involves labeling, stereotyping, and discriminating – is a major barrier to mental health help-seeking, psychiatric service engagement, and full inclusion in society. Unfortunately, mental health stigma is on the rise in the United States toward people who experience psychosis (e.g., hallucinations, delusions). Young people at risk for psychosis or in the early stages of psychosis are just forming their identities and may be particularly vulnerable to the deleterious effects of this stigma. This webinar will define early-stage psychosis and stigma, describe the most recent research in this area, and discuss ways to combat this stigma via a multipronged effort, which involves focusing on community members' attitudes and working clinically to help people living with mental illness cope with and combat this stigma.

### OBJECTIVES

- Define psychosis, early-stage psychosis, and stigma
- Understand the unique impact of stigma on psychosis
- Discuss efforts to combat stigma on societal and individual levels

### SPEAKER



**Joseph DeLuca, Ph.D.**, is an NIMH-T32 Postdoctoral Fellow at the Icahn School of Medicine at Mount Sinai in New York City, specializing in psychosis-risk and the early stages of psychosis. He earned his Ph.D. in Clinical Psychology at the City University of New York Graduate Center and completed his predoctoral internship at the University of Maryland School of Medicine. Dr. DeLuca's research and clinical interests include screening and treatment for psychosis-spectrum symptoms, particularly with youth and families, as well as stigma, the role of culture and context in psychosis, and the intersection of mental illness and the criminal justice system.

### WHO SHOULD ATTEND?

Mental health professionals, mental health advocates, mental health graduate students, and others who work with/on behalf of youth diagnosed with mental illness.

Registration questions, [Training@danyainstitute.org](mailto:Training@danyainstitute.org)

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